



Newsletter 5
Autumn 2022
Friday 14th October 2022

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 @penponds_School



Camborne Youth Conference – Friday 7th October



Message from George Le Hunte:

Good morning Camborne & Pool Schools

Thank you all for attending our 2022 CRF Youth Conference at the Fibre Hub on Friday.

57 students, plus staff, were there from 10 Camborne & Pool schools.

It was a wonderful event in a great venue.

Please thank all your students that attended for their brilliant engagement in the conference & for their immaculate behaviour.

I am sure they learnt a lot and I hope they pass that on to all their colleagues at school.

Please give us any feedback from the event so that we can make our 2023 Youth Conference even better.

Attached is a photo of you all at the conference & an article about it - please use these however you want to.

Thank you for partaking in our Youth Conference.

Wishing you an early Merry Christmas & all the best for 2023.

Best regards
George Le Hunte
Camborne Regeneration Forum

Dates for your diary:

DDMIX Club

Mondays after school
starting **Monday 26th**
September

Skateboarding Club

Fridays after school

Sports 4 Tots

Tuesdays after school –
now open to Reception
children, Year 1 and 2
children.

Rock Steady Music

Fridays - Lessons In school
time

Swimming Lessons

Tregonning Class

Monday 12th September –
Monday 17th October

NEW - Trencrom Class

Monday 31st October –
Monday 5th December

NEW - Harvest Assembly

Wednesday 19th October at
2pm – parents of
Tregonning Class and Choir
children only invited

NEW - Lantern Making

Thursday 3rd November –
Friday 4th November
Parents invited to come in
to classes to help.

Hedge Cutting

On Saturday Caleb's Dad, Mr Benton kindly gave up his time and expertise to trim down the hedges in the car park. He did a fantastic job, thank you! Thank you also to staff and families – Mrs Richards, Mrs Pascoe, Mrs Berry, Emily, Hazel and Orlo who worked hard to clear the debris.



Choir to Memory Café
Wednesday 16th November

Year 1 Hearing Screening
Wednesday 23rd November

Camborne Lantern Parade
Friday 25th November

**School Photographer in for
Portrait/Sibling Photos**
Wednesday 30th November

**Little Acorns Christmas
Event in the Hall**
Thursday 1st December

Extra-Curricular Clubs
School-led clubs – last
week of clubs 5-9th
December (no clubs
running in last week of
term)

**School Christmas Lunch in
the Hall**
Wednesday 14th December

**Rock Steady Concert in the
Hall**
Friday 16th December

Last Day of Autumn Term
Friday 16th December

First Day of Spring Term
Wednesday 4th January

Inset Days:
Monday 5th September
2022
Tuesday 3rd January 2023
Monday 17th April 2023
Monday 24th July 2023
Tuesday 25th July 2023

Firefighter Superheroes

Thank you so much to Lee and Sandy for coming in this week to talk to Carn Brea Class about being firefighters. The children sat so beautifully and asked some amazing questions. We were also really lucky that they left us with some dressing up to borrow and some activities to help with our superhero topic. What a fun morning.



Attendance:

Carn Brea: 94%

Godolphin: 82%

Trencrom: 94%

Tregonning: 94%

Class Awards



Carn Brea: Daisy, Skye and Rupert

Godolphin: Harper, Evie and Hazel

Trencrom: Elffin, Bella and Orla

Tregonning: Isla, Ethan and Alfie

Headteacher Awards



Carn Brea: Dottie

Godolphin: Henry

Trencrom: Oliver

Tregonning: Ethan



Lunchtime Awards



Carn Brea: Charlie

Godolphin: Hartley

Trencrom: Emily G

Tregonning: Ellie R

Quote

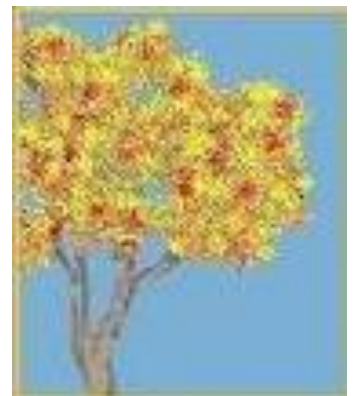
A little progress each day
adds up to big results.



Poem

Nothing Gold Can Stay
By Robert Frost

Nature's first green is gold,
Her hardest hue to hold.
Her early leaf's a flower;
But only so an hour.
Then leaf subsides to leaf.
So Eden sank to grief,
So dawn goes down to day.
Nothing gold can stay.





Cooking Club

Yesterday the Cooking Club Chefs were busy making yummy pizzas. A huge thank you to Isla and Freya Blewett, who did a fantastic job clearing up afterwards.



Harvest Collection/Assembly

We will be celebrating Harvest in assembly on **Wednesday 19th October at 2pm**. Parents of Tregonning Class and children that attend Choir after school with Mrs Bailey only are invited to attend. No more than two parents/family members to attend per child please. Parents can take their children home afterwards if they wish.



