



Weekly Newsletter

Summer 1 Friday 20th April 2018

www.penponds.cornwall.sch.uk

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 @Penponds_School



This week's focus:

Trencrom visit to Carwynnen quoit

On Thursday we went on a trip to Carwynnen quoit and we did loads of different activities. We sat by a fire and cooked stone age bread. It tasted quite bitter. Mrs Treen showed us how to grind the flour using flat rocks. We also made bracelets and other types of jewellery using leaves and shells. You were allowed to have 2 shells on the bracelet. We also went on a nature walk and made rubbings using different plants. We also looked at the quoit and some people at the end tried to make their own quoit using stones. Back at school we've been painting stone age cave paintings using charcoal and ash from our fire and mud we collected. By Jess O'Connell



Dates for your diary:

Summer term:

Monday 23rd April to Friday 4th May – The Big Pedal

Saturday 28th April – Trevithick day

Monday 30th April – Y6 maths group at CSIA

Monday 7th May – BANK HOLIDAY

Monday 14th May to **Thursday 17th May** – Y6 SATs WEEK

Monday 21st May – Tregonning class to NEXUS for Skeletons workshop

Thursday 24th May – School class photos

Monday 28th May – **Friday 1st June (inclusive)** – Half-Term Holiday

Monday 4th June – **INSET DAY** – No school for children

Friday 15th June – **RAINBOW MAT concert at Wesley Chapel.** 2pm and 6.30pm

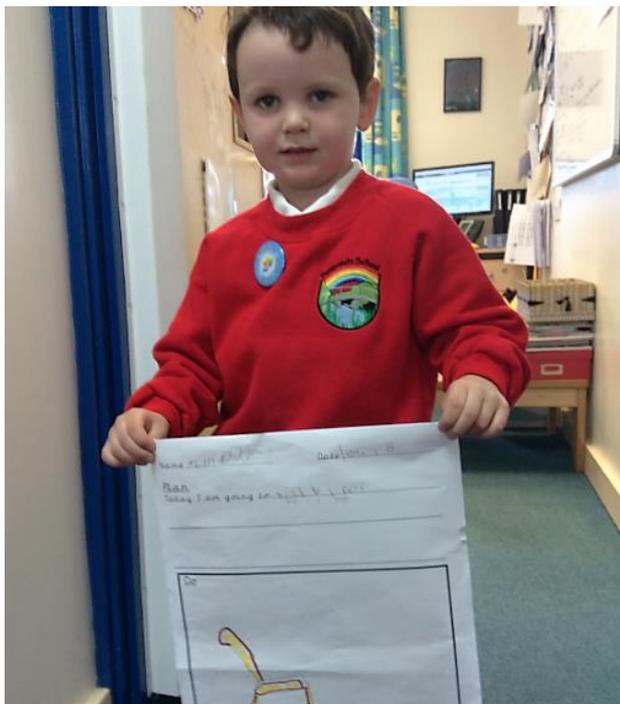
Wednesday 20th June – **Friday 22nd June** – Trencrom Camp in Bristol

Monday 25th June – Stay safe surf day for Year 5/6 with Global Boarders

Tuesday 26th June – RNLI Hit the beach day

Thursday 12th July – Leavers Assembly at 2pm

Friday 13th July – Penponds Family Festival 3.30pm to 8pm



Brilliant Writing!

William has been working very hard on his writing this week and we are all very proud of him for building a giraffe and writing a description all on his own. Well done William.

E-Cadet Challenge

This term the e-cadet team are learning about digital images and if they are real or fake. If you are ever worried about everyone seeing your photos or profile ask a friend, parent or guardian to help you set up a privacy setting. By Emily J and Arabella G



Surf Club

Last night our surf club started their weekly training with Global Boarders surf school.



The conditions were perfect for learning to surf and wetsuit technology has made the 9 degree temperature of the sea feel like a bath! Well done to the children for getting stuck in, walking half a mile to the waves (as the tide was out) and climbing back up the dune mountain at Sandy Acres once they had carved up the glassy lines of the point break!



(as the tide was out) and climbing back up the dune mountain at Sandy Acres once they

had carved up the glassy lines of the point break!

