

#### Newsletter 6 Autumn 2022 Friday 21st October 2022



@penponds\_School

#### **Harvest – Tregonning Class**

Here are some photos of our harvest artwork that we used at our Harvest Festival on Wednesday.





#### Dates for your diary:

#### **After School Clubs:**

#### **Sports 4 Tots**

Tuesdays after school – book with Nick Eagles Sports4Tots.org.uk

#### **Nature Explorers**

Wednesdays after school – book with Sue Greenaway treefolkforestschool@gmai l.com

#### **Rock Steady Music**

Fridays - Lessons In school time – book with Tom rocksteadymusicschool.co m

#### Skateboarding Club

Fridays after school – Book with Frankie Lanni frankie@coachfrankskatesc hool.co.uk

#### **DDMIX Club**

Fridays after school – book with Martha Huntley diversedancemix.martha@ gmail.com

#### **Extra-Curricular Clubs**

School-led clubs – last week of clubs 5-9<sup>th</sup> December (no clubs running in last week of term)



#### Woodwork - Carn Brea Class

This week Carn Brea class started their woodwork. We spoke about keeping ourselves safe. We wore safety googles and learned about carefully handling the tools. We managed to pinch the nail carefully between two fingers and bang the hammer on top of the nail. We used our strength to hammer lots

of nails into the wood! We can't wait to learn more woodwork skills using screws, screwdrivers and saws. Once we have mastered these skills we will start to design and make our own structures. Great work Carn Brea!



#### **Swimming Lessons**

#### **Trencrom Class**

Monday 31<sup>st</sup> October – Monday 5<sup>th</sup> December

#### **Lantern Making**

Thursday 3<sup>rd</sup> November –
Friday 4<sup>th</sup> November
Parents invited to come in
to classes to help. Email
Mrs Wood –
secretary@penponds.corn
wall.sch.uk

Halloween/Autumn Disco

Friday 4<sup>th</sup> November FOPS Halloween/Autumn Disco from 5-7.30pm in the Hall

**Choir to Memory Café** 

Wednesday 16<sup>th</sup> November

Year 1 Hearing Screening Wednesday 23<sup>rd</sup> November

Camborne Lantern Parade

Friday 25<sup>th</sup> November

School Photographer in for Portrait/Sibling Photos

Wednesday 30<sup>th</sup> November

Little Acorns Christmas
Event in the Hall

Thursday 1<sup>st</sup> December

School Christmas Lunch in the Hall

Wednesday 14th December

Rock Steady Concert in the

Friday 16<sup>th</sup> December

Last Day of Autumn Term Friday 16<sup>th</sup> December



#### First Day of Spring Term Wednesday 4<sup>th</sup> January

#### **Inset Days:**

Monday 5<sup>th</sup> September 2022

Tuesday 3<sup>rd</sup> January 2023 Monday 17<sup>th</sup> April 2023 Monday 24<sup>th</sup> July 2023 Tuesday 25<sup>th</sup> July 2023

#### Attendance:

Carn Brea: 89%

Godolphin: 90%

Trencrom: 94%

Tregonning: 95%



#### **Class Awards**



Carn Brea: Saffron, Otis

and Charlie

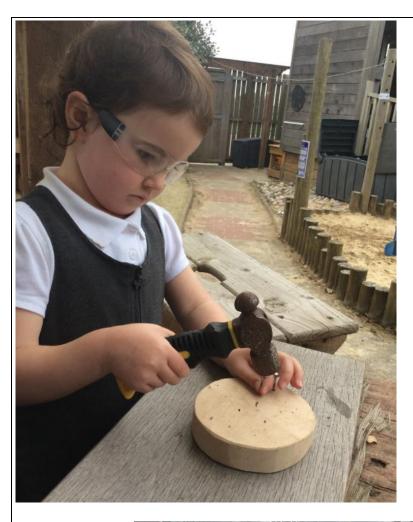
Godolphin: Whole Class

Trencrom: Logan, Jessica

and Sebastian

Tregonning: Olivia, Emily

Q, Abbie





#### **Headteacher Awards**



Carn Brea: Otis

Godolphin: Hazel

Trencrom: Bella

Tregonning: Kaira

Prefects –

Freya B and Isla B

#### **Lunchtime Awards**



Carn Brea: Rupert

Godolphin: Robyn G and

Hartley

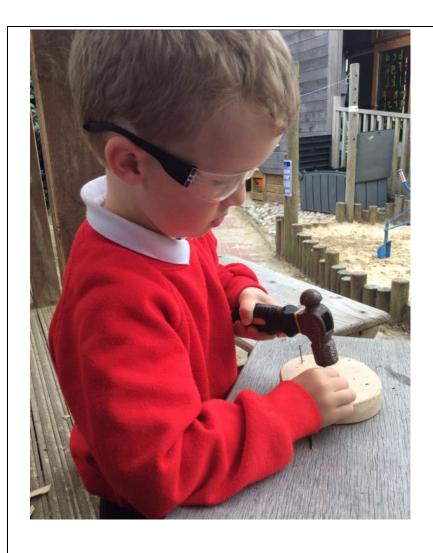
**Trencrom:** Emily G, Lily D

Tregonning: Ellie R, Alfie

#### Quote

Wherever you go, no matter what the weather, always bring your own sunshine.





