



Weekly Newsletter

Autumn 7 Friday 19th October 2018

www.penponds.cornwall.sch.uk

01209 713929

secretary@penponds.cornwall.sch.uk

@Penponds_School



This week's focus: Par Race Track Trip

On Tuesday 16th October we went to Par race track to run for a mile. We got there by double decker bus and it took 45 minutes to an hour to get there. Par is near St Austell. When we got there we got pink t-shirts with GO RUN FOR FUN on them. After that we did a warm up to a funky song called Shut up and Dance with Me and it warmed us up a lot! Running the Mile was the fun part. We started on a proper race track and then finished on the field/grass. It was really fun. We finished with the dance Baby Shark and then we went home. By Amy and Ben G



Dates for your diary:

Half-term:

22-26th Oct 2018

Tuesday 30th October – Royal Cornwall Museum trip for Tregonning Class

Tuesday 30th October – Parent Meetings 3.30-6.30pm

Thursday 1st November – Parent Meetings 3.30-5.30pm

Monday 5th November – NEXUS Maths Masterclass 8.55am

Monday 12th November – School Photographs – Portraits and Siblings

Monday 19th November – NEXUS Maths Masterclass 8.55am

Monday 3rd December – NEXUS Maths Masterclass 8.55am

Monday 3rd December to Friday 7th December – Parent Free Zone 12-1pm Christmas present wrapping service. Please could any parents able to help let Mrs Wood know.

Friday 7th December – Penponds School Christmas Concert at Wesley Chapel 6pm for 6.30pm start

Friday 14th December – Penponds Tree Lighting 6-6.30pm

Monday 17th December – NEXUS Maths Masterclass 8.55am

RMAT Paralympics Sports

On Wednesday Year 2 attended St Meriadoc Infant School to partake in the RMAT Paralympics Sports. Freya B, Isla, Issie, Charlie, Eadie, Lily, Ava and Freya D took part. First we did the wheelchair javelin. Charlie did the furthest throw in our school. They all did really well. Next we did the wheelchair bean bag throw and we got 46 points. Then we did the blindfold obstacle race. Last but not least we did the blindfold handball and got 20 points. All the schools that took part did very well but Penponds School did amazingly well won the Cup!

By Jake and Gina

Final Surf Club



On Thursday night before the disco our surfers went to Praa Sands for their final surf club of the year. It was a beautiful evening as you can see below. Thanks to Piran's Dad and Thomas and William's Mum and Dad for helping out. Surf Club starts again after Easter 2019.

Newquay Zoo



Wednesday 19th

December – Last day of school for children

Wednesday 19th

December – Camborne Lantern Parade

Inset Days:

Thursday 20th December 2018

Monday 7th January 2019

Tuesday 8th January

2019 – first day back for children

Monday 28th January –

NEXUS Maths
Masterclass 8.55am

Monday 11th February–

NEXUS Maths
Masterclass 8.55am

Monday 4th March

NEXUS Maths
Masterclass 8.55am

Monday 18th March

NEXUS Maths
Masterclass 8.55am

Monday 1st April

NEXUS Maths
Masterclass 8.55am

Monday 29th April

NEXUS Maths
Masterclass 8.55am

Monday 13th May

NEXUS Maths
Masterclass 8.55am

Friday 12th July 2019 –

Penponds Family Festival

Attendance:

Carn Brea: 97.22%

Godolphin:

Y1 – 98.69%

YR2 – 94.44%

Trencrom: 98.04%

Tregonning: 96.58%

Attendance Trophy:

Godolphin – Year 2

Carn Brea class had an amazing end to our topic this term by visiting the zoo. We got to see lots of wild and pet animals and we even saw some tortoises. We were lucky because the reptile expert was on hand to tell us more about our class pet. He told us that Ernie is going to go into hibernation soon and the things to look out for. We were all exhausted after our first school trip, but full of enthusiasm for the things we learnt. Thank you to all the parent helpers who came and supported this trip. We had a great time.



Awards:

Top Table – Emily C, Olivia, Daniel, Ryan

Carn Brea – Mack, Lily, Elffin

Godophin –

Y1 – Emily Q, Abbie, Elijah

Y2 – Indie-Rae, Leon, Issie

Trencrom – Jayden, Hollie, Charlotte

Tregonning – Ryan, James, Ellena

Headteacher Maddie, Eloise, Isla, Freya B, Maisy, Sebastian

Maths – Charlie, Alice, William, Jessica, Mylo

Nessy – Emily T, Ellie S, Sophie, Eloise

Prefect Awards – Isobel, Mylo, Lily D

Surfing – Jake, William, Thomas, Alfie K, James, Daniel, Mylo, Harrison, Tristan, Alfie G-W, Piran, Ryan, Lloyd, Lily, Daniel

Quote for this week:

Fear doesn't exist anywhere except in the mind. Dale Carnegie

Halloween Disco

Last night the school rocked to the sound of the 'Monster Mash' and 'Ghostbusters'. There was a dazzling range of costumes and make up. A huge thank you to all the parents that helped and our PTA, Friends of Penponds School, for all their hard work with the decorations, food and organisation. We raised over £180 for school funds. Thanks to everyone for sorting the wonderful costumes.



