**Weekly Newsletter**
**Autumn 2020 – 6**
**Monday 19th October 2020**

www.penponds.cornwall.sch.uk
01209 713929
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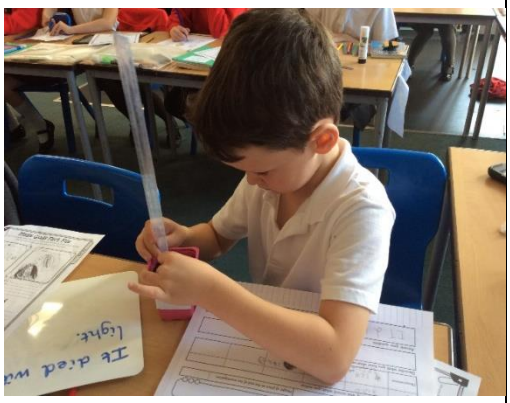
@penponds_School

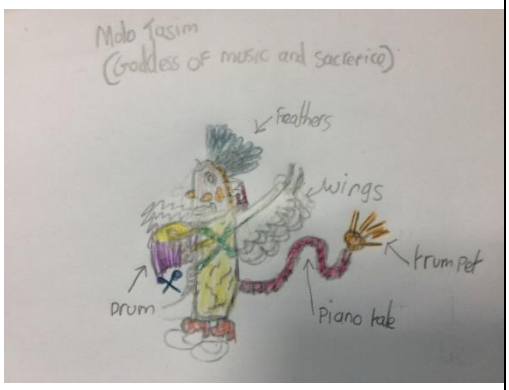
**This week's focus: Trencrom Class**

Trencrom Class have been busy this week. Year 3 have been using the Base 10 equipment to add and subtract from 3 digit numbers.

In Science, we have been observing the different conditions that plants need to grow.



In our topic work, we have learned about the gods of the Maya. We have drawn and designed our own Mayan Gods / Goddesses.




**Dates for your diary**:

**Wednesday 21st October** – Nasal Flu vaccinations – all children

**Friday 13th November** – School Photos – individual portraits

**Half-Term Dates**:
26-30th October 2020

**Last day for children is Thursday 22nd October** as Inset Day is on Friday 23rd October

**Inset Days**:
Friday 23rd October 2020
Monday 4th January 2021
Thursday 22nd July 2021
Friday 23rd July 2021

……

**Attendance and Awards for this week:**

**Attendance**:
Carn Brea: 100%
Godolphin:
Y1 – 100%
Y2 - 95%
Trencrom – 100%
Tregonning - 96%

**Attendance Trophy –**
Carn Brea, Godolphin Y1, Trencrom

**New Lunch Menu – started the week beginning 12th October**

Please see attached new lunch menu from Chartwells – as usual it is on a 3 week rolling programme and this week we will be on **week 3** of the menu. There will be Jacket potato options each day in addition to the main menu but no school packed lunch option. Meals are free for all children in Reception, Y1 and Y2. If your child is in Year 3, 4, 5 or 6 there is a charge of £2.40 per meal payable please on Parentpay prior to your child ordering lunch at morning registration.

**Important - Changes to the start and finish of the day**

Having listened to feedback from parents, we have made the following adjustments. Reception children can arrive at the same time as Year 1 children in Carn Brea Class at 9.00a.m instead of 9.15a.m. At the end of the day children in KS2 can be picked up between 3.15 and 3.30p.m - this is to help parents who have to pick up younger siblings at 3.15p.m so they are not having to wait around in the playground for long periods of time. Mrs Richards and Mr Hooper will open the KS2 doors at 3.15p.m but please collect younger siblings first if you need to. KS2 children must be collected no later than 3.30p.m.

Please try to follow social distancing guidelines - stay at least 2 metres apart and if this is not possible then consider wearing a face mask. As soon as you have collected your child/ children please leave the school site promptly to avoid heavy congestion. Thank you for support.

**Nasal Flu Vaccinations – Parental Consent**

On Wednesday 21st October Kernow Health will be visiting the school to administer the nasal flu vaccination to all children. You should have received a letter via Schoolcomms (this was also posted on Class Dojo) on how to submit your consent to ensure your child receives their vaccination. Please follow the instructions to complete the online consent form by **Monday 19th October latest**. If the consent form is not submitted your child will not be vaccinated. The school code is now working.

**Parent Consultations**

We will be holding parent meetings the week beginning the 9th November. This will be an opportunity for you to discuss with your child's class teacher how they have settled in, the progress they are making and areas they are currently working on. If your child is on the SEND register you will also be able to discuss your child's individual education plan. Unfortunately, we are unable to invite parents into school for the meetings as we would normally. All consultations will therefore take place over the phone. You will be sent a link to book an appointment with your child's class teacher in the next few days.

