




# Weekly Newsletter

Spring 11 29th March 2019

[www.penponds.cornwall.sch.uk](http://www.penponds.cornwall.sch.uk)

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 @Penponds\_School



## This week's focus:



## Dates for your diary:

### Monday 1st April

#### The Big Pedal

NEXUS Maths Masterclass  
8.55am

### Tuesday 2<sup>nd</sup> April

Bling your ride day

### Tuesday 2<sup>nd</sup> April

Easter Experience at  
Penponds Church (Carn  
Brea class – am; Godolphin  
– pm)

### Wednesday 3<sup>rd</sup> April

Easter Experience at  
Penponds Church  
(Trencrom Class – pm)

### Thursday 4<sup>th</sup> April –

Easter Experience at  
Penponds Church  
(Tregonning Class – am)

**Thursday 4<sup>th</sup> April – Last  
Day for children**

.....  
**Friday 5<sup>th</sup> April – INSET day**  
– no children in school

.....  
**Tuesday 23<sup>rd</sup> April – First  
day back for children**

**Thursday 25<sup>th</sup> April – Beach  
Safety talk in the Hall**

**Friday 26<sup>th</sup> April – Pasty Day**  
– pasties for school lunch to  
celebrate Trevithick Day

**Saturday 27<sup>th</sup> April –**  
Trevithick Day, Camborne

### Monday 29th April

NEXUS Maths Masterclass  
8.55am

**Tuesday 30<sup>th</sup> April – Class 3  
swimming (morning  
session) replacing lesson on  
21<sup>st</sup> January.**

.....  
**Monday 6<sup>th</sup> May – Bank  
Holiday**

The Rainbow MAT song and Dance took place on Tuesday 26<sup>th</sup> March and involved children from Trencrom and Tregonning Class. There were three other schools (Troon, St Meriadoc Infants and St Meriadoc Juniors). We practised all day at the Regal in Redruth to get everything ready. On the night we got there at 5.45pm and were given our T shirts. Soon after that, we were all told to calm down because the first schools show was about to start. Then we got into positions and started our song, River of the Night. Everyone clapped non stop and we got into our dance positions. We finished our dance with BabyShark and then sang with the big choir 'True Colours' and 'How Far I'll Go'. It was super fun evening and thank you to all the people that helped us through it. **By Amy and Gina**



.....

**Monday 13<sup>th</sup> May**  
NEXUS Maths Masterclass  
8.55am

**13<sup>th</sup>-17<sup>th</sup> May** – SATs week  
for Year 6

**Thursday 23<sup>rd</sup> May** – Class  
groups, Sports Groups and  
Year 6

.....  
**Monday 27<sup>th</sup> May – Friday  
31<sup>st</sup> May** – Half-term  
holiday

.....  
**3<sup>rd</sup>-5<sup>th</sup> June** – Trencrom  
Class - Camp at Eden Project

.....  
**2<sup>nd</sup>-4<sup>th</sup> July** – RMat London  
Trip – Tregonning Class

.....  
**Friday 12<sup>th</sup> July** – Penponds  
Family Festival

.....  
**15<sup>th</sup>-19<sup>th</sup> July** – Work  
Experience Students in  
school

**15<sup>th</sup> and 16<sup>th</sup> July** –  
Transition Days for Year 6 at  
CSIA

.....  
**Wednesday 24<sup>th</sup> July** – last  
day for children

.....  
**Thursday 25<sup>th</sup> July** – INSET  
Day

.....  
**First day back for children:**

**Thursday 5<sup>th</sup> September  
2019**

**INSET DAYS 2019/2010**

Wed 4<sup>th</sup> September 2019  
Mon 6<sup>th</sup> January 2020  
Fri 12<sup>th</sup> June 2020  
Mon 15<sup>th</sup> June 2020  
Thu 23<sup>rd</sup> July 2020

