



Weekly Newsletter
Spring 2022 -
Tuesday 5th April 2022

www.penponds.cornwall.sch.uk
01209 713 929 secretary@penponds.cornwall.sch.uk



@penponds_School



Dr Bike – Sustrans

A big thank you to Dr Bike for his enthusiasm and hard work on Monday last week. He spent all day servicing bikes, often working with children to explain what he was doing - and why. It was great to see so many bikes in school. The children were encouraged to partake in the Sustrans Big Walk and Wheel week promoting being active and more energised, help the environment by replacing a car journey.



Dates for your diary:

Swimming Lessons

Trencrom Class Y3/4

Monday 4th April - last swimming lesson



Sports 4 Tots

Tuesdays 5th April – last session for this term

Extra-Curricular Clubs

No Extra-Curricular Clubs next week 4-7 April.

Parent Consultations

Tuesday 5th April and Wednesday 6th April



Parents need to sign up using the link in this newsletter. Children welcome to attend.

<https://cal.smoothbook.co/5da5ce6f84e31e7aa72ad4c2#/class>

Eden Project Trip - Tregonning Class

On Tuesday last week Tregonning class had a trip to the Eden Project. The workshop we took part in was a new one focussed on ways in which we can reduce our carbon footprint. Following a short discussion about climate change, the children were organised into groups and searched the grounds for clues, which they then linked to answers from a list provided. It was impressive how familiar many of the children are with the layout of the Eden Project. They could remember when they stayed in pods and hardly needed the map to find their way around. Following a short break, we then visited both biomes before leaving. The day was well organised and the main message was clear: there are solutions to help us deal with climate change; and we can all make a difference.



Trevaskis Farm Visit Carn Brea Class

Postponed until after Easter.
Date to be confirmed



Easter Movie Night

Thursday 7th April

FOPs Snuggledown/film night straight after school.

All children invited. Please bring £2.50 in cash on the day.



Last Day of Spring Term

7th April

Inset Days:

Friday 8th April 2022

Monday 25th July 2022

Tuesday 26th July 2022

Easter Holidays

9th-24th April inclusive

First Day of Summer Term

Monday 25th April

Camborne Trevithick Day

Saturday 30th April

Bank Holiday – School Closed

Monday 2nd May

School Group Photos

Friday 27th May

Half-Term week

30th May – 3rd June

First Day back after half-term

Monday 6th June

Global Borders Surf Days



Monday 27th June – Y3/4
Tuesday 28th June – Y5/6

Bikeability for Year 6

Wednesday 22nd June –
Friday 24th June

Last Day of Term

Friday 22nd July

Attendance:

Carn Brea: 70%

Godolphin: 85%

Trencrom: 95%

Tregonning: 85%

Quote:

When a flower doesn't bloom
you fix the environment in
which it grows, not the
flower.



Alexander den heider

Poem:

My skin is kind of sort of
brownish
Pinkish yellowish white.
My eyes are greyish blueish
green,
But I'm told they look orange
in the night.
My hair is reddish blondish
brown,
But it's silver when it's wet.
And all the colours I am inside
Have not been invented yet.



Shel Silverstein



Chess match v Trythall School

On Wednesday last week the chess club welcomed eight pupils from Trythall School, Penzance for a chess match. Everyone worked together to make it a success. I was very proud of how our children looked after the visitors. As well as friendly games, we played a match between two school teams of six. Penponds team consisted of Gwyddion, Jasper, Harry P, Bella, Brody and Elijah. They came out winners by a score of 3 1/2 points to 2 1/2. Well done to everyone!



Trencrom and Tregonning Classes

In Trencrom class last week, we have followed up our school trip last week by planting our own crops.



Trencrom and Tregonning classes have worked together to form great reading partners.



Rainbow Holi Red Nose and Spoon Race

We were due to be fundraising like the rest of the country for Comic Relief a few weeks ago, but as so many children and staff were not able to be in school due the Covid-19 outbreak we decided to postpone it to Friday 1st April – we didn't want so many missing the fun!