Parents evening

Please book an appointment to see your child's teacher after half term. The dates are 30th October and 1st November. The class lists are up in the school foyer for you to sign up. If you are unable to make any of these times contact the teacher directly to arrange a convenient time.

Cornwall Gold – Portreath

Today, Friday 19th October 2018, we went to Cornwall Gold and into the Create and Paint. Our topic in Tregonning Class is Ancient Greeks so we made greek pots with a professional at making pots. The lady's name was Michelle. We used clay to make the pots. At first we used a rolling pin to flatten the clay out and make a volcano shape. After that we made a mini volcano and put it on top of the big volcano and smoothed it out with our fingers. Then we made the base. Michelle made us a base, we put on this on top of the volcano and then put the handles on. We had an amazing time and gave Michelle a huge round of applause. By Amy



Week one

12/11 03/12 14/01 04/02 25/02 18/03

Monday

Choose a main meal...
Pork Sausage with Mashed Potato
Butternut Squash & Chickpea Curry with Rice ✓

on the side...
Peas or Baked Beans
Salad
for dessert...
Cheese & Biscuits

Tuesday

Choose a main meal...
Chicken Korma with Rice
Macaroni Cheese ✓

on the side...
Rainbow Vegetables
Salad
for dessert...
Apricot Flapjack

Wednesday

Choose a main meal...
Roast Chicken with Roast Potatoes & Gravy
Veggie Sausage in Gravy with Roast Potatoes ✓

on the side...
Seasonal Vegetables
for dessert...
Fruit Yoghurt with Granola Topping

Thursday

Choose a main meal...
Beef Pasta Bolognese
Cheese & Tomato Pizza ✓

on the side...
Sweetcorn & Carrots
Salad
for dessert...
Banana Marble Cake & Custard

Friday

Choose a main meal...
Crispy Fish & Chips
Veggie Burger in a Bun with Chips ✓

on the side...
Baked Beans
Salad
for dessert...
Melon Slices & Orange Wedges

Week two

29/10 19/11 10/12 21/01 11/02 04/03 25/03

Choose a main meal...
Cheese & Tomato Pasta ✓
Salmon Paella

on the side...
Rainbow Vegetables
Salad
for dessert...
Muesli Flapjack

Choose a main meal...
BBQ Chicken with Rice
Veggie Sausage & Bean Casserole with Diced Potatoes ✓

on the side...
Carrots & Sweetcorn
Salad
for dessert...
Cheese & Biscuits

Choose a main meal...
Roast Beef with Roast Potatoes & Gravy
Cauliflower & Sweetcorn Bake with Roast Potatoes ✓

on the side...
Seasonal Vegetables
for dessert...
Toffee Apple Muffin

Choose a main meal...
Chicken Fillet Burger in a Bun with Lettuce & Mayo
Mild Bean Chili with Rice ✓

on the side...
Peas
Salad
for dessert...
Fruit Salad

Choose a main meal...
Crispy Fish & Chips
Quorn Frankfurter & Chips ✓

on the side...
Baked Beans
Salad
for dessert...
Fruit Yoghurt with Granola Topping

Week three

£2.40

05/11 26/11 17/12 07/01 28/01 11/03 01/04

Choose a main meal...
Mild Beef Chili with Rice
Macaroni Cheese ✓

on the side...
Rainbow Vegetables
Salad
for dessert...
Fruit Yoghurt with Granola Topping

Choose a main meal...
Cheese & Tomato Pizza
Butternut Squash & Chickpea Curry with Rice ✓

on the side...
Peas
Salad
for dessert...
Mandarin Drizzle Cake

Choose a main meal...
Roast Ham with Roast Potatoes & Gravy
Veggie Meatballs in Gravy with Roast Potatoes ✓

on the side...
Seasonal Vegetables
for dessert...
Peaches & Custard

Choose a main meal...
Chicken Tikka Masala with Rice
Vegetable Pasta Bolognese ✓

on the side...
Carrots & Sweetcorn
Salad
for dessert...
Cheese & Biscuits

Choose a main meal...
Crispy Fish with Chips
Cheese & Tomato Pasta

on the side...
Baked Beans
Salad
for dessert...
Chocolate Muffin

All our milk is Red Tractor approved

WE BUY 95% of our seasonal vegetables direct from British growers

FRESH SALAD IS AVAILABLE ON A DAILY BASIS

REDUCING OUR CARBON FOOTPRINT OVER 30% of our products are sourced by veggie stars, not on a budget

CHILDREN: MASH, GARDEN

If your child receives or needs a special diet or allergen menu, please speak to your catering manager or contact us. Our special diets menu can be provided following documentation from a medical professional. Jacket Potatoes with assorted toppings, fruit and yogurts available daily.