**Attendance and Awards for  
this week:**

**Attendance:**

**Carn Brea: 89.47%**





**Godolphin:**  
**Y1** – 92.16%  
**Y2** – 99.38%  
**Trencrom** – 99.05%  
**Tregonning** - 98.29%

**Attendance Trophy**  
 Godolphin Year 2

**Awards:**

**Top Table:**  
 Elijah, Alfie, Fleur, Bella

**Carn Brea:** Jessica, Sebastian, Mack, Isobel,  
**Godolphin:** **Y1** – Jasper, Grace, Emily, Maisy,  
**Y2** – Lily, Harry, Indie-Rae, Leon, , Issie, Janise  
**Trencrom** – Jowan, Sophie, all the regal performers, Jasmine  
**Tregonning** – Alex, Ben G, William  
**Headteacher** – all the children involved in the Regal performance.

**Quote of the week:** “The future depends on what you do today.” — Mahatma Gandhi



### **RMAT Tag Rugby by Isla Blewett**

First we got on the bus and went to St Meriadoc and we went to the football pitch and we had a blue bib and we tucked it in to our shorts for tags and we waited for the rest to turn up. When they got there we started to play Rugby. First I went into the middle area and we started the match against Troon and we did a couple of rounds. Troon scored a try first and won the first round but we won the second round.



## Girls Football match

On Monday 25<sup>th</sup> March Penponds girl's football team went to a tournament at Trevithick School. The team was Amy, Gina, Fleur, Alice, Ellena, Bella, Hollie, Lily, Keira and Jess. They played 4 games against local schools. We drew 2 and lost 2. The games took place on a 3G pitch which was very different from what some of the children were used to! Gina said: we need more practice playing as a team but we managed extremely well. We had a very enjoyable afternoon in the sunshine and enjoyed the tournament.

## The Big Pedal

Please keep cycling, scooting and walking into school for next week for our sustainable journeys to count towards the Big Pedal!

## Lunch Menu

Please see new lunch menu for the Summer Term.

### Week one

**Monday**  
28/04 28/05 18/06 08/07 22/07 08/08 23/09 18/10

Choose a main meal...  
Cheese & Tomato Pasta v  
Texan Beef Meatballs with Rice

on the side...  
Peas  
Salad  
for dessert...  
Yoghurt & Granola

**Tuesday**  
29/04 29/05 19/06 09/07 23/07 09/08 24/09 19/10

Choose a main meal...  
Chicken Korma with Rice  
Quorn Sausage Casserole v

on the side...  
Green Beans  
Salad  
for dessert...  
Muesli Flapjack

**Wednesday**  
30/04 30/05 20/06 10/07 24/07 10/08 25/09 20/10

Choose a main meal...  
Roast Ham in Gravy with Roast Potatoes  
Cauliflower & Sweetcorn Bake with Roast Potato v

on the side...  
Spring Vegetables  
for dessert...  
Apricot Shortbread

**Thursday**  
01/05 01/06 21/06 11/07 25/07 11/08 26/09 21/10

Choose a main meal...  
Beef Pasta Bolognese  
Mild Bean Chili with Rice v

on the side...  
Rainbow Vegetables  
Salad  
for dessert...  
Apple & Mango Drizzle Cake

**Friday**  
02/05 02/06 22/06 12/07 26/07 12/08 27/09 22/10

Choose a main meal...  
Fish with Chips  
Quorn Burger in a Bun with Chips

on the side...  
Sweetcorn  
Salad  
for dessert...  
Fruit Yoghurt with Apple & Melon Slices

### Week two

**Monday**  
06/05 17/06 08/07 09/09 30/09

Choose a main meal...  
Macaroni Cheese v  
Salmon Paella

on the side...  
Rainbow Vegetables  
Salad  
for dessert...  
Muesli Flapjack

**Tuesday**  
13/05 24/06 15/07 16/09 07/10

Choose a main meal...  
Cheese & Tomato Pizza v  
Mild Beef Chili with Rice

on the side...  
Peas & Sweetcorn  
Salad  
for dessert...  
Yoghurt with Apple Slices