Any donations of non-perishable goods for Camborne Food Bank can be handed in to the office.

Lantern-Making – Thursday and Friday 3rd and 4th November

On Thursday and Friday 3rd and 4th November we will be making lanterns in school for Camborne Lantern Parade on Friday 25th November. Children will be making a large lantern in the hall and their own lanterns in class and we welcome any parents who would like to come in and help. Please email Mrs Wood in the office which day you would like to attend.



National Child Measurement Programme 2022/2023 e-Booklets

For parents of Year 6 children and Reception Children only:

Please use the link below to access your digital booklet. There is an option to 'opt out' of school health screening for your child/children if you wish. Please copy and paste the relevant link to your browser:

Reception Year:

<https://mailchi.mp/2ac4f2cab3f4/child-health-programme-health-information-reception-22-23>

Year 6:

<https://mailchi.mp/5f334c487f43/child-health-programme-health-information-y6-22-23>

Posters:

- The Big Dune Draw at Gwithian
- Tips for Supporting Children in Dealing with Grief

The Big Dune Draw at Gwithian

THE 2022[®]
BIG
DRAW
FESTIVAL

COME
BACK



TO
COLOUR

Saturday 29th October

Saturday 29th October

WE ARE PART OF THE WORLD'S
BIGGEST DRAWING FESTIVAL!

25+ COUNTRIES | 1000+ EVENTS | 500,000+ PEOPLE

JOIN US!

Meet artists Hilary Jean Gibson and Dominica Williamson
(Friends of The Towans Art Club leaders) at Gwithian Chapel at
12:45pm, ready to explore and draw the dunes nearby!

Refreshments after at 3:30pm and a chance to enjoy viewing
work created at our previous events in the beautiful Towans

Email hilarygibson@hotmail.co.uk to book your free place!

Vote for your favourite Big Draw event: www.thebigdraw.org/vote

SHARE YOUR DRAWINGS! #TheBigDraw #ComeBackToColour



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@TheBigDrawOfficial

Organised by thebigdraw.org

Tips for Supporting Children in DEALING WITH GRIEF

It's important that trusted adults feel able to help children and young people cope with grief – particularly at the moment, when we are a nation mourning the loss of a public figure who was treasured by so many. Children are seeing bereavement and sadness being featured heavily in the national news and in their favourite online spaces, and hearing it being talked about extensively among families and in the community. How can we help them in processing this healthily?

1 UNDERSTAND WHAT GRIEF IS

Grief is emotional distress which is a normal response to the death of someone close, well known or admired. It may feel overwhelming – especially for young people – and is often accompanied by feelings of shock, disbelief, anger or fear. These emotions may also mean that sleep, eating and our relationships with others could be affected.

2 MEET THE CHILD 'WHERE THEY ARE'

This could be a child's first experience of grief and loss – or conversely, they may have already encountered it several times. Make sure that any conversations you have with them, and the support that you give, are led by their experiences and their understanding of death – and in the context of their religious or community beliefs.

3 EXPLAIN CLEARLY WHAT DEATH IS

It may often feel uncomfortable, but it's healthier to actually use the words "dead", "death" or "died". Abstract explanations of death can frequently create even more confusion – particularly for younger children, who are still trying to grasp this complex (and possibly unfamiliar) concept.

4 BE PREPARED FOR QUESTIONS

On subjects such as this – especially when it involves a person who's well known to them – children and young people often have lots of questions, all at once. Sometimes, new queries about the issue will occur to them weeks after the event. Be ready to answer their questions as honestly as you can, using language that's appropriate for their age.

5 FIND WAYS TO REMEMBER THEM

It can help to talk to about the person who's died, even if that individual wasn't personally involved in the child's own life – such as a significant public figure, for instance. You and your child can discuss what that person meant to you, celebrate the things they achieved or go to a place where they can be remembered.

6 ENCOURAGE COPING STRATEGIES

You can help a child or young person to identify what their usual positive ways of coping are when they have overwhelming feelings. For example, do they find that talking with someone, drawing, going for a walk or listening to music help when they're feeling upset? These same activities could form an important part of the grieving process.

7 REACH OUT FOR SUPPORT

If a child or young person is struggling with grief to the extent that it's impacting on their everyday life, there are lots of expert organisations that you could reach out to for further help. Samaritans provides a listening ear for anyone in emotional distress; The Mix offers specialist support to people under 25; and Winston's Wish deals specifically with helping young people who are grieving.

SAMARITANS:
116 123

WWW.THEMIX.ORG.UK/GET-SUPPORT
0808 808 4994

WINSTON'S WISH:
08088 020 021

Meet Our Expert

Anna Bateman is passionate about placing prevention at the heart of every school, integrating mental wellbeing within the curriculum, school culture and systems. She is also a member of the advisory group for the Department for Education, advising them on their mental health green paper.



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