

**Weekly Newsletter**  
**Spring 2021 – 3**  
**Friday 26<sup>th</sup> March 2021**

www.penponds.cornwall.sch.uk  
 01209 713 929  
[secretary@penponds.cornwall.sch.uk](mailto:secretary@penponds.cornwall.sch.uk)

 @penponds\_School



**Red Nose Day**

The total raised by the school on Red Nose Day on Friday 19<sup>th</sup> March for Comic Relief was £94.50. Thank you everyone for all your donations.



**Tea Party with Mrs Lamb**

Mrs Lamb has held her first tea party for this term for some of our wonderful avid readers.



**Staff update**

We are pleased to be able to share the following good news with you. Mrs Richards and Mr Hooper will be staying with us next year. This will ensure consistency going forward for our children and the school. Both Mr Hooper and Mrs Richards have been absolutely brilliant during the last year covering maternity leaves and supporting the children during two lockdowns. We are very grateful for all their hard work and feel very fortunate to have them in our team.

**Dates for your diary:**

**Mondays**

**8<sup>th</sup>/15<sup>th</sup>/22<sup>nd</sup>/29<sup>th</sup> March**

Cornish Pirates Rugby  
 Training sessions – Years  
 3/4/5/6 (during school  
 time)

**Monday 29<sup>th</sup> March**

Dr Bike (Dave from  
 Sustrans) in school from  
 8.15am offering free cycle  
 servicing

**Last Day of Spring Term**

Thursday 1<sup>st</sup> April 2021

**First Day of Summer Term**

Monday 19<sup>th</sup> April 2021

**May Bank Holiday**

Monday 3<sup>rd</sup> May 2021

**Summer Half-Term week**

31<sup>st</sup> May – 4<sup>th</sup> June 2021

**Last day of Summer Term**

Wednesday 21<sup>st</sup> July 2021

**Inset Days:**

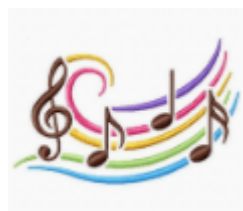
Thursday 22<sup>nd</sup> July 2021

Friday 23<sup>rd</sup> July 2021

## Music Lessons

The following music lessons are available:

**Keyboards** on Monday afternoons with Mr Kneebone  
**Singing** on Thursday afternoons with Mrs Bailey  
**Guitars** on Friday mornings - Mr Field



If your child is interested in having Guitar or Keyboard lessons please contact the Cornwall Music Service Trust:

<http://cornwallmusicservicetrust.org>  
[office@cornwallmusicservicetrust.org](mailto:office@cornwallmusicservicetrust.org)



For singing lessons contact Mrs Bailey:  
[Kirsty.bailey26@hotmail.com](mailto:Kirsty.bailey26@hotmail.com)

## Car Park



Please ensure that you reverse into a space when you park in the school car park. This will help to keep our children and adults safe when they arrive in the morning and leave at the end of the day. Thank you for your support.

## Covid 19

If your child or anyone in your household develops symptoms of Covid-19 then you need to isolate and book a test via the Government website

<https://www.gov.uk/get-coronavirus-test>



Get a free NHS test to check if you have coronavirus - GOV.UK

You can have a swab test to check if you have coronavirus (COVID-19) now. Who can get a free test. You can only get a free NHS test if at least one of the following applies:

[www.gov.uk](https://www.gov.uk)

We have a designated email address set up if your child tests positive for Covid-19. Please email [covid@rainbowacademy.org.uk](mailto:covid@rainbowacademy.org.uk)

## First day of Autumn Term 2021/2022

Tuesday 7<sup>th</sup> September

### Inset Days:

Monday 6<sup>th</sup> September 2021

Tuesday 4<sup>th</sup> January 2022

Friday 8<sup>th</sup> April 2022

Monday 25<sup>th</sup> July 2022

Tuesday 26<sup>th</sup> July 2022

## Attendance this week

Carn Brea Class: 98%

Godolphin Class:

Y1 – 95%

Y2 - 98%

Trencrom Class– 99%

Tregonning Class- 97%

## Class Certificates

### Carn Brea

Olsen, Archie, Blake

### Godolphin

Elffin, Annabella, Willow

### Trencrom

Issie, Brody, Maisy

### Tregonning

Jayden, Gwyddion, Oliver

## Headteacher Certificates

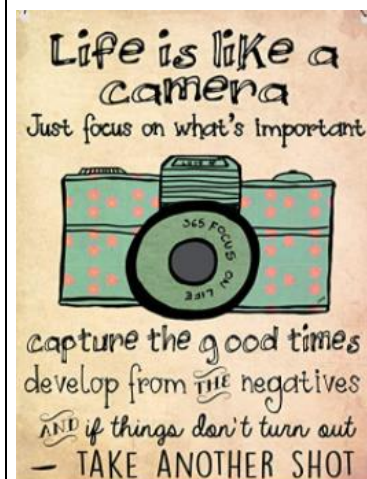
Isla, Jasper P, Hermione, Willow, Ben, Mylo, Charlotte

