



Weekly Newsletter
 Summer 8 Friday 21st June 2019
www.penponds.cornwall.sch.uk
 01209 713929
secretary@penponds.cornwall.sch.uk

 @Penponds_School



This week's focus: Fun by the Sea

Minack Theatre – Godolphin and Carn Brea Classes

On Tuesday the 18th June we visited the Minack Theatre to watch Ali Baba and the Forty Thieves. First we got on the bus for an hour and travelled to the theatre. When we got there we had lunch and walked up the steep hills that lead to the theatre. We sat down and waited for the other schools to get there. Then the show started. It was very funny. The best bit was when a man was trying to open the cave door but he couldn't remember the words. The man kept saying the wrong thing. Some of the things he said were Open Celery, Open Sellotape and many more funny things. The correct words were "Open Sesame"! We really enjoyed the show and we wish we could see the whole thing again. We were amazed that they managed to do a whole show with only five people! By Laurie and Ellie



Dates for your diary:

.....
Friday 28th June – Sports Day – starts at 1.30pm

2nd-4th July – RMAT London Trip – Tregonning Class

Thursday 11th July Y5 Science Workshop at CSIA – bus at 8.45am

Friday 12th July – Penponds Family Festival – starts at 3.30pm

Monday 15th July – KS2 Dress rehearsal for Summer Show

16th and 17th July – KS2 Summer Show 6.30-7.30pm

15th-19th July – Work Experience Students in school

15th and 16th July – Transition Days for Year 6 at CSIA

Wednesday 17th July – Reports to parents

Wednesday 24th July – Leavers' Assembly at 9.15am

Last day for children

Thursday 25th July – INSET Day/Staff Training
No children in school

First day back for children:



Thursday 5th September 2019

INSET DAYS 2019/2010

Wed 4th September 2019

Mon 6th January 2020

Fri 12th June 2020

Mon 15th June 2020

Thu 23rd July 2020

Attendance and Awards for this week:

Attendance:

Carn Brea: 98.25%

Godolphin:

Y1 – 92.16%

Y2 – 93.21%

Trencrom – 94.19%

Tregonning - 93.59%

Attendance Trophy

Carn Brea Class

Celebration Awards:

Lunchtime Award:

Lilly, Lily De, Keira, Eadie

Carn Brea: Hermione, Holly, Isobel

Godolphin:

Y1 Abbie, Emily R, Toby

Y2 Harry, Janise, Charlie

Trencrom

Alex, Tristan, Jess

Tregonning

TJ, Lilly

Maths

Zara, Eadie, Charlotte, Ethan

Headteacher

Grace, Eloise, James, Piran E, Sophia, Harry M, la

Quote of the Week:

Teach your children they're unique. That way, they won't feel pressured to be like everybody else.
Cindy Cashman

Global Boarders Surfing Day – Tregonning Class

On Tuesday 18th June, Class 4 went to Gwithian beach to learn to surf. First we brought our surf boards to the beach. Then we learnt some techniques to catch waves on our belly. The water was freezing! After a few hours it was time for lunch. After that we learnt to stand up on our boards. Then it was time to get back into the water. Many people fell off, but a lot managed to stand up. Overall it was a fun session. A lot of people managed to surf and it was successful. By Rosie and Jasmine





Camborne Primary Sports Alliance Presentation Evening

On Thursday 20th June Camborne Science and International Academy hosted the annual Primary Sports Alliance Presentation evening which celebrates children's sporting achievements over the school year for the whole primary cluster, a total of 8 schools. Some children went on a Playleader course at the beginning of the year and were logged at how many hours they work helping the younger children at lunchtime to play games, interact with each other, make new friends and grow confident in the playground. Penponds School had 11 children getting their Bronze award. They were Eloise, Jessica O'C, Emelia, Hollie, Keira, Jasmine H, Ellie S, Ellena, Lemmie, Maddie and Jasmine C. We had 3 children who logged 20 hours and got their Silver award they were Eloise, Jessica and Emelia. Well done to all our award winners. Congratulations to Jake who was presented with the CSIA PE Alliance Athlete of the Year out of all the primary schools in Camborne.



Save the date – Penponds Family Festival!



Penponds School is holding its annual Family festival on Friday 12th July from 3.30pm. Last year we raised £1500 and we're keen to beat that in 2019! We need as much help as possible with live music, stall holders, face painting, activities for the children, food drink and much more! If you know any stall holders/musicians that might be

interested please can you pass the details onto them and ask them to contact the school to book a table.