Monday 16th July to Friday 20th July – Porthpean camp for Y5/6
Friday 20th July – last day of summer term for children
Monday 23rd July and Tuesday 24th July – INSET DAYS – no school for children

Attendance:

Carn Brea: 99.35%
Godolphin:
Y1 – 95.91%
YR2 – 93.75%
Trencrom: 99.18%
Tregonning: 95.88%

Attendance Trophy:

Carn Brea Class

Awards

Top Table: Jowan, Alex C, Lilly, Piran C

Carn Brea: Piran, William, Joshua,
Godolphin:
Y1 – Ellie, Leon, Freya D
YR2 – Jowan, Charlotte, Jayden,
Trencrom: Jayden, Eloise, Mylo
Tregonning: Jacob, Cadan, Heidi

Maths: Emily J, Alex C, Emily R, Brindley

Headteacher: Annabelle, Bella, Piran E, Sophie L, Evie L-W

Quote of the week:

Mistakes are proof that you are trying.

Ben Green in Australia

Ben G has sent this photo of him at Mt Warning in Australia.



Wall Book

Thank you very much to Friends of Penponds School who have purchased a new science and technology wall book for the children to study at break times and lunch times. Next time you are in the playground check it out!



Big Pedal Competition: Dr Bike at Penponds School

On Monday Dave Davis, aka Dr Bike, will be at school all day to service and fix bikes for free! Dave will service any bike that is brought into school to enable children to take part in the Big Pedal over the course of the next two weeks.



Nikki Marsh's Fun-Fit!



From next week there is a change to the date and time for Nikki's Fun Fitness Class. They will now be on a Thursday from 4.15-4.45pm. All parents, carers and staff welcome!

HAVE YOUR SAY!

Special Educational Needs and Disabilities (SEND) provision in Cornwall



COMPLETE OUR ONLINE SURVEY!

We want to get an up to date summary of people's views and measure change. Your answers will help us do things better in the future.



There are two types of survey:

- One for children and young people with SEND
- One for parents, carers, families and practitioners working with children and young people with SEND

You may complete the survey twice to share views from different perspectives.



The online survey will run from 17 April - 15 May 2018.



It will only take 5-10 minutes to complete.

A report of the findings will be drawn up and publicised. You can find more information about SEND events, consultation and feedback on [Cornwall Council's SEN File](#).



Visit www.cornwall.gov.uk/send to complete the online survey or find out more information.

To request the survey in alternative format or if you have any questions please email send@cornwall.gov.uk. An easy read version of the survey can be requested by calling 01872 323279.

It's not too late to join Wildcats! The start date has been postponed to 30th April as not enough girls have signed up yet.



Argyle Community Trust
Learn . Play . Succeed



• THE FA GIRLS' FOOTBALL CENTRES •
GET INVOLVED WITH SSE WILDCATS
HAVE FUN, MAKE FRIENDS, **PLAY FOOTBALL**
SIGN UP NOW



Camborne Science & International Academy, Camborne
Monday 16th April – 13th August (Excluding 7th & 28th May)
4:30 – 5:30pm Girls Aged 5-11.
£3 per player first session FREE Using Voucher Code: FIRSTSESSION!



Book before 16th April for special block booking for 16 weeks for £30- saving £18)
Book online @ <https://argylecommunitytrust.co.uk/courses/wildcats>



OFFICIAL PARTNER

THEFA.COM/PLAY-FOOTBALL



FOR ALL

EARLY HELP LOCALITY 5 FAMILY HUB CONTACT DETAILS

Camborne Family Hub Cliff View Road, Camborne TR14 8QH	Telephone 01209 611700
Helston Family Hub Bulwark Road, Helston TR13 8JF	Telephone 01326 560417
Redruth Family Hub Drump Road, Redruth TR15 1NA	Telephone 01209 310000
St Elvan's Family Hub Torleven Road, Porthleven TR13 9BX	Telephone 01326 560417
Treloweth Family Hub Higher Broad Lane, Illogan, Redruth TR15 3JL	Telephone 01209 314510 & 314872
Troon Family Hub Troon Community Primary School, New Road, Troon, Camborne TR14 9ED	Telephone 01209 614759 & 611700

The Family Information Service

The Family Information Service (FIS) is the only source of all Ofsted registered childcare in Cornwall. It is also the main signposting service for parents and carers of children aged up to 19, or 25 if he/she has additional needs.