**Wednesday**  
20/05 31/06 22/07 23/09 14/10

Choose a main meal...  
Roast Chicken in Gravy with Roast Potatoes  
Quorn Sausage in Gravy with Roast Potatoes v

on the side...  
Spring Vegetables  
for dessert...  
Tofee Apple Muffin

**Thursday**  
27/05 08/07 29/07 30/09 21/10

Choose a main meal...  
Beef Burger in a Bun with Diced Potatoes  
Bean & Potato Hotpot v

on the side...  
Sweetcorn  
Salad  
for dessert...  
Yoghurt & Granola

**Friday**  
04/06 15/07 06/08 07/10 28/10

Choose a main meal...  
Fish & Chips  
Quorn Balls in BBQ Tomato Sauce with Chips v

on the side...  
Peas  
Salad  
for dessert...  
Cranberry Shortbread

### Week three

**Monday**  
22/04 13/05 03/06 24/06 15/07 15/09 07/10

Choose a main meal...  
Chicken Jambalaya v  
Veggie Pasta Bolognese v

on the side...  
Green Beans  
Salad  
for dessert...  
Yoghurt & Granola with Apple Slices

**Tuesday**  
29/04 20/05 10/06 31/06 22/07 23/09 14/10

Choose a main meal...  
Sausage & Mash with Gravy  
Butternut Squash & Chickpea Curry with Rice v

on the side...  
Peas  
Salad  
for dessert...  
Apricot Shortbread

**Wednesday**  
06/05 17/06 08/07 09/09 30/09

Choose a main meal...  
Roast Beef in Gravy with Roast Potatoes  
Quorn Balls in Gravy with Roast Potatoes v

on the side...  
Spring Vegetables  
for dessert...  
Yoghurt & Granola

**Thursday**  
13/05 24/06 15/07 16/09 07/10

Choose a main meal...  
Cheese & Tomato Pizza  
Mediterranean Rice & Beans v

on the side...  
Sweetcorn & Peas  
Salad  
for dessert...  
Chocolate & Pear Marbled Sponge with Custard

**Friday**  
20/05 31/06 22/07 23/09 14/10

Choose a main meal...  
Fish & Chips  
Veggie Burger in a Bun with Chips v

on the side...  
Baked Beans  
Salad  
for dessert...  
Tofee Apple Muffin

For your child's needs or a special diet or allergen menu, please speak to your catering manager or contact us. Our special diets menu can be provided following documentation from medical professionals. Jacket potatoes with assorted toppings, fruit and yoghurts available daily.

**change 4 life**

**WE SUPPORT 82% BRITISH DAIRY FARMS**

**WE ONLY USE Lion Quality British Eggs**

**FARM TO FORK**  
We can trace every cut of meat back to the farms of origin

**ALL OUR BREAD IS FRESHLY BAKED EVERY DAY**

**All our milk is Red Tractor approved**

**WE BUY 95% of our seasonal vegetables direct from British growers**

**FRESH SALAD IS AVAILABLE ON A DAILY BASIS**

**REDUCING OUR CARBON FOOTPRINT OVER 30% of our products are transported by vehicles that run on biodiesel**

**All our bananas are FAIRTRADE**





# Cornish Seal Sanctuary

## **SPRINT FOR SEALS 2019** **Sunday 24th March**

Say hello to the seals and take in the view  
of the Helford estuary during our

### **3K muddy fun run at the Cornish Seal Sanctuary!**

Registration 8.30am - Run starts at 9.30am

All entrants receive an exclusive 'Sprint for Seals 2019' medal, a Cornish Seal Sanctuary reusable water bottle and entry to the sanctuary.

To register, please head to [www.visitsealife.com/gweek](http://www.visitsealife.com/gweek) or call us on 01326 221361



Open to all ages. £12 under 16's. £15 over 16's.