SPORTS4TOTS



Please vote for Sports 4 Tots at
www.cornwallbusinessawards.co.uk



Deadline: 27th June

We are finalists in the Cornwall Business Awards and we need your votes!

We are up against some big companies so if you believe in what we do then please please vote for us. There is no financial gain, it only takes 2 clicks and you don't have to enter any information.

Winning will help us teach, inspire and get even more children active.

Thank you for your support and hopefully your vote.

To vote go to www.cornwallbusinessawards.co.uk. Click on 'vote for business of the year'. Scroll down and click 'vote now' under our logo.



If you feel passionately enough about what Sports 4 Tots do then you could even vote again on a different device!

To find out more about Sports 4 Tots visit our web site at www.sports4tots.org.uk.

For regular updates 'Like' us on Facebook and Instagram.

SW INFLATABLE THEME PARKS



Camborne Rugby Club

TR14 7JP

FREE
FACE PAINTING
meet

Micky and mini
and adults go free!

22ND-23RD
JUNE

10.00-12.00
12.30-14.30
15.00-17.00

11 LARGE
ATTRACTIONS

plus soft play only £6!
Ages 13 and under



www.swinflatablethemeparks.co.uk



In today's digitally connected world, children and adults are constantly presented with new ways to engage, react and contribute. We're sociable beings; it's a natural human instinct, especially amongst younger audiences, to want to belong and join in. Viral Challenges (as they're often known) draw on these emotions and, as the name suggests, spread and gather pace very rapidly. New challenges are constantly emerging and evolving. They're often completely innocent, raising awareness of worthy causes or simply providing amusement. However, they can have much more sinister undertones, putting children at risk of physical harm or, in extreme cases, fatal injury.



What parents need to know about ONLINE CHALLENGES

MENTAL HEALTH & WELLBEING

As well as having the potential to cause actual physical harm, some challenges can be extremely upsetting for children. Many are created with the sole purpose of instilling fear in an individual in order to coerce them into doing things that could have a long-term emotional effect on them.

VARYING LEVELS OF RISK

As a parent or carer, it's important to take a balanced view and understand that not everything online has the potential to do harm. Mass-following and interaction can be a force for good. For example, the Ice Bucket Challenge, which swept the nation, set out to raise money and awareness of Amyotrophic Lateral Sclerosis (ALS). At its height, over 28 million people uploaded, commented on, or liked Ice Bucket Challenge related posts on Facebook. It's equally important to be aware though that online challenges often have a darker side. Malicious trends and challenges can expose children to dangerous or even life-threatening situations, so it's critical that parents and carers are aware of the latest risks and understand what steps to take to mitigate them.

'FOMO' - FEAR OF MISSING OUT

The 'Fear of Missing Out' (FOMO) is a strong emotional characteristic, particularly displayed in young people. The nature of viral challenges encourages children to explore and push boundaries. They tap into FOMO by feeding on a child's natural desire to join in, be accepted and share experiences with their friends and the wider online community. A recent study also found that FOMO is one of the greatest causes of Social Media addiction.



STRIVING FOR LIKES

In a major study by the Children's Commissioner, it was found that children as young as ten years old are reliant on 'Likes' for their sense of self-worth. A major concern around viral challenges is not knowing how far children will go to earn 'Likes'. Couple this growing appetite for acceptance with commonplace peer pressure and the potential problem is compounded. The result is that when young people are drawn into online challenges, because it is what all their friends are doing, saying 'no' can seem like a very hard thing to do.

"The coolest person at school will start a trend and then everyone copies her"
Merran, 12, Year 7

"If I got 150 likes, I'd be like that's pretty cool it means they like you"
Aaron, 11, Year 7



National
Online
Safety®



Top Tips for Parents



COMMUNICATION & MONITORING

It's important to talk to your child regularly and monitor their online activities. Encouraging honesty and openness, will give you a much clearer viewpoint of how your child is interacting online and what concerns they have. Create an atmosphere of trust. Ensure they feel they can confide in you or another trusted adult regarding anything they may have seen or experienced online that's upset them.

THINK BEFORE ACTING

As with most concerns in life, let common sense prevail when it comes to Viral Challenges. Young people need the freedom and space to explore and going in all guns blazing may well be counter-effective. Address the importance of safety and wellbeing, both online and offline, by getting the facts and understanding the risks. Start a discussion about the Online Challenges that may have captured your child's interest, gauge their likely involvement and explain the importance of thinking and acting independently when it comes to participating.

SETTING UP EFFECTIVE PARENTAL CONTROLS

As with all online activity, ensuring you have effective parental controls set up on all devices will help filter and restrict the dangerous or inappropriate content you don't wish your child to access. Additional measures for protecting your child include checking the privacy settings on your child's devices, monitoring their friends list, ensuring their personal information is safe and secure and keeping a watchful eye on the content they're sharing.