It can provide details on family support services, benefits, funding, leisure activities, the Local Offer and much more.

Call the FIS free on 0800 5878191 or visit

www.cornwallfisdirectory.org.uk



If you would like this information in another format please contact:

Cornwall Council, New County Hall, Truro TR1 3AY

Telephone: 0300 1234 100

Email: enquiries@cornwall.gov.uk Website: www.cornwall.gov.uk



EARLY HELP LOCALITY TWO



What's On Guide

April—July 2018

**Redruth, Helston, Camborne, St Elvan's,
Treloweth and Troon**

CORNWALL'S FAMILY HUB OFFER

Cornwall's Family Hubs support children, young people and their families pre-birth to 25 years .

We have six Family Hub cluster areas in Cornwall each delivering services to offer help with:

- ◆ Relationship and Parenting Support
- ◆ Child and Family Health
- ◆ Supporting Families with Complex Needs
- ◆ Supporting Vulnerable Children Through High Quality Education
- ◆ Employment and Training Support

What Universal Credit is

Universal Credit is being introduced across the UK in stages. It will replace 6 'means-tested' benefits - these are benefits you can get if your income and savings are below a certain level.

Whether you should apply for Universal Credit instead of one of these benefits, depends on where you live and your circumstances.

Universal Credit works differently from other benefits - so if you're moving from another benefit it's important to know the differences.

The biggest differences are:

- you can get Universal Credit if you're unemployed but also if you're working
- you'll get a single payment each month, rather than weekly or fortnightly
- instead of getting a separate housing benefit, your housing costs will be paid directly to you as part of your monthly Universal Credit pay-

Benefits being replaced by Universal Credit

Universal Credit will replace:

- Housing Benefit
- income-related Employment and Support Allowance (ESA)
- income-based Jobseeker's Allowance (JSA)
- Child Tax Credit
- Working Tax Credit
- Income Support

If you're thinking of claiming one of these benefits for the first time, you might need to apply for Universal Credit instead. It depends where you live.

If you're getting any of these benefits, you don't need to do anything until the Department for Work and Pensions (DWP) gets in touch.

There'll usually be a gap between your existing benefits stopping and your first Universal Credit payment - you can ask for an advance payment of Universal Credit if you need help.

If you are experiencing any difficulties and need support accessing Universal Credit, you can make an appointment with Citizens Advice in your Family Hub who will be able to guide you through the process.

Early Help Targeted Youth Support

Early Help Targeted Youth Support Workers provide support for young people (aged 13-18 years) who are able to give their consent to be worked with and who meet the criteria as set out as below.

TYSW will complete a comprehensive Early Help Assessment and their intervention will be underpinned by working in partnerships with other services and agencies and will be time limited with progress regularly reviewed and tackle a wide range of issues including but not limited to:

- Self-esteem
- Self-confidence
- Understanding feelings, emotions and associated behaviours
- Support to develop positive coping strategies around e.g. low level self-harm, anxiety, poor emotional resilience, bereavement, family breakdown, impact of parent/carers mental health or drug/alcohol misuse
- Social and peer relationships
- Family relationships
- At risk of homelessness
- Personal safety e.g. exploitation, sexual exploitation, online safety, healthy relationships and risk taking behaviour
- Substance misuse (Tier 2 assessed substance misuse?)
- Personal and social development (including skills for life, learning and work),
- Support to build Resilience and decision making skills which contribute to their wellbeing

Who to contact

Telephone 01872 322277

E-mail earlyhelphub@cornwall.gov.uk

YOUR FAMILY HUB TEAM LOCALITY TWO

Early Help Team Manager—Samantha Alexander
01736 336601 salexander@cornwall.gov.uk

Early Help Coordinator—Clare Whittingham
01872 322318 cwhittingham@cornwall.gov.uk

Family Hub Coordinator—01736 336601

Area Parenting Lead—Myra Whitney
07800 610601 mwhitney@cornwall.gov.uk

YOUR LOCAL HEALTH TEAMS

Health Visitors:

Camborne: 01209 318525

Redruth: 01209 318877

Helston & The Lizard: 01326 430303

Midwives:

Camborne: 01209 842172

Redruth: 01209 318801

Helston & The Lizard: 01326 430302

HELSTON FAMILY HUB

Monday

Bump to Baby

Antenatal courses

Please speak to midwife for a referral
9th -23rd April, 4th-18th June, 9th-23rd July
Mondays 5pm- 7.30pm

Passionate About ADHD

Mon 14th May – 25th June
9.30am – 12pm



Tuesday

OASIS

Oasis groups are for parents, carers or grandparents of children or young people with any impairment or condition. FREE, friendly and informal sessions. Attend on your own, with your child or siblings.
MONTHLY
24th Apr, 22nd May, 26th Jun, 24th July
1pm-3pm

WILD Young Parents

Free crèche and support group for young parents.

9.30am—11.30am weekly

HELSTON FAMILY HUB

Wednesday

Young Mums Will Achieve

A course for young mums (from age 14 up to 19) facilitated by Cornwall College.

For information please contact Rachel Jones on 07973913488
10am—3.30pm Weekly

Thursday

Baby Group

Run by Flying Start
10am—11.30am
5th & 12th Apr, 3rd & 10th May, 7th Jun, 5th July, 2nd, 9th, 16th, 23rd & 30th Aug

Early Help Family Worker Drop In

Do you need?
To understand your child's needs and behaviours
Advice on positive parenting and how to keep your child safe
To understand the importance of routines for your family
Advice and Guidance on the Team Around the Child Process
Monthly drop in
12th Apr, 10th May, 7th June, 5th July - 2.30pm—3.30pm



IMPORTANT NUMBERS

Domestic Abuse Support

Free confidential support for anyone who has experienced or is experiencing any form of domestic abuse.

WRSAC (Women & Teenage Girls): 01208 79992
Susie Project (Women & Teenage Girls): 01872 225629
CRASAC (Men, Women & Teenage Girls): 01872 262100

Free 2 Go!
Free early education and childcare for 2 year olds
If you have a 2-year-old and your household income is less than £16,500, your child could be entitled to 15 hours a week, term time only of free early education and childcare.

To find out more contact the Family Information Service:
11 0900 507 8191
family@cornwall.gov.uk
or go to www.cornwallfamilyinfo.org.uk

Foodbank:

Facing crisis? Is buying food an issue? The foodbank can help.

Foodbank vouchers can be obtained from:

Helston Family Hub
Redruth Family Hub
Treloweth Family Hub
Troon Family Hub

Breast-feeding Support

National Breastfeeding Support
Helpline: 0844 20 909 20

Volunteering

Would you like to volunteer in your Family Hub?

Do you have an interest that you might like to take up as a career?

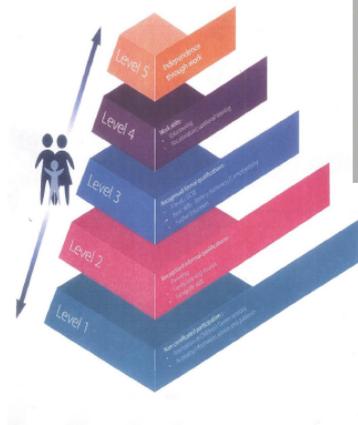
Then go online at:

www.volunteercornwall.org.uk

Stop Smoking Service

For advice text GIVE UP and your post-code to 88088. The helpline is open 7am—11pm telephone 0300 123 1044

Supporting Cornwall's Families to Independence



We work in partnership with Job Centre Plus, Adult Education, Family Learning, Cornwall Works with Families, Link into Learning, Family Information Services, Cornwall Colleges and many more.

Please see your local Family Hub What's On Guide for information on the courses available and contact details, if you require further information.

citizens advice Cornwall

Citizens Advice Cornwall

Provides free and confidential advice for the challenges that you face. One to one appointments are available at the Family Hub for you to get advice and support with debt, benefits, employment and other areas. **Please call Family Hubs or CAC on 0344 499 4188**

HELSTON FAMILY HUB

Thursday cont'd

Citizens Advice Cornwall

Please ring 01326 560417 to book an appointment.
12th & 26th April, 10th & 24th May,
14th & 28th June, 12th & 26th July
9.30am – 12.30pm



Friday

Incredible Babies

Course covers: Getting to know your baby, babies as intelligent learners, providing physical, tactile and visual stimulation, parents learning to read babies minds, gaining support and babies emerging sense of self

Please contact Myra Whitney, Parenting and Adult Education Lead, on 01209 310000 to book your place.