It was also the Hindu festival of Holi. Many of our children have been learning about Hinduism in their RE lessons and we felt that we would try and mark both events together. Holi is the festival of love, colours and spring and it is traditionally celebrated by people getting very colourful by throwing powder paint and getting very messy and colourful!

The One Show took part in the Red Nose and Spoon Race Challenge and we felt that we could do our own version in school and link it to learning about Holi too.





Simon Bailey – Visit to School

We were delighted to welcome Simon Bailey, international bass-baritone opera singer (and Mrs Bailey's brother-in law 😊) into school today. Simon spoke to children across the school about:

- alternative careers and job opportunities
- to think outside the box
- to follow their dreams with hard work
- live out our school vision of 'Aiming High, Achieving Our Best'

He shared his own journey of being a boy who grew up in musical family and the love for singing and the stage. He shared how he started out, his education and where he is now, travelling and singing across the world.



The children also experienced live music and listened to Simon sing. He explored his use of voice and range and took questions from the children.

To find out more about Simon Bailey visit www.simon-bailey.com or go and see him currently performing in the Welsh National Opera tour of Don Giovanni - nearest venue to us is Plymouth Theatre Royal [Don Giovanni Mozart | WNO](#)

Parent Consultations – Booking Open!

Parent Consultations will be held in the hall on Tuesday 5th April and Wednesday 6th April. Children are welcome to attend. Here's the link for parents to sign up. Copy and paste the link into your browser then sign in or register to access booking dates.



<https://cal.smoothbook.co/5da5ce6f84e31e7aa72ad4c2#/class>

Easter Movie Night - Thursday 7th April

All children invited to stay after school. Bring a pillow, blanket and cuddly toy to snuggle up and watch a movie together. FOPs will provide popcorn, drink and small chocolate Easter egg per child.

Carn Brea Class - watch short film in classroom – 3:15 – 4:30pm

Godolphin Class - watch slightly longer film in classroom – 3.15 – 4.30pm

Trencrom and Tregonning - watch full length film in hall – 3.15pm – 5.00pm

School Council: Rights Ambassadors held a vote. Right to a voice. This is what won:

Carn Brea Class – Ice-Age – Great Eggscapade

Godolphin Class – Stitch the Movie

Trencrom and Tregonning Classes – Diary of a Wimpy Kid



There will be a charge of £2.50 to attend this event to be paid by cash on the day.

If any parents would like to help on the night please let Mrs Watts know by emailing her direct on : tawatts@rainbowacademy.org.uk

Lost Property

We have a lot of lost property, mainly sweatshirts in school. These will be put outside for parents/carers to look through. Anything not claimed will be sold in a second-hand uniform stall available during parent evenings and movie night on Thursday. Items will be £1 with proceeds going to FOPs.



Invite to Information Session for Parents on Internet Safety -

See survey later in the Newsletter. To continue our work, we have teamed up with South West Grid for Learning and have arranged for them to deliver a Parent/Carer Information session on **19th May 2022**. All adults with an association with the school are invited. The cost for this session has been requested to be covered by FOPs. It is not suitable that children attend this session.

I have shared the above survey data with the trainer and have asked that part of the session is practical, so parents/carers can bring in devices and be supported in setting up controls and restrictions with the trainer. Nearer the time a survey will be sent out to ensure the session is specific to the needs of Penponds.

To ensure maximum attendance, please complete the online form to state your preferred time for this session.

3.30-5.00pm, 4.30 – 6.00pm or 5.00pm-6.30pm.

Any times running over 5:00pm cost more, but I would rather pay more and have greater attendance. The most popular time slot will be booked. If your preferred time is not the most popular, we hope this gives you as much notice to keep the 19th May free. As a parent of a 13 and 10-year-old, I understand the challenges that are faced with screen time arguments, parental controls and dealing with a child who thinks they know it all too!