You will also need to let the class teacher know (via private message on Dojo) which phone number you would prefer to be contacted on for your meeting. Teachers will then call from school at the time you have booked. Meetings will take place as follows:

**Class Certificates awarded this week:**

**Lunchtime:** Kelyn, Jack, Brody, Alfie K

**Carn Brea:** Eden, Arlo, Hartley, Bella
**Godolphin:** Ia, Elffin, Jack

**Trencrom**: Leon, Joshua, Erin
**Tregonning**: Jowan, Evie, Ellie

**Headteacher**: Joseph, Thomas, Emily C, Ethan, Ava, Alfie K, Vincent

**World Food Day**
Friday 16th October
**Theme** Grow, Nourish, Sustain Together

**"Testimony" by Brian Donnell James**

I was a teenage father
then, with little money
My wife and I saved our
lunch so our son could eat

And we went without a
meal that day
As night approached we
had hoped he would sleep
until morning

And with every twist and
turn he made, my anxiety
rose and fell

But as toddlers do, he rose
hungry
Rubbing circles on his belly
He was trying to be a big
boy

Trying to control the
desperation,
I saw in his eyes
I nodded to my wife

**Carn Brea (Miss Berry)** - Monday 9th November 4-6pm and Thursday 12th November - 2-5p.m
**Godolphin (Miss Souch)** - Wednesday 11th and Thursday 12th November 3-6p.m
**Trencrom (Mrs Richards)** - Tuesday 10th and Wednesday 11th November 3-6p.m
**Tregonning (Mr Hooper)** - Monday 9th and Thursday 12th November 3-6p.m

**Warning!!!**
You may have read in the news recently that children in London have been treated in hospital after eating 'Cannabis-laced sweets' https://www.bbc.co.uk/news/uk-england-london-54420635
The Police have information that the products the children took are being circulated in the Devon and Cornwall area so we wanted to make you aware of this. As you can see from the attached photographs provided, they are easily mistaken for sweets that children may take or be offered without them realising what it is they have in front of them.

**Poppy Appeal**
We will be supporting the British Legion poppy appeal again this year. From Tuesday 20th October until Friday 6th November poppies will be available for a small donation. We will also be selling zip pulls (50p), Poppy reflectors (50p), Wristbands (£1.00) and snap bands (£1.50). If you would like your child to make a donation or buy one of the fundraising products please send them in with the correct amount of change. Thank you for your continued support.