#### **Nature Explorers Club**

At Nature Explorers we have creative moments - we have discovered there are many colours to welcome Autumn, as you can see on our autumn bookmarks. Acorns make fun folk and saucepans are great for making decorative homes for worms. Just enough time to try flying a broomstick! Sessions starting again for 6 weeks after half term - message Sue treefolkforestschool@gmail.com



#### **Poem**

When I hear a pitter-pat
Against my window pane,
I do not frown or mope
about,
For I just love the rain!

I rush to put my rain boots on,

My spirits start to soar.

I grab my red umbrella

And go running out the door.

I find a great big puddle

And I jump in with a splatter.

It's muddy and it's very wet.

To me, it doesn't matter!











**DDMIX after school club - Fridays**To book for next term contact Martha Huntley: diversedancemix.martha@gmail.com



#### **New Prefects**

I am delighted to introduce you to the first Prefects of the Class of 22/23. Freya and Isla are both conscientious young people who always work to the very best their ability. Both love a challenge and are not afraid to persevere when things seem tricky. Isla is a very thoughtful student at Penponds always willing to help and is kind and caring to all. Freya is a great role model to all in her learning, always looking for the next challenge, striving to improve. They have been the perfect buddies to their charges in Carn Brea too.

#### **Lunchtime Awards – Top Table**

We have re-introduced certificates for children each week for good manners/behaviour at lunchtime. The children get to sit on the 'top table' with a friend of their choice.



Harvest
Festival –
Donations
Thank you
to
everyone
who
brought in
donations
for
Camborne
Food Bank
this week.



#### Lantern-Making – Thursday and Friday 3<sup>rd</sup> and 4<sup>th</sup> November

On Thursday and Friday 3<sup>rd</sup> and 4<sup>th</sup> November we will be making lanterns in school for Camborne Lantern Parade on Friday 25<sup>th</sup> November. Children will be making a large lantern in the hall and their own lanterns in class and we welcome any parents who would like to come in and help. Please email Mrs Wood in the office which day you would like to attend.



#### National Child Measurement Programme 2022/2023 e-Booklets

For parents of Year 6 children and Reception Children only:

Please use the link below to access your digital booklet. There is an option to 'opt out' of school health screening for your child/children if you wish. Please copy and paste the relevant link to your browser:

#### **Reception Year:**

https://mailchi.mp/2ac4f2cab3f4/child-health-programme-health-information-reception-22-23

#### Year 6:

https://mailchi.mp/5f334c487f43/child-health-programme-health-information-y6-22-23

#### Year 5 children only – Super Saturdays

#### November 26 - History Mystery.

Solve a chilling historical crime and uncover the secrets of the Black Death.

#### December 3 - Christmassy Escape Room.

Help Mrs Clause escape from the Elves' engineering room in time for Christmas.

Super Saturday sessions run from 9.30 - 12.00 at CSIA, and offer Year 5 students the opportunity to explore, create and be challenged in their learning. We are excited that students are able to visit the school and meet some of their future teachers and fellow peers.

If your students are interested in the workshops we have on offer, please book in using the link below. This will include the consent form. Once they are booked in, further details will follow.

#### https://www.cambornescience.co.uk/super-saturdays/

Should you have any questions, please do not hesitate to contact <a href="mailto:plester@cambornescience.co.uk">plester@cambornescience.co.uk</a> where I will be more than happy to answer them.

Thank you for your time and support.

Kind regards,

#### **Philippa Plester**

Geography Teacher

#### **Posters:**

- Parent Drop in Sessions in Pool and Hayle
- Parenting offer what's new
- Early Help Newsletter Autumn 2022 Free info, support and guidance for parents and carers
- Positive Parenting Bitesize Virtual/Online Support Group
- Gwealan Tops Adventure Playground Event
- Halloween at Camborne Library
- Mini-Pirates at Camborne Library
- Ready Player Unleashed at Camborne Library
- Christmas Evening Saturday 10<sup>th</sup> December
- Sports4Tots Booking Form

# Parent drop in session

Do you find your child's behaviour challenging?
Would some friendly support and advice be helpful?
Would you like information about a Parenting Programme?

