



Weekly Newsletter Spring 6 Friday 28th February 2020

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This week's focus: Out and About and Staying Healthy

RMAT Multi-Skills Event

On Monday Carn Brea class went to St Meriadoc Infants to take part in the Rainbow games. They practised rugby skills and had a great time. Thank you to Nick from Sports for Tots for organising and running it all. We definitely have some future rugby stars amongst us!



Dates for your diary:

Tuesday 3rd March

Carn Brea class visiting Camborne Library in the morning

Thursday 5th March

World Book Day - Dress up, Book Sale, Squash Box Theatre and Snuggledown at 5.30pm

Thursday 5th March

Squashbox Theatre Performance in school

Monday 9th March

Due to Staff Training there will be no Lego Club after school and no normal after school club.

Monday-Friday 9th – 13th March Science Week:

Monday – Cornwall Plastic Pollution workshops

Tuesday – Space Odyssey Dome in the Hall

Friday – Nexus Light and Rainbows workshop – Tregonning Class

Friday 13th March

RMAT Event for Sports Relief in the afternoon



Friday 20th March

Carn Brea Class Visit to
Trevaskis Farm

Monday 23rd March

Easter Experience Week –
all week

Wednesday 25th March

Farm and Country Day at
Royal Cornwall Show –
Trencrom Class

Thursday 26th March

Regal Theatre event for
Dance/Choir Children

Last Day of Spring Term

Friday 27th March

First Day of Summer Term

Tuesday 14th April

Thursday 16th April

Global Boarders Surf Club
starts

Tuesday 21st April

Cornish Pirates After
School Club starts

Friday 8th May

May Day Bank Holiday

Monday- Friday

11th - 15th May

SATS week – Year 6

Half-Term Break

25-29th May

**Friday 12th and Monday
15th June**

INSET DAYS – no school for
children

Friday 26th June

NEXUS Healthy Hearts
workshop
Tregonning Class



Chartwells Healthy Eating Workshop

On Wednesday, Trencrom Class were lucky enough to take part in a healthy snack workshop. The children worked in groups to design a recipe and then create their own healthy cereal bar. Each group came up with a name for their cereal bar and had a go at designing some packaging in the classroom. Of course, there was a tasting session once the bars had set and everyone completed an evaluation form to rate the recipes and think of ways they could be improved. A big thank you to Karen from Chartwells for leading the cookery sessions.



Monday 6th- 8th July

Delaware Camp –
Tregonning Class

Monday and Tuesday 13th and 14th July

Year 6 Induction Days at
CSIA

Wednesday and Thursday 24th and 25th June

Global Boarders Surf Days
for Trencrom and
Tregonning Classes

Last Day of Summer Term

Wednesday 22nd July

INSET DAYS 2020

Fri 12th June 2020

Mon 15th June 2020

Thu 23rd July 2020

Attendance and Awards for this week:

Attendance:

Carn Brea: 94.77%

Godolphin:

Y1 – 95.32%

Y2 – 91.67%

Trencrom – 95.06%

Tregonning - 99.15%

Attendance Trophy Tregonning Class



Celebration Awards:

Lunchtime:

Elijah H, Archie, Ellie R, Hollie

Carn Brea:

Emily G, Arlo, Henry

Godolphin:

Y1 – Elffin, Joel, Zara

Y2 - Mia, Piran, Jasper

Trencrom:

Evie, Bella, Emily T

Tregonning:

Oliver, Trystan B, Lily

Maths:

William B, Archie, Kaiden, Ellena, Holly

Headteacher:

Trystan B, Jess O'C, Ellie R, Eadie, Emily T, Summer, Joel, Bella K,

Quote:



Just when the caterpillar thought the world was ending,



It became a butterfly!

Barbara Haines Howett



Cornwall Junior Life Skills

On Wednesday 26th February Year 5 attended the Cornwall Junior Life Skills at Tolvaddon Fire Station where there were talks and displays from Cornwall Fire and Rescue Service, Tri-Service Safety Officers, British Transport Police, GWR, Cornwall Council Parking Services, Trading Standards, Devon and Cornwall Police and RLSS.