REPORTING & BLOCKING

Parental controls can only go so far in blocking potentially harmful content. A rise in the decoding of social media algorithms, has led to age inappropriate content increasingly appearing on platforms and apps used by children. Where possible, you should regularly monitor what your child sees online and flag/report any content which is inappropriate or dangerous. You should take the time to talk to your child, define what you consider to be appropriate content and show them how to report and block users/accounts themselves.

VALIDATE SOURCES

Not everything is as it seems. Some people create fake content that's designed to 'shock' in order to encourage rapid sharing. If your child has seen something online that has triggered concern you should encourage them to, check its origin, verify that it came from a credible source and check the comments made for any clues to its validity.

FACING REALITY

Trends and Viral Challenges can be tempting for children to take part in; no matter how dangerous or scary they may seem. As a parent or carer it can be difficult to keep pace with the very latest Online Challenges emerging. In recent months these have included potentially dangerous crazes, including the 'Bird Box' challenge, which was inspired by Netflix's popular film and encourages followers to upload videos of themselves attempting everyday tasks while blindfolded. The best advice is to keep talking to your child. Show that your taking an interest and not just prying. Ensure your child knows they don't have to get involved and if they're unsure, let them know you're there to talk before they consider participating. Children often need reassurance that not everything they see online is real. If your child has viewed distressing or frightening content it's important to talk to them about their experience, support them and, if required, help them find additional support.

SOURCES:
<https://www.bbc.com/news/health-48442211> - How to protect your child from online dangers
<https://www.bbc.com/news/health-48442211> - How to protect your child from online dangers
<https://www.bbc.com/news/health-48442211> - How to protect your child from online dangers
<https://www.bbc.com/news/health-48442211> - How to protect your child from online dangers



**SWIM
SAFE®**

COME AND JOIN US AT
ST IVES, THE ISLAND

**FOR FREE OUTDOOR SWIMMING AND WATER
SAFETY SESSIONS FOR 7-14 YEAR OLDS**

**Surf House St Ives, The Island, Cornwall, TR26 1SY
22 July – 27 August***

Several sessions each day. Book your session in advance at
swimsafe.org.uk or on the day at the beach.

*Mondays and Tuesdays

Supported by





TAKE PART, HAVE FUN, STAY SAFE

Children and young people love swimming outdoors, but swimming in the sea, rivers and lakes is very different to swimming in a pool.

Swim Safe is a fun, free opportunity for children aged between 7 and 14 (able to swim 25 metres) to learn how to keep themselves safe when swimming outdoors, and what to do if they get into trouble.

From 22 July to 27 August on Mondays and Tuesdays, children will have the chance to take part in a fun, practical, interactive Swim Safe session at the Surf House St Ives, The Island and learn all about how to stay safe by the sea.

Each hour long session is completely **FREE** and includes safety advice from qualified lifeguards and up to 30 minutes in-water tuition with qualified swimming teachers.

Swim Safe is an inclusive activity that can be adapted for children with special educational needs and/or disabilities.

Visit **swimsafe.org.uk** to book your place, or visit us on the day.



Supporting Partner



Children must be able to swim at least 25 metres to take part.
Parents or carers must be present during the session.



A celebration of Cornish Mining.
Heartlands, 31st August, 2019

10.30-4.30

SOUTH CROFTY '39

FREE Eventbrite tickets:
First 50 handed in on the day
get a **FREE** goody bag!

FREE PARKING

FREE ENTRY
just turn up!

Further details from Eventbrite,
search for South Crofty '39

Email us at:
southcrofty39@gmail.com

Come and join us as we celebrate Cornish Mining History, and the 80th anniversary of the successful conclusion to the South Crofty Miners' Strike in 1939.

South Crofty '39 is a totally **FREE** inter-generational, family friendly day of talks, videos and presentations, with all sorts of family friendly entertainment and things to do as you wander around the entire Heartlands complex.

We will have a **bouncy castle** and a **bouncy assault course**, access to the **museum**, the **Puffing Devil** steaming around, a **NERF arena** (ask your children!), **archery**, **gardens**, music and singing including **Farrell Family** and the **Red River Singers**, **dialect stories** from Cornish Bard, **Trevor Smitheram**, and a great programme of talks and videos with guest speaker **Nigel Costley**, Regional Secretary for the TUC talking about the strike, and local expert and Cornish Bard, **Kingsley Rickard** giving us the benefit of his enormous Cornish mining history knowledge.