All proceeds will go towards our work rescuing, rehabilitating and releasing seal pups from around the coastline. You can help further support the seals! Why not fundraise a little extra?

**During the run, you will encounter slopes, hills and muddy/  
bumpy areas.**

The Cornish Seal Sanctuary is a © SEA LIFE Trust Sanctuary. SEA LIFE Trust is a charity registered in England & Wales (1175859) and company limited by guarantee (10833916); SLT Sanctuary Trading Limited (1160544) is a limited company; all are registered at Link House, 25 West Street, Poole, BH15 1LD. [www.sealifetrust.org](http://www.sealifetrust.org)





*Little Acorns*



# SPRING FAYRE

**Saturday 30<sup>th</sup> March**

**10am – 12pm**

**At Little Acorns Pre-school, Penponds,  
Camborne, TR14 0QN    Tel: 01209 718990**

**Cake Stall    Craft Activities**

**Easter Trail    Tombola**

**Lucky dip    Spring Raffle    Face Painting**

**Easter Bonnet Competition**

**Everyone welcome. Please come along to  
support your local Pre-school.**

[www.littleacornspenponds.co.uk](http://www.littleacornspenponds.co.uk) or find us on facebook.



# Bringing children's services together

Under 'One Vision', the multi-agency partnership plan for children, young people and their families, all the agencies working with children in Cornwall believe that greater integration is the best way of improving the effectiveness of services. In order to achieve this, the Council is in the process of bringing all its children's services together under an Integrated Children's Services Directorate.

## Transfer of services

On 1 April 2019 Public Health Nursing (Health Visiting, School Nursing and some Specialist Speech and Language Therapy) will transfer into Cornwall Council from Cornwall Partnership NHS Foundation Trust (CFT). This is the beginning of a wider programme to integrate education, early years, children's community health, early help and social care services.

## What will it mean for me and my child/children?

The services you and your child/children currently receive will remain the same and will continue to be provided by the same staff. In order to ensure continuity of service, a copy of your and your child/children's electronic and paper records will be transferred to the Council's secure children's system. Your information will be transferred in a secure manner and access will be restricted, as it is now. Records will be held for the same retention and disposal periods.




*Our services will remain the same and will continue to be provided by the same staff*

You can view a copy of our privacy policy at [\*\*www.cornwall.gov.uk/csfprivacynotice\*\*](http://www.cornwall.gov.uk/csfprivacynotice)

More information about Making Integration Happen can be found at [\*\*www.cornwall.gov.uk/integration\*\*](http://www.cornwall.gov.uk/integration)

More information about One Vision can be found at [\*\*www.cornwall.gov.uk/onevision\*\*](http://www.cornwall.gov.uk/onevision)

 [\*\*www.cornwall.gov.uk\*\*](http://www.cornwall.gov.uk)



# Communication

wea.org.uk

## Makaton – Beginners Workshop

The Makaton  
Beginners' Workshop  
provides a practical  
introduction to the  
Makaton Language  
Programme enabling  
participants to use the  
signs and symbols with  
people who have  
communication  
difficulties.

### Location:

Redruth Community Centre  
Foundry Row  
Chapel Street  
Redruth  
TR15 1AN

Date: 21 & 28 March 2019

9:30am – 4:30pm

2 sessions

Tutor: Ellener Whittaker

Course fee: £75.00

If you receive certain benefits you may  
be entitled to a free course.

To enrol please quote the  
course reference

C3530058

either online at

wea.org.uk or by ringing

0300 303 3464

The WEA is a charity registered in England and Wales  
No. 1155770 and in Scotland No. SC010200.  
Supported by



**WEA**  
Adult Learning  
Within Reach

Plymouth Argyle Football Club



Home Park, Plymouth PL2 3DQ

SUCCEED  
WITH  
PLYMOUTH  
UNIVERSITY



Dear Parent/Guardian,

**We would like to invite your son/daughter to have a 1 Week free trial at our Carn Brea Mini Soccer Centre.**

The Centre runs every Saturday from 9:00am – 10:30am at a cost of £4.50 per session, the sessions consist of learning basic skills needed for football (Dribbling, protecting the ball, passing, shooting etc) along with a range of fun enjoyable warm up and skill games not to mention matches and tournaments too.