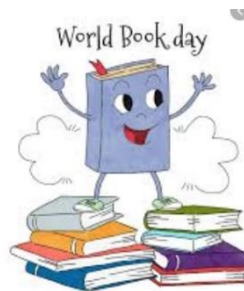
Learning Council

Our amazing learning council have tidied up our play leader shed, audited the equipment and ordered some new resources.



World Book Day celebrations – Thursday 5th March 2020

On the 5th March we will be celebrating World Book Day. As in previous years, we would like everyone to dress up as their favourite book character for the day and donate 50p to *Book Aid*. In assembly at the end of the day we will have a 'fancy dress parade' of all the characters and there will be a prize for the most accurate costume from each class. As well as this, children can bring in their favourite book to share.



We've arranged for Craig Johnson (Squashbox Theatre) to come in and perform his absolutely brilliant 'Tales from the Trees'. *We are asking for a £2.00 voluntary donation towards the cost of the production – payable on Parent Pay.*

We will also be having a book sale to raise funds so if you have any unwanted children's books in really good condition that you could donate for our sale that would be amazing. We are hoping that every child will be able to bring in a minimum of one book for the sale and also buy a book to take away with them. *Funds from the sale will go towards buying new books for class libraries.* Please bring in books no earlier than Monday 2nd March as we have very little storage space.

In the evening all the children are invited back to school in their PJ's for "Snuggledown". Children are welcome to bring in a blanket and teddy and will be read some of the staff's favourite stories visiting each class before having a hot chocolate from FOPS. There is no charge for Snuggledown although it will be handy to know how many children are coming so we can organise the hot chocolate. Snuggledown will start at 5.30p.m and finish at 6.45p.m. Please *let you child's class teacher know through Dojo if you would like your child to attend.*

Coose Trannack Cross Country Races – Saturday 21st March 2020

We have been invited to attend this year's Coose Trannack Cross Country races taking place on Saturday 21st March at Trannack School in Helston. You can enter collectively through Penponds School or you can enter yourself individually. The event starts at 9.35am and will finish about 1pm. It is open to Reception through to Year 6 children and costs £2.50 per child to enter. The distances are:

Reception - 300m

Year 1 - 500m

Year 2 - 500m

Year 3 - 900m

Year 4 - 1200m

Year 5 - 1500m

Year 6 - 1800m



There are also U13 – U16 and adults races. If you wish to enter please let Mrs Watts know to organise. She will need to know by **Friday 13th March at the latest** please.

Teachers – Trencrom and Tregonning Classes

Trencrom Class

As you are aware Miss Brownlow is due to go on maternity leave this term– her last planned working day will be Friday 13th March. We wish her every health and happiness at this very exciting time.

We are very pleased to inform you that Mrs Hannah Richards will be taking over as the teacher for Trencrom class in Miss Brownlow’s absence. Mrs Richards is a very experienced teacher and has taught in two of our Rainbow MAT schools previously. She is experienced in delivering Power Maths and Read Write Inc as well as being a Music and RE specialist. I am sure you will join me in giving her a very warm welcome to the Penponds team.

To ensure a smooth transition Mrs Richards will spend five transition days working alongside Miss Brownlow and the class. Her first day in school will be Monday 2nd March.

Tregonning Class

As you are aware Mrs Lawlor is due to go on maternity leave this term– her last planned working day will be Friday 27th March. We wish her every health and happiness at this very exciting time.

We are very pleased to inform you that Mr Paul Hooper (who many of us know well) will be taking over as the teacher for Tregonning class in Mrs Lawlor’s absence. Mr Hooper is a very experienced teacher and has carried out a large amount of supply cover at Penponds over the last couple of years so knows the school and the children very well. He has also taught in one of our Rainbow MAT schools previously. He has experienced delivering Power Maths and Read Write Inc and is a specialist in learning outdoors. I am sure you will join me in giving him a very warm welcome to the Penponds team.

To ensure a smooth transition Mr Hooper will spend five transition days working alongside Mrs Lawlor and the class. He has already completed one of these transition days and has attended a Year 6 class teacher MAT meeting with Mrs Lawlor to prepare for end of KS2 SATS.



**TRURO
SCHOOL**

Year 5

Maths Masterclass at Truro School

We are pleased to invite enthusiastic Year 5 mathematicians to join us for a maths masterclass. During the morning, pupils will participate in problem solving games and discover some amazing facts from the world of mathematics.