Our young people are often ahead of the game - in terms of their skills (my son is often called to 'fix' the TV) - but we have the experience of spotting dangers and the responsibility to keep them safe when using the internet in this fast-ever-changing world.

We look forward to seeing you on 19th May.

Barripper Village Association – Notification of Future Events

The Platinum Jubilee – Big lunch on Sunday 5th June

The Barripper Village Association are planning a community lunch on the playing field (Barripper Park) to celebrate this wonderful occasion. Their theme is the 1950's and will encourage participants to dress for the occasion – be it costume, a hat or a hairdo.

They will have a mini bus running from the village to carry personnel to the playing field if they are unable to access their own transport and / or unable to walk the distance.

They invite all to bring their own picnic with a 'sharing table' for anyone to contribute and take from.

Barripper Harbour Day – Sunday 7th August

The Barripper Village Association are in the early planning stages of this event where they will have a dog show, craft stalls, car boot, fun football and much more.

Penponds Church Events

Saturday April 9th from 2.30pm Easter Tea at church, with an Easter bonnet competition for children (and one for adults!) and an Easter egg hunt (outdoors if we have the weather!)

Saturday June 4th is our celebration of the Queen's Jubilee. Lots to eat, but also a crown competition for children, as well as the best dressed prince and princess. We will also have handbell ringers and a chance to have a go at ringing.

Race for Life Event

Kaira from Trencrom Class and her Mum will be partaking in the race for life on Saturday 21st May at Stithians Show

ground. They are hoping to raise as much as they can. If you would like to sponsor them please follow the link below. Thank you.



<https://fundraise.cancerresearchuk.org/page/claires-race-for-life-15125582>

Posters:

- Coast Activity Programme
- Forest School After School Club
- Out of the Woods CIC play and creative arts therapy
- Out of the Woods Easter Raffle
- Protect your Patch
- National Online Safety Facebook Information for Parents/Carers
- Wraparound Booking Sheet – April/May
- Computing and Keeping Safe Survey and Parent session invite link – 19th May



14 -16 year old

Volunteer Award
Programme

Coast

ACTIVITY PROGRAMME

WWW.COASTACTIVITYPROGRAMME.COM
07939863010



KS1 5-7 - Learn New Skills



KS2 7-11 - Develop Skills



KS3 11-14 - Master Skills

Sports and Activities Holiday Club



**FREE HOT
MEAL
INCLUDED**

Morning
9:00am - 1:00pm

Afternoon
12:30pm - 4:30pm

Or why not join us for a full day 9:00am- 4:30pm

St Ives
School

11th-14th April
5-16 Year olds

Penpol School
Hayle

19th-22nd April
5-11 Year olds

Helston
Community
College

19th-22nd April
5-16 Year olds



SCAN TO BOOK



Free spaces available to those
eligible for Free School Meals.

To get your code please visit:

www.activecornwall.org/T2MHolidayProgramme



FREE

Half days: £15 or **Free** with a FSM code
Full days: £25 or £5 if using FSM code
Book all 4 days and get 10% discount



Department
for Education

- Be **ACTIVE**
- Have **FUN**
- Develop **SKILLS**
- And make **FRIENDS**





Forest School After-school Club

This weekly club starting after the Easter Holiday offers a great variety of exciting outdoor adventures. Each week will be different. Activities may include building dens, searching for mini beasts, seasonal crafts, woodland games, bushcraft skills, campfire cooking and much more. Sessions are designed to follow the children's interests rather than follow a lesson plan! There will be the ethos of 'Leave no Trace' at the end. Every session will include a refreshment.

Please respond by
April 6th
Thank you

Do your kids love Forest School or have you heard of Forest School and want your kids to be involved? If your answer is yes then let them join our new after-school club.

Led by Sue Greenaway of Tree Folk Forest school, a Forest School practitioner and experienced teacher - who you all know, who will create a supportive yet challenging environment in which to have fun and learn new skills. Over time, children will grow in self-confidence, independence and self-esteem and will develop communication and problem-solving skills and a love and appreciation of the outdoors.