And gathered change from everywhere, anywhere

Between cushions and under couches
Closets, desk and cabinet drawers

And I was off to shop with newly found pocket change

Enough for instant noodles, kool aid, bread, and peanut butter

Even as I counted out the change, and people in line smirked and commented

The cashier and I knew I didn't have enough

My eyes swelled, and I Tried to control my desperation

She smiled and said, "well that's just enough"
Bagged my food

And I left
Walking back to our little apartment

I will never forget that feeling
Emotion overcame me

Not embarrassment or shame
Just thankfulness

Just love

I'd do anything

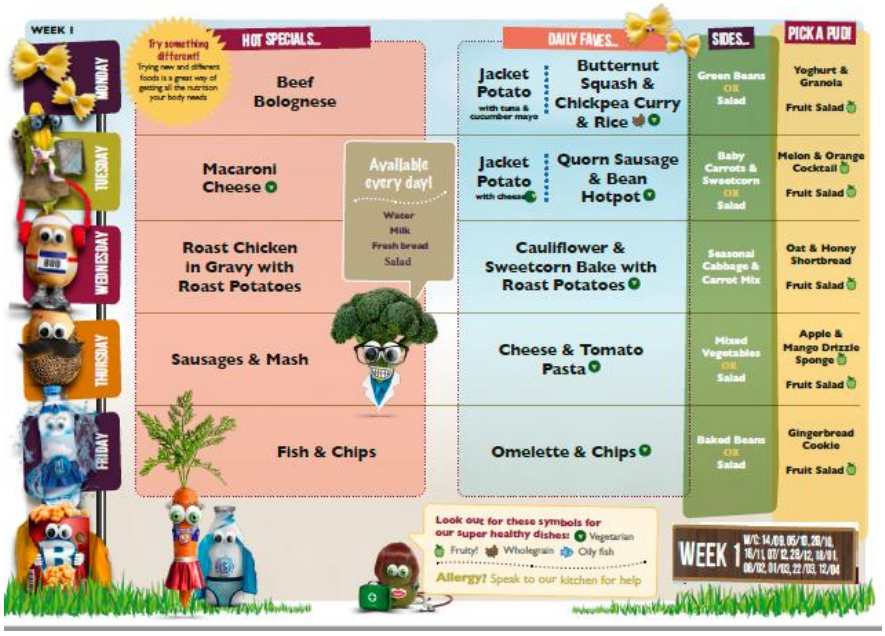
For my boy

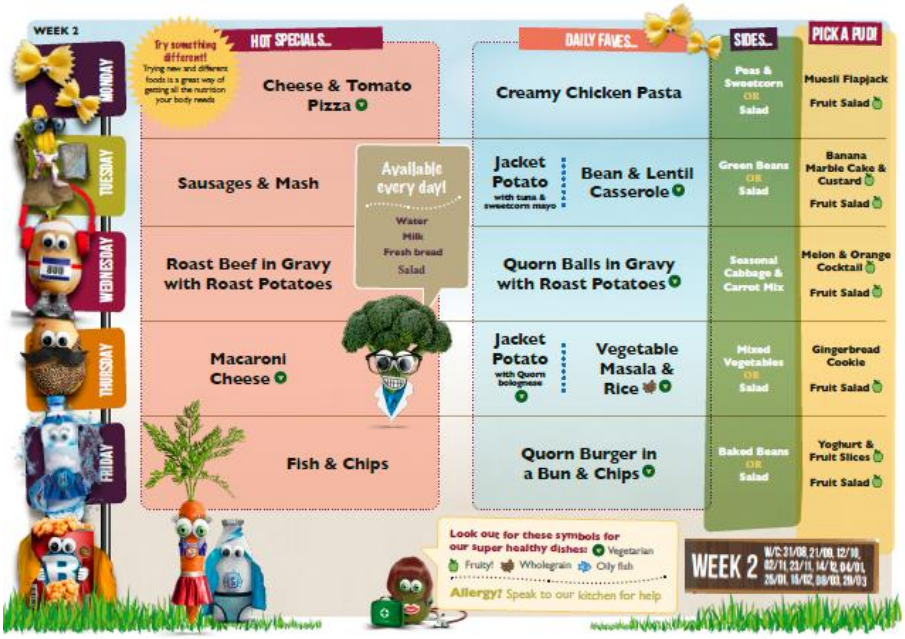
**Posters**
Please see information below about:

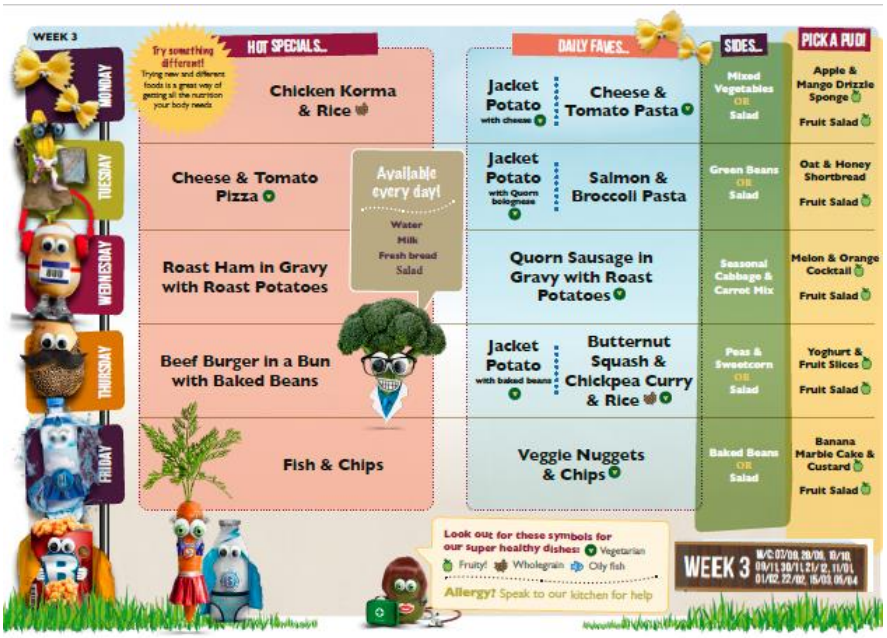
- The New Chartwells Menu
- Breakfast / Afterschool Club Booking Form
- Link to Blackbird Pie magazine
- What's On at Gwealan Tops Adventure Playground

Nexus Covid Secure Campus Tours on 19th, 20th, 21st and 22nd October

Argyle Community Trust – Turn up and Play Mini Soccer Centre at Carn Brea Leisure Centre