WE SUPPORT 82 BRITISH DAIRY FARMS



We only use Lion Quality British Eggs

FARM TO FORK We can trace every cut of meat back to the farms of origin

ALL OUR BREAD IS FRESHLY BAKED EVERY DAY

FAIRTRADE All our bananas are FAIRTRADE



After School Club New Term Dates And Cost

Thank you for being part of the Sports 4 Tots Team! We hope your child has enjoyed the last terms sessions. Below are the next term dates and overall cost:

Penponds School

Wednesday's 3.30pm Dates	Cost (£)
31 st October	3.50
7 th November	3.50
14 th November	3.50
21 st November	3.50
28 th November	3.50
5 th December	3.50
12 th December	3.50
19 th December	3.50
Total Term Cost:	£28

Please provide payment direct to the coach at the 1st session, cash or cheque accepted, please make cheques payable to 'Sports 4 Tots'.

Many Thanks



We also offer birthday party packages and regular Saturday Clubs! Please ask us for more information!

Please contact us on: 01209 832312

Email: nick.eagles@sports4tots.org.uk / www.sports4tots.org.uk



MINECRAFT: A Parent's Guide



What is Minecraft?

Minecraft is one of the biggest computer games in the world, with more than 144 million copies sold. It is a sandbox game where players can build houses and other creations, explore vast environments and play with other people online. Multiplayer in Minecraft - available through player-hosted and business-hosted servers - enables multiple players to interact and communicate with each other on a single world. It's with this online element where some dangers can come from.

What does it look like?



© National Online Safety Ltd

This is not a definitive guide. Please always check with any app's support information to see if your security and privacy concerns are addressed.

MINECRAFT



Main Concerns for Parents

Predators target children on Minecraft

The majority of Minecraft users are children, so it's no wonder that predators may use the game to target them. Some adult players will even pretend to be children. There have been reported cases in which young people have been asked for explicit photos of themselves and even more serious cases in which children have been persuaded to meet these people in real life.

Cyberbullying

Even when playing with friends, your children are not 100 per cent safe on Minecraft. This is due to cyberbullying as so-called 'friends' are given a platform in which they can throw mean insults in the way of your child, gang up on them with other players and make them feel like there's no escape.

Communication with strangers on 'servers'

A huge part of Minecraft is played on online multiplayer servers where pretty much anyone can join. This means it is simple for players to have direct contact with strangers, which can lead to uncomfortable situations as not all strangers simply want a 'fun game'. The fact that strangers don't know your child personally may make it easier for them to be unpleasant due to the false perception that there are no repercussions. Servers are most prominent on PC and less so on consoles and other devices.

Viruses/Malware:

There are several websites that offer downloads for unofficial Minecraft add-ons. These often contain viruses that can infect your device and potentially even try and find personal information from you or your child.

Minecraft: Better Together

This is a new version of Minecraft that is currently being Beta tested on Windows, Android and Xbox One. It aims to allow players on different platforms to play with one another and uses public servers. While this can already be done on the original version of Minecraft, this will make it much easier for your children to play with and talk to people they don't actually know. However, you do need to opt in to using 'Better Together' and can carry on using the original version. This version should be released in 2018.

MINECRAFT: Tips for Parents



Limit multiplayer to 'only play with friends'

This is an option that can be found in the Settings. It can also be reinforced further by monitoring your child's play every now and then to ensure they are playing on servers with people they actually know and not strangers. Always explore the parental controls on whatever platform your child is using.

Disable or monitor online chat

In this feature, players in a server can type comments into a text box for others to see. However, to avoid potentially inappropriate comments, you can follow these steps to turn it off:

- Select 'Options'
- Toggle the Chat button to 'Hidden' or 'Commands Only'. Bear in mind that your child will no longer be able to enter cheats or similar commands on Hidden.

Play on 'child-friendly servers'

These are servers that tend to have strict rules to try and keep the environment safe and appropriate and many even have 'whitelists' which involve filling out an application to be allowed to join the server. This proves that you're not a bot and helps weed out any potentially harmful or inappropriate people from using the server. Obviously, these can never be perfect and there's always a risk of dangers slipping through the cracks, but prominent examples of child-friendly servers include the following:

- Autcraft
- Intercraften
- Kid Club
- Minesquish

Play on single player or local multiplayer only

While there are ways to play Minecraft relatively safely online, you may come to the decision that your child simply isn't responsible or trustworthy enough to partake in this yet. If you think this is the case, ask them to only play on single player or multiplayer with friends who are with them in the same room. For further reassurance, disconnect the device from your Wi-Fi connection.

