



# Relationships and Health Education



<b>Intent (curriculum design, coverage and appropriateness)</b>	<b>Implementation (curriculum delivery, teaching and assessment)</b>	<b>Impact (attainment and progress)</b>
<p>Our aim is to ensure that Relationships, Sex and Health Education is taught as a whole school approach in an inclusive and age and stage appropriate manner in a safe, secure environment.</p> <ul style="list-style-type: none"> <li>• We believe high quality RSHE lessons should support and meet the needs of every child. This gives them the tools to help them to develop their relationships with others, manage and explore their emotions, support their mental health and to make healthy choices. This then supports their skills to access the wider curriculum.</li> <li>• All aspects of Relationships and Health Education are embedded across our curriculum. They are an integral part of school values and ethos, encouraging mutual respect, responsibility and fostering self-esteem in a happy, caring environment.</li> <li>• The children are equipped with the vocabulary that they need to develop their emotional literacy.</li> <li>• Lessons provide opportunities to bring together PSHE education, emotional literacy, social and moral skills, mindfulness, spiritual development and the celebration of British values.</li> </ul>	<ul style="list-style-type: none"> <li>• To ensure that high quality RSHE is taking place throughout the whole school, the curriculum is progressive from EYFS through to Year 6.</li> <li>• RSHE lessons are taught weekly through a whole school programme of study from 'Brook Learn'. Teaching strategies are varied within the programme and mindful of the need for differentiation.</li> <li>• RSHE is embedded with learning opportunities created across the whole curriculum. This is enhanced through our school vision and core values, Relationship Policy and weekly celebrations. Outdoor Education is an integral part of the curriculum as well as regular class trips. Additionally, pupils will take part in health promotions, visits from people who help us, charity events and will recognise and celebrate significant events in our community and the wider world. Pupils will be encouraged to take an active part in the school community and contribute to school democracy.</li> <li>• Fresh home cooked nutritional daily meals will be provided along with a fruit snack, water and milk.</li> <li>• RSHE lessons have a strong focus on vocabulary which ensures that all children are able to develop their emotional literacy.</li> <li>• The subject leader works closely alongside teachers to ensure that knowledge and skills within RSHE are progressive throughout the school. Regular professional development is delivered to all school staff.</li> <li>• Monitoring and assessment system is used consistently across the school to assess and monitor teaching and learning for RSHE.</li> </ul>	<ul style="list-style-type: none"> <li>• All pupils will be able to fully participate within lessons. They will communicate and engage with others, understand the importance of wellbeing, the Bee Rules and Core School Values in order to fully access all learning opportunities.</li> <li>• Pupils will behave in a mutually respectful manner, forming caring, positive and healthy relationships with others.</li> <li>• Pupils will recognise and celebrate their own and others unique characteristics.</li> <li>• Pupils will be able to express a range of emotions progressively throughout each year group.</li> <li>• Pupils will develop responsibility and take an active part in school life.</li> <li>• Skills for life-long learning will be developed. Pupils will be able to use the positive skills that they have acquired in all aspects of life, empowering and equipping them to develop their resilience, make positive choices and support their own health and wellbeing.</li> <li>• They will make links to other areas of learning.</li> </ul>