If you would like to be able to talk in confidence and meet other parents with similar challenges, then come along. We are here to help and support you!

This is a support group for Parents/Carers of children aged 0-11 years - all are welcome.

Activities for children will be provided.



#### **Hayle Family Hub**

Bodriggy Street, Hayle, TR27 4ND Tuesday 25<sup>th</sup> October 10.00am – 11.30am

#### **Pool Family Hub**

Higher Broad Lane, Illogan, TR15 3JL Thursday 27<sup>th</sup> October 10.00am-11.30am

#### Contact us:

Rachel Wilson-Powell, Senior Parenting Worker

Email: rachel.wilson-powell@cornwall.gov.uk

Call: **01736 759058/01209 310000** 











### Parenting offer - what's new in September 2022?

Our Parenting Team continues to support parents and carers. In September we will offer Parent Support Programmes through virtual and face to face sessions.

All Requests for Help to be received through the Early Help Hub.

#### Early Years (1-3)

Being Passionate About Parenting Early Years (1-3 years)

Mondays 29th November, 5th and 12th December 6-8pm on Microsoft Teams

#### Primary School Age (4-11)

Being Passionate About Parenting (4-11 years)

Mondays 21st, 28th November and 5th December 10-11.30am on Microsoft Teams

Being Passionate About Parenting with an introduction to ADHD (5-11 years)

Tuesdays 8th, 15th & 22nd November 6-8pm on Microsoft Teams

Being Passionate About Parenting with an introduction to the Spectrum (5-11

Thursdays 10th, 17th & 24th November 10-12 on Microsoft Teams Mondays 29th November, 5th and 12th December 10-12 on Microsoft Teams

#### Secondary School Age (12-17)

Being Passionate About the Teenage Brain (12-17 years)

Wednesdays 16th, 23rd & 30th November 10-11.30am on Microsoft Teams

Take 3 – Supporting Teenagers (12-17 years)

Wednesdays 12th October - 16th November (excluding Half Term) 6-8pm on Microsoft Teams

#### COMING SOON - Dates to be confirmed

Introduction to Teenagers with Traits of ADHD Introduction to Teenagers with Autistic Traits Introduction to Sensory Challenges for Teenagers

These will be 2 ½ hour workshops facilitated virtually on Microsoft Teams. These sessions will be available to parents who have completed the Take 3 parenting support programme.



# Early Help Newsletter – Autumn 2022 Free information,

## support and guidance for Parents and Carers

#### Parenting Support Courses

We offer interactive parenting courses both online and face to face. Service requests can be made through the Early Help Hub.

#### www.cornwall.gov.uk/earlyhelphub

The courses available are:

- Being Passionate About Parenting Early Years 1 3 years (3 x 1½ hours)
- Being Passionate About Parenting 4 11 years (3 x 1½ hours)
- Being Passionate About Parenting with basic introduction and an awareness to ADHD - 5 – 11 years (3 x 2 hours)
- Being Passionate About Parenting with a basic introduction and awareness about the "Spectrum" 5 – 11 years (3 x 2 hours)
- Being Passionate About Parenting The Teenage Brain 12 -17 years (3 x 1½ hours)
- Take 3 Supporting Teenagers 12 17 years (5 x 2 hours virtual or 10 x 2 hours face to face)
- SPACE Supporting Parents and Children Emotionally (5 x 2 hour sessions)

#### **Just for Dads**

You can also find information tailored just for you on the Family Information Service —

#### www.supportincornwall.org.uk/fordads

#### Need help?

Contact the Early Help Hub on 01872 322277 for support, advice and guidance.

If you have immediate concerns or are worried about a child or young person's safety, please telephone the Multi Agency Referral Unit (MARU) on 0300 123 1116

#### **Future Highlight**

From September following completion of Take 3 you can book for an optional session). All 2 ½ hours via the EHH.

- Introduction to Teenagers with Sensory Challenges Tuesday 27th September 10-12.30
- Introduction to Teenagers with Traits of ADHD Tuesday 11th October 10-12.30
- Introduction to Teenagers with Autistic Traits Tuesday 8th November 10-12-30

#### **Tempo Time Credits**

You will soon be able to earn Temp attending grogrammes which can be exchanged for a range of fun activities to do with your family and friends.