Forest School sessions are booked per half term - in 5 week blocks. There are limited spaces so booking is essential. Potential sessions will be for Trencom Tuesday, Godolphin on Wednesday 3.15 - 5.00pm.

Each individual session costs £8, payable on a half-termly basis in advance.

If your child is interested in having fun and learning new skills and for further information, then register your interest by emailing Sue at treefolkforestschool@gmail.com or text 07484630750 Please include your child's name and class.



OUT OF THE WOODS CIC
PLAY & CREATIVE
ARTS THERAPY

Our aim is to be able to offer free therapy sessions to families in need. If you feel you can support us by buying a raffle ticket or making a donation please go to www.outofthewoods-therapy.co.uk/37/donate/

THANK YOU

What we offer

Individual play and creative arts therapy

Suitable for mild to severe difficulties.
Minimum 12 sessions.

Group play and creative arts therapy.

Suitable for mild to moderate difficulties or for sibling groups.
Small groups of up to 6 children.
Minimum of 6 sessions.

Therapeutic Life Story Work Sessions

Therapeutic Life Story Work offers fostered and adopted children the opportunity to explore, question and understand past events of their life.
Minimum 12 sessions.

Autplay® Therapy

Working alongside parents/carers and SEN children using specialist play techniques.
Individual sessions. Minimum 18 sessions
Social skills groups (maximum 5 children)
Minimum 10 sessions.

Parent-Child Attachment Play (PCAP)

Using simple play techniques to empower parents and carers to strengthen the quality of relationship they share and enjoy with their child/children. Both inside and outside the home using an evidenced based playful approach.

Group sessions (maximum 8 people).
In person /online 5 x 2 hour sessions.



For more information please contact us



info@outofthewoods-therapy.co.uk



www.outofthewoods-therapy.co.uk



Out of the Woods Play and Creative Arts Therapy CIC



07407 702528 / 07765 793447



Easter Raffle!

Our aim is to provide subsidised play and creative arts therapy for the benefit of children and young people living in Cornwall who are facing challenges caused by difficult life events.

The funds raised from our raffles go towards subsidising therapy for local families.

Tickets are £5 each. Please pay through our donate page and comment with "Raffle" and your surname www.outofthewoods-therapy.co.uk/37/donate/

Thank you for your support!

Prizes: Pink Chilly's bottle donated by Coastal Scandi; Voucher for 4 people for Bodminton; Family pass for Discovering 42; Four pairs of earrings from Best Makes; £10 gift voucher for Trevaskis Farm; Iona Sanders art card; Silver pendant from St Ives Art and Jewellery by Jenny Hollow; Gift voucher for Kellie Gilmour therapy; A block of 10 lessons with Limehouse Yoga; A box of cakes from BakedPZ; Acrylic pour art from Tim B Art; A crochet wash set from Handmade by Emily; Frugi bottle; Easter egg from I Should Coco St Ives



If you would like further information about the work that we do please go to

www.outofthewoods-therapy.co.uk, or
www.facebook.com/supportingthroughplay

EASTER HOLIDAYS
FREE FAMILY
FUN



9.4.22 - 23.4.22

1.

PICK
A PROJECT TO
PROTECT
YOUR PATCH

2.

COMPLETE
YOUR CHOSEN
PROJECT!

3.

SNAP & SHARE
TO WIN PATCH
PROTECTING
PRIZES!

PROJECT LIST:

1. LET GRASS GROW!

2. PLANT FOR A POLLINATOR!

3. FEED THE BIRDS!

4. GROW YOUR OWN!

5. CREATE A COMPOST HEAP!

6. MAKE A HEDGEHOG HIGHWAY!

7. BUILD A POND, BIG OR SMALL!

ADD A...

8. BIRD BOX!

9. INSECT HOTEL!

10. HEDGEHOG HOME!

WIN PATCH PROTECTING PRIZES!

PRIZE SPONSORS:

SEEDBALL
A SPOILER WAY TO GROW FROM SEED



BIRD BLEND
TEA CO.