Be careful of YouTube tutorials

Many Minecraft users turn to YouTube for video tips on improving their gameplay and finding new techniques. Although many videos are age-appropriate, some include sexual references and bad language. It is best to sit and watch Minecraft YouTube videos together with your child.

Pick the right Minecraft platform

Minecraft is available for computers - with Windows, Mac and Linux versions, consoles including the Xbox 360 and Xbox One, PlayStation 3 or 4, and mobile apps. Make sure you consider which system you want to use before your child starts building their empires.



Use the Pause menu

You can add new friends, mute, report or block someone, right from the pause menu in-game. You can also set custom permissions for each player in your world or realm or use pre-set permissions levels.

Try Xbox Live Settings

When you are logged in for Xbox Live Multiplayer, you can set privacy settings and multiplayer preferences. Children and teens are restricted from making changes to their own privacy and online safety settings. Only a parent using the Microsoft family service can change Xbox privacy and online safety settings for a child account.

Scan Mods for malware

Minecraft mods add content to games to give more options to interact and to change the way the game looks and feels. But while mods can bring fun, it's important to consider that downloading and installing mods could potentially infect your computer with a virus or malware. In 2017, security company Symantec said that between 600,000 and 2.5 million Minecraft players had installed dodgy apps, which hijacked player's devices and used them to power an advertising botnet. Keep a good malware scanner installed on your devices, make sure it's up to date, and always check the permissions a new app requests before you install it.

Set time limits & learn

Set time limits to ensure playing with Minecraft is complemented by other activities. Or take time each day to sit down next to your child and watch them play to learn what they are getting from the game and how they are using it.

Sources: <https://minecraft.net/en-us/article/minecraft-multiplayer-server-safety>
<http://parentinfo.org/article/staying-safe-on-minecraft>
<https://support.xbox.com/en-GB/xbox-one/security/cannot-change-my-privacy-settings>
<https://thehacker.com/a-parents-guide-to-playing-minecraft-with-your-kids-178822798>
<https://www.mincoc.co.uk/tech/new-minecraft-game-needs-coalition-11251242>
<https://www.mincoc.co.uk/news/uk-news/parents-are-using-online-computer-games-10233554>
<https://minecraftforparents.com/5-minecraft-dangers-for-kids-or-parents-guide>
<https://thehacker.com/a-fabulous-family-friendly-minecraft-servers/>
<https://www.horlogerik.com/289955/how-to-set-up-minecraft-so-your-kids-can-play-online-with-blends/>
<http://minemum.com/chat-settings>

KING EDWARD MINE MUSEUM

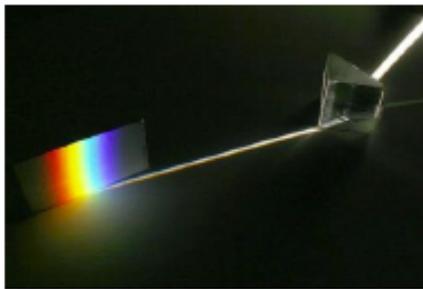


Children's activities this autumn at King Edward Mine, Troon.

KEMSTEM Club

Our over-subscribed monthly Saturday STEM club that was launched last year has now been re-launched for the 2018-19 season.

The first session is on October 20th, 10-12am. **Booking is essential.**



It has been re-designed so more children can take part. Details are on:

www.kingedwardmine.co.uk under 'News and events' or contact me directly on education@kingedwardmine.co.uk

Session one is called '**Light Fantastic!**' Learning is fun with light, mirrors, prisms and colour!

Night-time torchlit treasure hunt!

Thursday 18th October, 7.30-8.30pm. **Booking is essential.**

Discover King Edward Mine in the darkness, lit only by flickering candles and miners' lamps!

Follow the trail of clues through the museum and mill and then complete the activities to win a glittering prize to take home!

Last year we ran this event 3 times and still had people on our waiting list so don't miss out this time!



Halloween Hunt

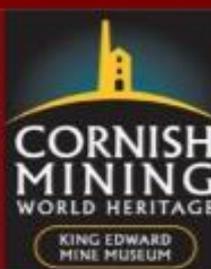
King Edward Mine Museum
Tues Oct 23rd
2-4pm
Entry £2 per child



See our website for more details www.kingedwardmine.co.uk



**KING EDWARD
MINE
MUSEUM**



KING EDWARD MINE MUSEUM
NEWTON MOOR
TROON
CAMBORNE
TR14 9HW