## Posters

Please see attached:

- Dr Bike at Penponds on Monday 29<sup>th</sup> March from 8.15am – cycle or scoot into school for a FREE service
- Sustrans Big Pedal – 19-30 April
- Wraparound care booking sheet for April and May. To book please complete the booking sheet and send to Mrs Wood in the office. Payment via Parentpay in advance please
- Chartwells new school lunch menu starting after Easter. Lunches for Reception, Years 1 and 2 children are Free and for Years 3, 4, 5, 6 children are £2.40 payable in advance or on the day via Parentpay please

## Quote



## Poem

A little seed for me to sow  
A little seed to make it  
grow



A little hole, a little pat,  
A little wish, and that is  
that.  
A little sun, a little shower.  
A little while,  
And then, a flower!



# Dr Bike at Penponds



Cycle or Scoot into school on  
Monday 29<sup>th</sup> March for a **FREE** service.  
Dave from Sustrans will be here from 8.15am.







# Go on an amazing journey every day

Win prizes by taking part in the UK's biggest inter-school cycling, walking, wheeling and scooting competition.

Join in whether you're learning at school or at home.

Are you taking part?

**19–30 April 2021**

[www.bigpedal.org.uk](http://www.bigpedal.org.uk)

Prize sponsors include:

**FUSION**  
EXTREME

**cyclehoop**

**loffi.**

**m-aro**

**broxap**

**plume labs**

**FOG**

Sustrans is a registered charity no. 285558 (England and Wales) SC038942 (Scotland). © Sustrans 2021

**sustrans**  
JOIN THE MOVEMENT

# Breakfast Club and After School Club    Booking Sheet – Summer 2021

Child/Children's Name/s: .....

Parent/Carer Name & Telephone Number: .....

Payment made: .....

Please tick the sessions you would like to book for your child/children and pay via Parentpay or Childcare Vouchers

DAY	DATE	BREAKFAST CLUB	AFTER SCHOOL CLUB				Payments
		<b>£3.50</b>	3.20-4pm	4-4.30pm	4.30-5pm	Not available after 5pm	<b>£2 per half-hour session</b>
		siblings £2.00					siblings £1.50
Monday	19 <sup>th</sup> April						
Tuesday	20 <sup>th</sup> April						
Wednesday	21 <sup>st</sup> April						
Thursday	22 <sup>nd</sup> April						
Friday	23 <sup>rd</sup> April						
Monday	26 <sup>th</sup> April						
Tuesday	27 <sup>th</sup> April						
Wednesday	28 <sup>th</sup> April						
Thursday	29 <sup>th</sup> April						
Friday	30 <sup>th</sup> April						
Monday	Bank Holiday	No Bookings					
Tuesday	4 <sup>th</sup> May						
Wednesday	5 <sup>th</sup> May						
Thursday	6 <sup>th</sup> May						
Friday	7 <sup>th</sup> May						
Monday	10 <sup>th</sup> May						
Tuesday	11 <sup>th</sup> May						
Wednesday	12 <sup>th</sup> May						
Thursday	13 <sup>th</sup> May						
Friday	14 <sup>th</sup> May						
Monday	17 <sup>th</sup> May						
Tuesday	18 <sup>th</sup> May						
Wednesday	19 <sup>th</sup> May						
Thursday	20 <sup>th</sup> May						
Friday	21 <sup>st</sup> May						
Monday	24 <sup>th</sup> May						
Tuesday	25 <sup>th</sup> May						
Wednesday	26 <sup>th</sup> May						
Thursday	27 <sup>th</sup> May						
Friday	28 <sup>th</sup> May						



WEEK 3		W/C: 26/04, 17/05, 07/06, 28/06, 19/07, 09/08, 30/08, 20/09, 11/10, 01/11, 22/11, 13/12, 03/01, 24/01, 14/02, 07/03, 28/03, 18/04	
MONDAY	HOT SPECIALS...	DAILY FAVES...	SIDES... PICK A PUDDING!
	<b>Cheese &amp; Tomato Pizza</b> Cheesy tomato topped pizza slice ..... <b>Beef Meatballs &amp; Pasta</b> Classic Italian beef meatballs in a tomato sauce	Jacket Potato with baked beans	Sweetcorn or Green Beans Oat & Honey Shortbread
TUESDAY	<b>Traditional Mac 'N' Cheese</b> Delicious macaroni in a creamy cheese sauce ..... <b>Chicken Korma with Rice</b> Chicken in a mild curry sauce with rice	Jacket Potato with tuna & cucumber mayo	Peas or Carrots Yoghurt & Granola
WEDNESDAY	<b>Roast Ham with Roast Potatoes and Gravy</b> Sliced ham with roasties and gravy ..... <b>Quorn Sausage &amp; Potatoes with Gravy</b> Roast potatoes with Quorn sausages and rich gravy	Jacket Potato with cheese or baked beans	Cabbage or Carrots Banana Cake & Custard
THURSDAY	<b>Cheese &amp; Tomato Pasta</b> Tomato and basil sauce with fusilli pasta topped with cheese ..... <b>Butternut Squash &amp; Chickpea Curry with Rice</b> A butternut squash and chickpea curry	Jacket Potato with veggie bolognese	Spring Vegetable Mix Yoghurt & Fruit Slices
FRIDAY	<b>Fish &amp; Chips</b> Our traditional Friday favourite ..... <b>Veggie Burger &amp; Chips</b> A delicious Quorn burger with chips	Jacket Potato with coleslaw & cheese	Baked Beans or Peas Apple & Mango Drizzle Cake