HANDYKAM.COM

JIM'S UPCYCLING



Find full details plus terms and conditions : www.protectyourpatch.co.uk/challengesignup

What Parents & Carers Need to Know about FACEBOOK

AGE RATING

13+

With 2.9 billion users, Facebook, owned by the recently rebranded Meta, is the world's most popular social media platform. It encourages interaction with other people by (among other things) adding them as friends, reacting to or commenting on their content, sharing images and videos, posting status updates, joining groups and playing games. Facebook is free, and anyone over 13 can join – but with no age verification, younger children can easily create an account: it's likely your child is already familiar with the platform, even if they don't yet use it themselves.

WHAT ARE THE RISKS?

ADDICTIVE NATURE

Facebook's quick reward cycle of likes and comments on shared posts can be hugely addictive. It encourages users to keep returning to post things and increases FOMO (the Fear Of Missing Out), which leads to people checking the app even more frequently and finding themselves endlessly scrolling through content.

CYBERBULLYING

A 2021 Ofcom report found that around one in four UK 12–15-year-olds had been cyberbullied or trolled (intentionally antagonised online). On Facebook, this can happen through private messages (on Facebook Messenger); hurtful comments on their profiles and posts; pages or groups set up purposely to torment a victim; or exclusion from pages or groups.

FUTURE IMPACT

Like most social media platforms, anything posted on Facebook leaves a permanent 'digital footprint'. This can have future consequences for young people: many universities and employers, for example, now review someone's Facebook timeline during the application process.

CONTACT FROM STRANGERS

Just like in the offline world, there are people on Facebook with malicious intentions. Ofcom reports, for instance, that 30% of 12–15-year-olds have received a friend request from a stranger. This, sadly, can include individuals seeking to take advantage of impressionable youngsters.

OVERSHARING

Facebook encourages you to post 'what's on your mind', but children should be wary of revealing too much about themselves online. Users can give away their location by checking in or using Facebook Live, for example, while some photos can also be traced using file data.

INAPPROPRIATE CONTENT

Facebook monitors and removes material like hate speech or extreme political views, while adverts on the platform are now forbidden from targeting under-18s based on their interests. Offensive content isn't always taken down instantly, however, so there's still a risk of children encountering it.

VIDEOS AND STREAMING

Facebook Live lets users stream video live to their friends or watch others' broadcasts. Viewers can comment in real time, which is problematic to moderate. Short, user-created clips called Reels can now also be displayed on profiles and feeds. These video features could contain unsuitable material or allow children to be coaxed into doing something on camera that they wouldn't normally do.

Advice for Parents & Carers

KEEP ACCOUNTS PRIVATE

In the settings area, you can choose whether a Facebook profile is public or private. By far the safest option is to switch your child's to private, so they can only interact with people who they are friends with on the platform. Facebook's settings can also prevent your child's personal information (such as contact details, school name or date of birth) from appearing publicly.

SAVVY SHARING

Friends

Make sure your child realises that what they share online with friends can end up being shared again by others. It's important that they think about what they share online and who they share it with. Facebook's 'Audience Selector' gives users the option to filter who sees what they are sharing, whenever a status is updated, photos are uploaded or anything is posted.

ENCOURAGE SAFE FRIENDING

Facebook can help your child to stay connected with the people and the things that they care about. However, it's important for them to understand that they should only accept friend requests from people who they know. The key questions to consider are 'has your child met them in person?' and 'do they know and trust them enough to feel comfortable accepting them as a Facebook friend?'

RESPECT BOUNDARIES

Once you've talked about Facebook safety with your child, give them some space and trust them to make smart choices. Make it clear, however, that you're always open to discussing social media if they need to. In the early stages, you could occasionally review your child's social media activity with them to put your mind at rest – but take care not to become reliant on checking it every night.

LEAD BY EXAMPLE

Let your child watch you using Facebook – this will demonstrate how it can be used safely and appropriately, reducing the risk of them encountering harmful content themselves. Teach them the habit of thinking before sharing anything online and try to follow the same rules that you set for them – so if you agree time limits on your child's Facebook use, then you should stick to them, too.