The maths masterclasses will take place at Truro School from 9.30am - 11.30am on the following dates:

**Saturday 14 March
Saturday 21 March**

Limited spaces are available. For more information or to sign-up for the masterclasses please email Jayne Grigg, Director of Admissions and Development,

JEG@truroschoo.com

www.truroschoo.com

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After School Sessions with the Cornish Pirates for Years 4/5/6

Application forms to be returned to the school office by Monday 16th March. Payment in advance of £18 to be paid through Parentpay by Friday 20th March once your child's place is confirmed.

FIRST COME, FIRST SERVED!

Location: School Field (weather dependant)
Times: Tuesday Afternoons from 15:30 - 16.15

Dates: 21/04/20, 28/04/20, 05/05/20, 12/05/20, 19/05/20 and 02/06/20 (6 x sessions)

Clothing: Sports/PE clothing, wet weather clothing and trainers/boots.

Child Name: Year Group:

Parent Name:

School:

Walks Home independently: Yes/No Collection Password:

Parent/Guardian Contact Number (Please write clearly):
.....

Any medical information:

I also consent to the Cornish Pirates taking photographs of my child in coaching sessions, for community and promotional purposes only. Yes ☐ No ☐ Please Tick.

Signed: Parent/Guardian:



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The latest digital trend growing in popularity for our children are apps on their phone or tablet that look like one thing but are secretly hiding another purpose. They first became particularly popular in 2016. However, children are becoming more and more familiar with 'secret' photo hiding apps, where an app which looks relatively ordinary is actually a hidden gateway to private photos and videos. These apps allow their users to hide images, videos and notes within the app which is also passcode protected. One of the most common types of hidden app used is a 'fake calculator' app however many others are also available.



What parents need to know about HIDDEN PHOTO APPS

MAY HIDE 'SEXTING'

The most common use for the apps is to hide 'sexting' images which young people may be sending or receiving. This problem is growing rapidly amongst students, and from an increasingly early age. Not only is sexting dangerous, but it is illegal when it involves a minor even if both the sender and receiver are underage. By storing and sending these images, young people should be aware that they are committing a crime.

ENCOURAGE IMPULSIVE BEHAVIOUR

Young people tend to act more impulsively if they believe that their behaviour will go unnoticed and remain secret, so often they will produce content for these apps thinking that it will be safe. Let's face it, how many adults read all the small print in the terms and conditions, so why would we expect our children to.

FAKE/DECOY PASSWORDS

Some of the most secure apps that are available offer the ability to set-up a decoy feature as an added layer of security. This allows the user to provide a fake password which, when used, directs people to a decoy folder containing content of the user's choice or just stock photos. The real password provides access to the secret folder within the app.

PRIVACY RISK

If you are aware that your children are using the app, you should read the small-print in the usage policy/terms and conditions to ensure the developers do not have access to any of the images stored on the device. If the photos are linked to a cloud storage, then the images stored are also in danger of being released if the application is compromised/hacked.

BYPASS PARENTAL CONTROLS

Although these apps are not specifically 'targeting' their advertisements towards children, they can generally be used by anyone over the age of 4. This means that these apps will not be blocked automatically by parental controls. Whilst online platforms, such as Apple, have removed these apps on numerous occasions from their app store, due to their popularity and potential profitability for creators, they continue to be produced and find their way into the stores or available for download.



Safety Tips For Parents

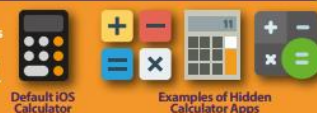


TRY TO REMAIN VIGILANT

There is a natural human instinct to believe that what we see on screen is real and accurate. If you are concerned that your child might be using secret apps, you may want to look at their phone. The search feature on a device can be used to type keywords such as 'secret', 'hidden' and 'photo vault'. On iOS, this can be done by swiping down on the home screen to open a search bar. If the app appears and says 'Open' then the app is installed. If it says 'Get' then it is not installed. On an android device, you can go to the apps menu and use the search bar at the top of the screen.