#### www.tempotimecredits.org

#### Positive Parenting Bitesize

(formerly known as Behaviours that Challenge)

If you would like to be able to talk in confidence and meet other parents experiencing similar challenges, come along. All sessions run from 12:30pm to 2:30pm

- 20<sup>th</sup> July ADHD including pathway into CAMHS
- 18th August Information sharing from Family Information Service, Volunteer Cornwall and Community Support
- 22<sup>nd</sup> September –social media and Internet safety
- 21st October ADHD myth busting
- 21st November Passionate about Being Calm
- 12th December Autism from Autism Team advisor

To get your Microsoft Teams link for the session contact:

julie.attwell@cornwall.gov.uk

#### facebook

For further updates and information on what's happening in your area visit us on Facebook:

www.facebook.com/TFFCornwall







Parents and carers wellbeing workshops providing support to help (FRN()) you navigate the journey of raising a child in a fast-changing world and to

guide you to available services and support and to promote helpful conversation.

For further information please visit: www.headstartkernow.org.uk



Parents can struggle at one time or another. You are not alone. Home-Start's volunteers work alongside families to give compassionate and confidential

support. They help people to regain the confidence to be the parents they want to be.

Take a look at the website:

www.homestartkernow.org.uk

#### Useful Website Links

Provides useful links to other areas of support.

www.cornwall.gov.uk/health-and-socialcare/childrens-services/early-help/usefulwebsites-for-early-help/

#### Family Information Services

For useful parenting information, updates on parenting programmes and Parenting Podcasts please access the Family Information Service website

#### www.supportincornwall.org.uk

#### Solihull Approach | inourplace | Understanding your child

Access to resources about becoming a parent or being a parent from children aged 6 months to 19 years including children with additional needs and children's health and wellbeing.

New programme - Understanding Your Relationships

Free Access Code: TAMAR



Join the Library FREE and download the BorrowBox app which makes it easy to browse, borrow and read or listen to your library's eBooks and eAudiobooks

anywhere, everywhere.

#### www.adhdfoundation.org.uk

Attention Deficit Hyperactivity Disorder Foundation actively promotes a strength-based approach to living successfully with ADHD and other 'neurodiyerse minds', such as, dyslexia, dyspraxia, autism spectrum, dyscalculia and Tourette's syndrome.

#### www.pdasociety.org.uk

Pathological Demand Avoidance Society offer Information, support and training for PDA.

#### www.capt.org.uk

The Child Accident Prevention Trust, working to reduce the number of children and young people killed, disabled or seriously injured in accidents.

#### www.volunteercornwall.org.uk

Developing individuals and communities through voluntary action.

#### www.citizensadvice.org.uk

Giving people the knowledge and confidence, they need to find their way forward - whoever they are, and whatever their problem - Adviceline ; 0800 144 8848 or text the word ADVICE to 78866 and they will call you back within 48 hours (excluding weekends).







If you would like this information in another format, please contact:

Cornwall Council, County Hall, Treyew Road, Truro TR1 3AY Email: equality@cornwall.gov.uk Telephone: 0300 1234 100

#### **Positive Parenting Bitesize (formerly Behaviours that** Challenge) Virtual/On-line Support Group

Information Classification: CONTROLLED

Thursday 18th August at 12:30 - 2:30 pm - Family Information Service, Volunteer Cornwall and Community Support

Microsoft Teams meeting

Join on your computer or mobile app

Click here to join the meeting

Or call in (audio only)

+44 20 3443 6327,,145840654# United Kingdom, London

Phone Conference ID: 145 840 654# Find a local number | Reset PIN Learn More | Meeting options

Thursday 22<sup>nd</sup> September at 12:30 - 2:30 pm - social media and internet safety

Microsoft Teams meeting

Join on your computer or mobile app

Click here to join the meeting

Or call in (audio only)

+44 20 3443 6327,,399692076# United Kingdom, London

Phone Conference ID: 399 692 076# Find a local number | Reset PIN Learn More | Meeting options

Friday 21st October at 12:30 - 2:30 pm - ADHD Myth busting from **CAMHS** access team

Microsoft Teams meeting

Join on your computer or mobile app

Click here to join the meeting

Or call in (audio only)

+44 20 3443 6327,,615898382# United Kingdom, London

Phone Conference ID: 615 898 382# Find a local number | Reset PIN Learn More | Meeting options

Monday 21st November at 12:30 - 2:30 pm - Passionate about Being Calm

Microsoft Teams meeting

Join on your computer or mobile app

Click here to join the meeting

Or call in (audio only)

+44 20 3443 6327,,312113926# United Kingdom, London

Phone Conference ID: 312 113 926# Find a local number | Reset PIN Learn More | Meeting options

Monday 12th December at 10-12.00pm - Autism with Matt Wilmott **Autism Advisor** 

Microsoft Teams meeting

Join on your computer or mobile app

Click here to join the meeting

Or call in (audio only)