The Centre's purpose is to get people who are new to football involved in a safe and fun environment, so they can hopefully develop as players and go on to play at a higher standard or within a grassroots football team.

If the centre is something you'd be interested in, then all that is needed is correct clothing and footwear (Trainers not Studs) and a drink to be bought to each session.

We hope this is something you would be interested in and look forward to seeing you in the future.

Please let me know if there is any more information you require.

Kind regards,

**Harry Badcock**

West Cornwall Sports and Participation Manager

Plymouth Argyle Football Club

E: [harry.badcock@pafl.co.uk](mailto:harry.badcock@pafl.co.uk)

T: 01752 562561 ext 4

[www.argylecommunitytrust.co.uk](http://www.argylecommunitytrust.co.uk)

[@PAFCCommunityTr](https://www.instagram.com/PAFCCommunityTr)

[facebook.com/argylecommunitytrust](https://www.facebook.com/argylecommunitytrust)





16+

## PLAYING WITH STRANGERS

## IT CAN BE ADDICTIVE

## ABUSIVE PLAYERS & CHEATERS

## IN-GAME PURCHASES

Although anyone with an EA account can download and play this game for free, it does allow players to make a variety of in-game purchases with real money. Ranging anywhere between £7.99 and £79.99, players can purchase Apex Coins, the primary in-game currency. These in-game purchases allow the players to unlock cosmetic upgrades for characters as well as new Legends more quickly than regular gameplay. Apex coins can be used to purchase Apex Packs containing 'loot boxes'. These allow players to collect rare items. Unlike many other battle royale style games, there are no duplicate items in 'loot boxes' with this game. The game also allows players to earn items frequently. Other free in-game currencies such as Crafting Materials and Legend Tokens can also be used to unlock these upgrades through regular gaming.

## GAMEPLAY VIDEOS

In order to better understand and improve their game-chosen might be tempted to explore such as YouTube and search for Apex Legends gameplay videos. This might introduce them to obscene language used by gamers in these videos. Many videos on YouTube do not have age ratings and the ones that do display warnings for age restricted content are easy to bypass by signing in. In addition, children may be further exposed to inappropriate content when watching other suggested videos that pop up on YouTube. Watching videos prior to play, listening to not boxes and this is one of the latest crazes. Although there is little risk attached to this, it may encourage your child to purchase loot boxes.



**National  
Online  
Safety<sup>®</sup>**

## Top Tips for Parents

## JUDGE FOR YOURSELF

Before exposing your child to any game involving violence, judge the level and impact of that game by previewing online clips of it first or play the game yourself. If you deem it suitable, only then allow the children to play the game in order to maintain proper child safety. Moreover, you can take steps to ensure that the age restriction set by the particular game is being met and that no underage children are playing the game. You can also carry out regular open and honest conversations with children on the negative effects of violence, so that children have a clear idea of what it entails in real life.

## MONITOR SEARCH ENGINES

In order to prevent your children from falling prey to obscene language online, it is important to monitor social media and search engine usage. Parents can restrict access to inappropriate content by blocking certain websites along with the help of third-party software. Parents can ensure that their children are not using any app or browsing any website unsuitable for their age. Parents can also look up safe search engines and browsers for children that have age appropriate filters and pre-screened child friendly content. When your child plays games online, encourage them to play without outside help and have open and honest discussions with them regarding the demerits of abusive language online.