QUESTION THE AUTHENTICITY OF DUPLICATE APPS

You should be aware that almost every mobile device will have pre-installed apps, such as notes and calculator, so the first major warning sign would be to look for duplicates of these apps. By default, the pre-installed apps are almost always displayed on the first page of the home screen.



DISCUSS THE DANGERS OF 'SEXTING'

Ensure your child is aware of the dangers of sexting, and how it is illegal to keep or distribute images of minors. Try to talk to your children in a positive way and encourage them to take control of their online persona and what they are posting to others. Remind them that they always have a choice and that they can say no to anything that makes them feel even the slightest bit uncomfortable.



LOOK OUT FOR IN-BUILT 'HIDDEN' FEATURES

iPhones have the option to lock notes within the default Notes app. Users can paste images into a note file and lock it using Touch/Face ID and a password. In addition, iOS allows their users to move images to a Hidden folder in the photos app. When an image is moved to the hidden folder, it is removed from the 'All Photos' folder. To find this folder, open the 'Photos' app, scroll down and click 'Hidden'. Users may also create folders to try and hide the app on their home screen or on a second or third page. If you see a folder on your child's device, ensure you check each page for hidden apps.

CONTROL APP USAGE

If your child's iOS device is linked to your Apple ID account, you are able to set a password for downloading apps which only you know. This will mean every-time your child tries to download an app, they will need your password to do so. If you do not have access to your child's Apple ID, you can delete the app without a passcode. This will delete any images stored on the app and will not be recoverable, even if the app is redownloaded.

Meet our expert

Emma Davis is a cyber security expert and former ICT teacher. She delivers cyber awareness training to organisations nationally and has extensive knowledge and experience of managing how children access services and apps online.



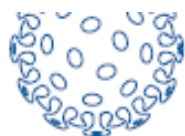
SOURCES: <https://www.businessinsider.my/apple-pulls-private-photos-calculator-from-app-store-2018-4/>, <https://smartsocial.com/private-photo-calculator-app/>, <https://offspring.lifehacker.com/is-your-teen-hiding-sexting-photos-in-a-fake-calculator-1829529749>

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Public Health
England



Advice on the coronavirus for places of education

How serious is the coronavirus?

- it can cause flu-like symptoms, including fever, cough & difficulty breathing
- the infection is not serious for most people, including children
- there is currently no vaccine
- most people get better with enough rest, water to drink and medicine for pain

How likely are you to catch the virus?

- you can only catch it if you have been close to a person who has the virus
- the chance of being in contact with the virus is currently low in the UK
- if you have travelled to areas where many people are infected, your chance of catching the virus is higher, i.e. China and any affected areas

How can you stop coronaviruses spreading?

If you need to cough or sneeze



Catch it with a tissue



Bin it



Kill it by washing your hands with soap & water or hand sanitiser

You should wash hands with soap & water or hand sanitiser



After breaks & sport activities



Before cooking & eating



On arrival at any childcare or educational setting



After using the toilet



Before leaving home



Try not to touch your eyes, nose, and mouth with unwashed hands



Do not share items that come into contact with your mouth such as cups & bottles



If unwell do not share items such as bedding, dishes, pencils & towels



Stop germs spreading with our e-Bug resources on hand and respiratory hygiene lesson plans for KS1, 2 and 3: campaignresources.phe.gov.uk/schools

What should you do if you feel unwell?

Keep away from others and stay at home to stop the infection spreading. Avoid public transport if you think you have symptoms of coronavirus. If you become unwell at a place of education, tell a member of staff and let them know if you have travelled to any other countries in the last 14 days.

If your staff member or parent thinks you have symptoms of coronavirus, they should call **NHS 111** for advice. Follow the UK Government advice for childcare or educational settings [gov.uk/government/publications/guidance-to-educational-settings-about-covid-19](https://www.gov.uk/government/publications/guidance-to-educational-settings-about-covid-19). Parents can visit [NHS.UK](https://www.nhs.uk) to find out more information. Teachers and support staff should follow the UK Government advice.

Staff, students and pupils who have returned from Wuhan and Hubei Province in China should self isolate, and NOT attend education or work for 14 days. See [NHS.UK](https://www.nhs.uk) for advice on coronavirus.

If there is an emergency, call 999 immediately