+44 20 3443 6327,,717314886# United Kingdom, London

Phone Conference ID: 717 314 886# Find a local number | Reset PIN

Learn More | Meeting options

PLEASE NOTE - you may need to install the free app if using an Apple device or phone

For further information please contact Julie Attwell Email: julie.attwell@cornwall.gov.uk





FREE LUNCHTIME MEAL PLEASE BRING YOUR OWN WATER/DRINKS BOTTLE



SCHOOL LANE REDRUTH TRIS 2ER 01209 697 717

# HALF TERM MON 24-FRI 28 OCT 11AM-4PM

FOR 7-16 YEAR OLDS

# NO NEED TO BOOK!

BUT CHILDREN MUST BE REGISTERED ONLINE AT
WWW.GWEALANTOPS.ORG
NEW USERS MUST ATTEND AN INDUCTION SESSION
THESE ARE AVAILABLE AFTER SCHOOL ANY TIME
BEFORE THE HOLIDAYS
PLEASE BOOK VIA MANAGER@GWEALANTOPS.ORG





@ Camborne Library

Tuesday 25th Oct:
VR bus (ask staff for more details)

Wednesday 26th October:
10.30am Spooky Rhyme Time
2-3pm Treasure Island event in association with the Hall For Cornwall

Saturday 29th October: 10.30am Spooky Storytime 10am-12000n Halloween Party

Monday 31st October: 3.30-4.30pm Halloween Party

All week: Crafts and prizes if you come in with fancy dress!



Camborne Library, The Basset Centre, Basset Road, Camborne TR14 8SL





Camborne Library, The Basset Centre, Basset Road, Camborne TR14 8SL

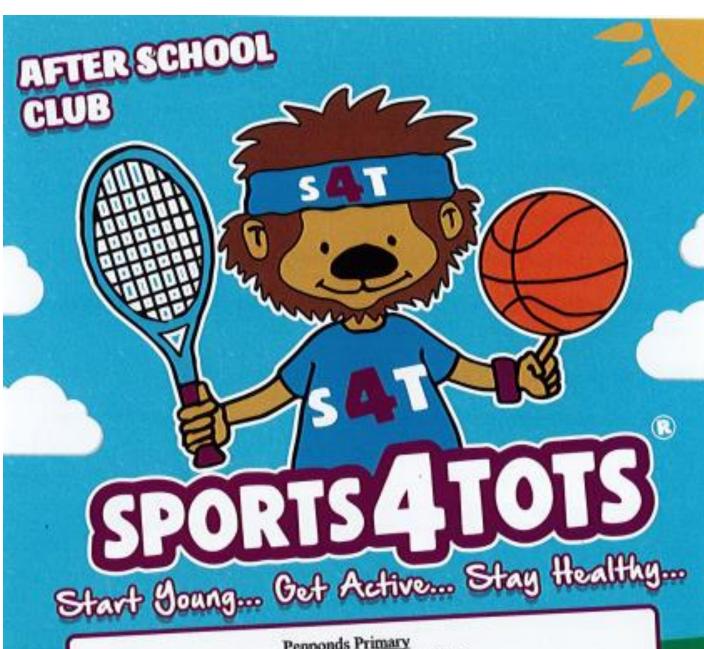




Adults: £10 which includes a glass of mulled wine or apple juice Children: £6 which includes a gift from Mrs Claus and a visit to the Elf Workshop

Tickets are available on Eventbrite:
eventbrite.co.uk/e/christmas-evening-tickets-435597242077
For further information email
tamsin@citizensadvicecornwall.org.uk

Photo by Christina Winter on Unsplash



Penponds Primary
Tuesday 1st Nov to 13th Dec 2022
Total cost - £35 for 7 week block

Football
Cricket
Tennis
Baseball
Basketball
Badminton
gility skills
Athletics
Golf skills

We visit your School once a week to provide a fun and active sports lesson. Each week is dedicated to a different sport.

The aim of each session is to make sport a fun experience. Get your child active and enjoying sport, sign up today!

For more information:

- nick.eagles@sports4tots.org.uk
  - 01209 832312
  - www.sports4tots.org.uk











# **HOW TO BOOK**

Please follow the instructions below to book your child's place:

- I. Go to www.sports4tots.org.uk
- 2. Click on 'Book a Class'
- 3. Find your child's region/day/club and click 'book now'.

If the class is fully booked your child will automatically be added to our waiting list, we will then contact you when a place becomes available.

Places are limited so please book early to avoid disappointment.

Payment is made termly, at the end of each term new fliers will be issued where you have first refusal for your child's place.