**Food Super Heroes Menu**

YOUR FAVOURITES available every day

OUR NEW MENU! chosen by our parents and children

**£2.40**

**THREE WEEK MENU**  
2021/22

Chartwells

**WEEK 1**  
W/C: 03/05, 24/05, 14/06,  
05/07, 26/07, 16/08, 06/09,  
27/09, 18/10, 08/11, 29/11, 20/12, 10/01, 31/01,  
21/02, 14/03, 04/04

**WEEK 2**  
W/C: 19/04, 10/05, 31/05,  
21/06, 12/07, 02/08, 23/08,  
13/09, 04/10, 25/10, 15/11, 06/12, 27/12, 17/01,  
07/02, 28/02, 21/03, 11/04

## HOT SPECIALS...

### Sausage & Mash with Gravy

Mash with pork and beef sausages and rich gravy

### Cheese & Tomato Pasta

Tomato and basil sauce with fusilli pasta topped with cheese

### Traditional Mac 'N' Cheese

Delicious macaroni in a creamy cheese sauce

### Chicken Tikka Masala with Rice

A delicious mild Chicken Tikka Masala

### Roast Beef with Roast Potatoes & Gravy

Succulent roast beef with roasties and gravy

### Sweet Potato & Chickpea Loaf

with roast potatoes & gravy

### Cheese & Tomato Pizza

Cheesy tomato topped pizza slice

### Vegetable Burrito

A soft wrap filled with lightly spiced veggies and rice

### Fish & Chips

Our traditional Friday favourite

### Veggie Nuggets & Chips

Battered Quorn nuggets with chips

## DAILY FAVES...

### Jacket Potato

with cheese or baked beans

### Jacket Potato

with salmon & cucumber mayo

### Jacket Potato

with baked beans

### Jacket Potato

with veggie bolognese

### Jacket Potato

with tuna mayo or cheese

## SIDES...

Green Beans

or Carrots

Spring Vegetable Mix

Cabbage

or Carrots

Sweetcorn

or Coleslaw

Baked Beans

or Peas

## PICK A PUDD!

Yoghurt & Granola

Apple & Mango Drizzle Cake

Jammy Jack Flapjack

Oat & Honey Shortbread

Yoghurt & Fruit Slices

## HOT SPECIALS...

### Cheese & Tomato Pizza

Cheesy tomato topped pizza slice

### Beef Pasta Bolognese

A classic Italian beef bolognese in a yummy tomato sauce

### Sausage & Mash with Gravy

Mash with pork and beef sausages and rich gravy

### Veggie Chilli & Rice

A classic vegetable chilli served with rice

### Roast Chicken with Roast Potatoes & Gravy

Delicious roast chicken with roasties and gravy

### Sweet Potato & Chickpea Loaf

with roast potatoes & gravy

### Traditional Mac 'N' Cheese

Delicious macaroni in a creamy cheese sauce

### Chicken Fillet Sandwich with Diced Potatoes

A chicken fillet sandwich with diced potatoes

### Fish & Chips

Our traditional Friday favourite

### Cheese & Vegetable Frittata & Chips

Yummy cheese and vegetable frittata with chips

## DAILY FAVES...

### Jacket Potato

with cheese

### Jacket Potato

with baked beans

### Jacket Potato

with cheese or baked beans

### Jacket Potato

with tuna & cucumber mayo

### Jacket Potato

with veggie bolognese

## SIDES...

Peas & Sweetcorn

Green Beans

or Peas

Cabbage

or Carrots

Green Beans

or Sweetcorn

Baked Beans

or Peas

## PICK A PUDD!

Muesli Flapjack

Yoghurt & Fruit Slices

Jammy Jack Flapjack

Yoghurt & Granola

Banana Cake & Custard

Vegetarian Oily fish  
Wholegrain Fruity!

Water, salad, bread and fruit

Available every day!

Vegetarian  
 Oily fish  
 Wholegrain  
 Fruity!

Water, salad, bread and fruit Available every day!