BLOCK AND REPORT

On Facebook, you're able to report harmful content and block particular people or groups so they can't contact your child or view their profile. Before they start spending serious time on the platform, show your child how these features work and explain why they might need to be used. Facebook's Bullying Prevention Hub offers advice on dealing with harassment on the platform.

Meet Our Expert

Alex Wright is a former Facebook employee and social media expert with more than 15 years' experience in digital media. He has worked with some of the biggest organisations on the planet and has a vast understanding of how social media platforms work and how they engage their audience.



National Online Safety®

#WakeUpWednesday



www.nationalonlinesafety.com



@natonlinesafety



/NationalOnlineSafety



@nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 30.03.2022

Breakfast Club and After School Club Booking Sheet – Summer Term 2022

Child/Children's Name/s:

Emergency Parent/Carer Name & Telephone Number:

Payment made:

Please tick the sessions you would like to book for your child/children and pay in advance via [Parentpay](#) or [Childcare Vouchers](#)

DAY	DATE	BREAKFAST CLUB	AFTER SCHOOL CLUB			Payments
Costs and Timings		8am start £3.50 siblings £2.00	3.20-4pm	4-4.30pm	4.30-5pm	£2 per half-hour Session, siblings £1.50
Monday	25 th April					
Tuesday	26 th April					
Wednesday	27 th April					
Thursday	28 th April					
Friday	29 th April					
Monday	2 nd May	CLOSED	BANK	HOLIDAY		CLOSED
Tuesday	3 rd May					
Wednesday	4 th May					
Thursday	5 th May					
Friday	6 th May					
Monday	9 th May					
Tuesday	10 th May					
Wednesday	11 th May					
Thursday	12 th May					
Friday	13 th May					
Monday	16 th May					
Tuesday	17 th May					
Wednesday	18 th May					
Thursday	19 th May					
Friday	20 th May					
Monday	23 rd May					
Tuesday	24 th May					
Wednesday	25 th May					
Thursday	26 th May					
Friday	27 th May					

As part of the curriculum for Computing and keeping safe when using the internet, Tregonning Class (Y5/6) completed an anonymous survey about their online use.

The results can be seen below:

Questions	Responses
Most popular devices used to access the internet at home	Home gaming device (X-box, PlayStation etc), Tablet, Television, Mobile/smart phone,
Most popular time spent online per day	Majority - between 3-6 hours per day; with some children saying more than 6 hours and a few saying 1-3 hours.
Most popular use for the internet	Gaming
Age restricted games that children said they were playing	Call of Duty (18) Rocket League (18) Grand Theft Auto (GTA) (17+) Halo (16+) Apex Legends (16+) Battlefront (16+) Goat Simulator (16+) YouTube (13+) Fortnite (12+) Star Dew Valley (12+) Hole io (12+) Various social media – Snapchat, Tiktok, Instagram (13+)
Have you ever seen anything online that has made you feel upset?	More children said 'No' than 'Yes'
Have you said anything nasty to someone online?	Almost 50/50 split – Yes/No
Have you received nasty comments online?	More said 'Yes' than 'No'
Are there rules at home about using the internet	More said 'Yes' than 'No'
Most popular rule for using the internet at home...	Not allowed online after a certain time in the evening
Do you know how to get around parental controls and restrictions?	A lot more said 'Yes' than 'No'.
Opinions	
I know more about the internet than my parents	More agreed or strongly agreed
It is none of my parent's business what I do online	More disagreed or had 'no opinion' on this
I can protect the things I have put online	More agreed or strongly agreed
I think I spend too much time online	More agreed or strongly agreed
I worry about the things I have seen online	More disagreed or strongly disagreed
I sometimes can't sleep because I am thinking about things that happen online	Almost 50/50 split
I go online when I am lonely	More agreed or strongly agreed

Invite to Information Session for Parents

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