## PREVENT YOUR CHILD FROM COMMUNICATING WITH STRANGERS

Communicating with teammates is an essential and enjoyable part of the game. Parents should encourage children to play the game with friends they know and trust. However, if that is not possible and your child is playing with strangers in their team, you can always mute them on the inventory screen during the game. In addition, the "ping" feature can be used to allow players to communicate non-verbally, i.e. by "pinging" locations, objects, and enemies.

## RESTRICT PAYMENT METHODS

If you do not want your children to make any in-game purchases or microtransactions, you can ensure that none of your debit/credit cards are linked to their player account or consoles. If your child plays the game on PlayStation 4 or Xbox One, you have the option of creating a child account which will prevent them from registering your credit card. Moreover, if you share your console with your child, you can password protect your account to prevent them from making any unwanted purchases. It's important to note that if you don't password protect your account and your child makes any unwanted purchases from an adult account, you would be unable to claim refunds.

## REPORTING ABUSIVE LAYERS AND CHEATERS

Parents should make their children aware of how to report abusive players and block them while playing Apex Legends. The game's publisher, Electronic Arts (EA), has clear instructions on their website on how to report harassment. PlayStation 4 and Xbox One have their own reporting mechanisms and it is essential that your child knows these to report any untoward behavior by any player. EA also has a "do not talk" never-to-share-your-credit-debit card details with any players and report cheaters at once. The developers of Apex Legends take cheating quite seriously and banned around 16,000 players for cheating in the first two weeks of the game's release. Game developers need to be aware that around 16,000 players were banned on PC alone through its through its Easy Anti-Cheat software.

## LIMIT GAMETIME

With any new game that becomes an overnight success, it is important for parents to keep an eye on their children's screen time and see how it affects them. If your child is becoming addicted to playing the game, you can use parental controls on PC or on Xbox to limit the time they play the game for. For this particular game, since it would be difficult to leave midway, you can find it more worthwhile to impose a limit on the number of matches your child plays, rather than the time the game is played for. Moreover, you can always have a conversation with your child about the negative consequences of playing online games and too much screen time.



# CLARINET DAY!

## WHEN

**13th April**  
**10am - 5.30pm**

## WHERE

**Truro School**  
**Trennick Lane, Truro, TR1 1TH**

## WORKSHOP LEADERS:

**MALBEC CLARINET QUARTET – NICK SHIPMAN, KAREN AYTON,  
EMILY GARROD, OSCAR ARGUELLES.**

## CONTACT:

**[egarrod@cornwallmusicservicetust.org](mailto:egarrod@cornwallmusicservicetust.org)**

**ALL AGES AND  
ABILITIES EVENT**

**DAY TICKET FOR  
WORKSHOP AND  
CONCERT**

**£25 (discount for siblings)**

**A celebration of the  
Clarinet. A day for  
Clarinetists of any ability  
and age to get together  
and make music!**



CORNWALL MUSIC SERVICE TRUST





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## **2019 dates for your diary**

**Easter Egg Hunt**

**Saturday 19<sup>th</sup> April**

**10am – Barripper Village Hall and Field**

**St Michaels Mount to St Michaels Inn Sponsored Walk**

**• 12<sup>th</sup> or 19<sup>th</sup> May 2019 (weather depending)**

**Village Bingo**

**21<sup>st</sup> June 2019 – Barripper Village Hall**

**Barripper Harbour Day**

**4<sup>th</sup> August 2019 – Barripper Village Hall and Field**

**12pm onwards**

**Murder Mystery Night**

**13<sup>th</sup> September 2019 – Barripper Village Hall**

**7pm onwards**

**Barripper Village Association Harvest Festival**

**12<sup>th</sup> October 2019 – St Michaels Mount Inn**

**7pm onwards**

**Festive Craft and Toy Table Top Sale**

**9<sup>th</sup> November 2019 – Barripper Village Hall**

**10am onwards**

**Santa's Grotto**

**14<sup>th</sup> December 2019 – Barripper Village Hall**

**2pm to 4pm**