Fridays 18th May – 13th July
9.30am – 11.30am



REDRUTH FAMILY HUB

Monday

Baby Group

Run by Flying Start
1.30pm–3pm
9th & 30th Apr, 4th Jun, 2nd July, 6th, 13th & 20th Aug

Citizens Advice Cornwall

Please ring 01209 310000 to book an appointment.
30th April, 7th & 21st May, 18th June, 16th July
10am–2pm

Also
Tuesday 17th April
10am–2pm

Tuesday

N.E.S.T

N.E.S.T. is a small nurture session supporting referred families with building their confidence in supporting their child through play. **Referral only.**
1.30pm–3pm weekly

Incredible Years 3-6 Years

Sessions include difficult behaviour, promoting self-esteem, developing routines, play, positive parenting, praise and rewards. **Please contact Myra Whitney, Parenting and Adult Education Lead, on 01209 310000 to book your place.**
17th April-10th July
9.30am–11.30am

REDRUTH FAMILY HUB

Tuesday cont'd

Early Help Family Worker Drop In

Do you need?
To understand your child's needs and behaviours
Advice on positive parenting and how to keep your child safe
To understand the importance of routines for your family
Advice and Guidance on the Team Around the Child Process
Monthly drop in
3rd Apr, 1st May, 5th June, 3rd July
2.30pm–3.30pm

Wednesday

Take 3

Whether you have current worries about your teenager or would just like to understand your child better, this course will have something for you.

Please contact the Early Help Hub on 01872 322277 to book your place
Wednesday 2nd May – 11th July
6pm–8pm

WILD Young Parents

Free crèche and support group for young parents.
1.30pm–3.30pm weekly

Child Health Clinics

9.30am–11.30am weekly

REDRUTH FAMILY HUB

Thursday

Bosom Buddies

10.30am–12.30pm weekly



Friday

Bump to Baby classes

Please speak to midwife for a referral
13th – 27th Apr, 6th - 20th July
2pm – 4.30pm.



Early Help Hub

The early help hub is the single point of access for professionals, families and young people to access Early Help Services in Cornwall.

What Early Help is available?

Autistic Spectrum Disorder Assessment
Child & Adolescent Mental Health Services
Child & Adolescent Mental & Learning Disability Service
Children's Community Nurses & Psychologists
Early Years Inclusion Service
Family Group Conferencing
Family Intervention Project
Family Support, Health Visiting (over 2 years)
Paediatric Epilepsy Nurse Specialists
Parenting Support
Portage, School Nursing, Speech & Language Therapy
Targeted Youth Support

Contacting the Early Help Hub

An Early Help Services request can be made by a professional or family by completing a Request for Help form is available on the website and email it to: earlyhelphub@cornwall.gov.uk or by

Telephoning: **01872 322277**

www.cornwall.gov.uk/earlyhelphub.

The hub is open Monday – Thursday 8.45am – 5.15pm and Fridays 8.45am – 4.45pm (Closed on Bank Holidays)

Keeping Children Safe in Cornwall and the Isles of Scilly

If you have any concerns regarding a child's safety please contact:

Cornwall Children's Social Care Multi-Agency Referral Unit (MARU) on 0300 1231 116

Cornwall Children's Social Care Out of Hours on 0300 1234 100

INFORMATION, ADVICE AND GUIDANCE

Parenting Courses

A range of FREE courses available through your Family Hub to support you and your child...

Sometimes being a parent is a challenge. Our courses can help you cope with the everyday demands of bringing up a family. You can gain new skills, build confidence and self-esteem and make new friends. Free courses include:

Incredible Years: 1-3 years; 3-6 years; 6-12 years

Time Out Courses: For parents of children with additional needs, Time Out for Special Needs, Time Out for ADHD and Time Out for ASD

Susie Project Recovery Toolkit: The Susie Project for survivors of domestic violence/abuse runs drop-in/support groups.

