

Week one

10/9, 1/10

Monday

Sausage & Mash
Butternut Squash & Chickpea Curry with Rice (V)
with Crunchy Salad or Peas

Cheese & Biscuits

Tuesday

Chicken Korma & Rice
Macaroni Cheese (V)
with Rainbow Vegetables or Crunchy Salad

Fruit Yoghurt with Melon Slices

Wednesday

Roast Chicken with Roast Potatoes & Gravy
Veggie Sausage in Gravy with Roast Potatoes (V)
with Spring Vegetables

Yoghurt and Granola

Thursday

Beef Pasta Bolognese
Cheese & Tomato Pizza (V)
with Sweetcorn & Peas or Crunchy Salad

Apple Cake & Custard

Friday

Crispy Fish & Chips
Quorn Burger in a Bun with Chips (V)
with Baked Beans or Crunchy Salad

Apple Shortbread



If you don't fancy dessert, you can *always* enjoy fresh fruit or yoghurt

Week two

17/9, 8/10

Monday

Salmon Paella
Cheese & Tomato Pasta (V)
with Carrots or Crunchy Salad

Fruit Yoghurt with Apple & Orange Slices

Tuesday

BBQ Chicken & Rice
Shepherdess Pie (V)
with Sweetcorn & Peas or Crunchy Salad

Lemon Drizzle Cake

Wednesday

Roast Ham with Roast Potatoes & Gravy
Cauliflower & Sweetcorn Bake with Roast Potatoes & Gravy (V)
with Spring Vegetables

Yoghurt with Melon Slices

Thursday

Chicken Fillet Burger in a Bun with Lettuce & Mayo
Veggie Sausages & Bean Casserole (V)
with Sweetcorn & Peas or Crunchy Salad

Chocolate Muffin

Friday

Crispy Fish & Chips
Omelette with Chips (V)
with Baked Beans or Crunchy Salad

Fruit Yoghurt & Granola



Jacket Potatoes are *available* every day with a choice of filling

Week three

3/9, 24/9, 15/10

Monday

Mild Bean Chilli & Rice
Macaroni Cheese (V)
with Carrots & Sweetcorn or Crunchy Salad

Raspberry Sponge & Custard

Tuesday

Great British Brunch
Quorn Grill, Diced Potatoes & Omelette (V)
with Baked Beans

Apple Shortbread

Wednesday

Roast Chicken with Roast Potatoes & Gravy
Veggie Sausage in Gravy with Roast Potatoes (V)
with Spring Vegetables

Fruit Yoghurt & Granola

Thursday

Chicken Tikka Masala & Rice
Veggie Pasta Bolognese (V)
with Rainbow Vegetables or Crunchy Salad

Cheese & Biscuits

Friday

Crispy Fish & Chips
Quorn Hotdog in a Bun with Chips (V)
with Peas or Crunchy Salad

Yoghurt & Melon Slices



There is a vegetarian choice *every day...* and don't forget that salad is available *daily*.

Reception, Year 1 & 2 Free
Year 3, 4, 5 & 6 £2.40

Keep yourself topped up with water - it will help you concentrate all day long.