Ante-natal: From Bump to Baby: This fantastic 3 week course at your local Family Hub provides parents-to-be with all the information and skills they need.

For more information about any of the courses please contact your local Family Hub, find out more by contacting your **Family Hub** or book a place by contacting the **Early Help Hub**.



Family Support Advice Sessions

Appointment Only

If you have a child under the age of 13 and need some advice, then we can help:

One to one appointments for information, advice and guidance on parenting, housing, relationships, grants, benefits, adult learning.

For an appointment contact: Redruth Family Hub 01209 310000

Helston Family Hub 01326 560417

CAMBORNE FAMILY HUB

Tuesday

Child Health Clinics
9.15am—11.15am weekly

Citizens Advice Cornwall
Free confidential advice.
Please ring 01209 310000 to book an appointment.
10th & 24th April, 8th & 22nd May,
12th & 26th June, 10th & 24th July
10am—2pm



WILD Young Parents

Free crèche and support group for young parents.
12.15pm—2.15pm weekly

Wednesday

Bump to Baby classes
Please speak to midwife for a referral
9th – 23rd May, 6th – 20th Jun
5pm – 7.30pm

Breast Friends
10am—12pm weekly

Incredible Babies

Course covers: Getting to know your baby, babies as intelligent learners, providing physical, tactile and visual stimulation, parents learning to read babies minds, gaining support and babies emerging sense of self
Please contact Myra Whitney, Parenting and Adult Education Lead, on 01209 310000 to book your place.

25th April—20th June
1pm—3pm

CAMBORNE FAMILY HUB

Friday

Looking Up

A group for babies and toddlers with Downs Syndrome.

13th April, 11th May, 8th June, 13th July
10am—12pm

Incredible Years 1-3 years

Gooseberry Bush Nursery
4th May – 13th July
9.30 – 11.30am



TRELOWETH FAMILY HUB

Monday

OASIS

Oasis groups are for parents, carers or grandparents of children or young people with any impairment or condition. FREE, friendly and informal sessions. Attend on your own, with your child or siblings.

MONTHLY

14th May, 25th June, 23rd July
1pm—2.30pm

Citizens Advice Cornwall

Free confidential advice.
Please ring 01209 310000 to book an appointment.
9th & 23rd April, 14th May
10am—2pm

Tuesday

Time Out for Autism Spectrum Disorder

The course covers gaining an increased understanding of how ASD affects the individual, practical suggestions to try at home and support and advice about rewards, routines and rules that work and much more.

Please contact the Early Help Hub on 01872 322277 to book your place.

24th April—15th May
9.30am—2.30pm



TRELOWETH FAMILY HUB

Wednesday

Child Health Clinics
1.30pm—3.30pm weekly

Thursday

Incredible Years 6-11 Years

Sessions include difficult behaviour, promoting self-esteem, developing routines, play, positive parenting, praise and rewards

Please contact Myra Whitney, Parenting and Adult Education Lead, on 01209 310000 to book your place.

19th April—12th July
9.30am—11.30am

TROON FAMILY HUB

Wednesday

Multiple Birth Group

A play session for multiple birth families. Please ring 01209 611700 to book.

4th & 18th April, 2nd & 16th May,
6th & 20th June, 4th & 18th July
10am—11.30am

ST ELVAN'S FAMILY HUB

Wednesday

Tiny Feet Baby Group

Run by First Steps Nursery
01326 565662

09:30 – 11:00 weekly



Friday

Young Mums Will Achieve

A course for young mums (from age 14 up to 19) facilitated by Cornwall College.

For information please contact Rachel Jones on 07973913488
10am—3.30pm Weekly





Highlights of the day

10:15am Bal Maidens & Miners dance (Children)

2:15pm Trevithick's Dance

3:30pm Steam engines leave Basset Road for steam parade along main streets

Steam engines on display all day

Model exhibition – Parish Church

Historic vehicles – Union Street

Fun fair – Rosewarne Car Park

Schools art competition – Masons Hall, Cross Street

Music and entertainment at 4 stages 10am to 5pm

Park & Ride: Cornwall College (TR15 3RD Tolvaddon Road Entrance) – buses provided by Cornwall Bus Preservation Society



www.facebook.com/TrevithickDay

<http://www.trevithick-day.org.uk/>