WEEK 1
Try something different! Trying new and different foods is a great way of getting all the nutrition your body needs
HOT SPECIALS...
DAILY FAVES...
SIDES...
PICK A PUD!
MONDAY
Beef Bolognese
Jacket Potato with tuna & cucumber mayo
Butternut Squash & Chickpea Curry & Rice
Green Beans OR Salad
Yoghurt & Granola
Fruit Salad
TUESDAY
Macaroni Cheese
Jacket Potato with cheese
Quorn Sausage & Bean Hotpot
Baby Carrots & Sweetcorn OR Salad
Melon & Orange Cocktail
Fruit Salad
WEDNESDAY
Roast Chicken in Gravy with Roast Potatoes
Cauliflower & Sweetcorn Bake with Roast Potatoes
Seasonal Cabbage & Carrot Mix
Oat & Honey Shortbread
Fruit Salad
THURSDAY
Sausages & Mash
Cheese & Tomato Pasta
Mixed Vegetables OR Salad
Apple & Mango Drizzle Sponge
Fruit Salad
FRIDAY
Fish & Chips
Omelette & Chips
Baked Beans OR Salad
Gingerbread Cookie
Fruit Salad
Available every day!
Water
Milk
Fresh bread
Salad
Look out for these symbols for our super healthy dishes: Vegetarian Fruity! Wholegrain Oily fish
Allergy? Speak to our kitchen for help
WEEK 1


WEEK 2
Try something different! Trying new and different foods is a great way of getting all the nutrition your body needs
HOT SPECIALS...
DAILY FAVES...
SIDES...
PICK A PUD!
MONDAY
Cheese & Tomato Pizza
Creamy Chicken Pasta
Peas & Sweetcorn OR Salad
Muesli Flapjack
Fruit Salad
TUESDAY
Sausages & Mash
Jacket Potato with tuna & sweetcorn mayo
Bean & Lentil Casserole
Green Beans OR Salad
Banana Marble Cake & Custard
Fruit Salad
WEDNESDAY
Roast Beef in Gravy with Roast Potatoes
Quorn Balls in Gravy with Roast Potatoes
Seasonal Cabbage & Carrot Mix
Melon & Orange Cocktail
Fruit Salad
THURSDAY
Macaroni Cheese
Jacket Potato with Quorn bolognese
Vegetable Masala & Rice
Mixed Vegetables OR Salad
Gingerbread Cookie
Fruit Salad
FRIDAY
Fish & Chips
Quorn Burger in a Bun & Chips
Baked Beans OR Salad
Yoghurt & Fruit Slices
Fruit Salad
Available every day!
Water
Milk
Fresh bread
Salad
Look out for these symbols for our super healthy dishes: Vegetarian Fruity! Wholegrain Oily fish
Allergy? Speak to our kitchen for help
WEEK 2


WEEK 3
Try something different! Trying new and different foods is a great way of getting all the nutrition your body needs
HOT SPECIALS...
DAILY FAVES...
SIDES...
PICK A PUD!
MONDAY
Chicken Korma & Rice
Jacket Potato with cheese
Cheese & Tomato Pasta
Mixed Vegetables OR Salad
Apple & Mango Drizzle Sponge
Fruit Salad
TUESDAY
Cheese & Tomato Pizza
Jacket Potato with Quorn bolognese
Salmon & Broccoli Pasta
Green Beans OR Salad
Oat & Honey Shortbread
Fruit Salad
WEDNESDAY
Roast Ham in Gravy with Roast Potatoes
Quorn Sausage in Gravy with Roast Potatoes
Seasonal Cabbage & Carrot Mix
Melon & Orange Cocktail
Fruit Salad
THURSDAY
Beef Burger in a Bun with Baked Beans
Jacket Potato with baked beans
Butternut Squash & Chickpea Curry & Rice
Peas & Sweetcorn OR Salad
Yoghurt & Fruit Slices
Fruit Salad
FRIDAY
Fish & Chips
Veggie Nuggets & Chips
Baked Beans OR Salad
Banana Marble Cake & Custard
Fruit Salad
Available every day!
Water
Milk
Fresh bread
Salad
Look out for these symbols for our super healthy dishes: Vegetarian Fruity! Wholegrain Oily fish
Allergy? Speak to our kitchen for help
WEEK 3

Breakfast Club and After School Club  Booking Sheet – Autumn 2020

Child/Children's Name/s: .....

Parent/Carer Name&Telephone Number: .....  Payment made: .....

| DAY | DATE | BREAKFAST CLUB | | AFTER SCHOOL CLUB | | | | Payments |
|---|---|---|---|---|---|---|---|---|
| | | **£3.50** | | 3.30-4pm | 4-4.30pm | 4.30-5pm | 5-5.30pm | **£2 per session** |
| | | siblings £2.00 | | | | | | siblings £1.50 |
| Monday | 2nd November | | | | | | | |
| Tuesday | 3rd November | | | | | | | |
| Wednesday | 4th November | | | | | | | |
| Thursday | 5th November | | | | | | | |
| Friday | 6th November | | | | | | | |
| | | | | | | | | |
| Monday | 9th November | | | | | | | |
| Tuesday | 10th November | | | | | | | |
| Wednesday | 11th November | | | | | | | |
| Thursday | 12th November | | | | | | | |
| Friday | 13th November | | | | | | | |
| | | | | | | | | |
| Monday | 16th November | | | | | | | |
| Tuesday | 17th November | | | | | | | |
| Wednesday | 18th November | | | | | | | |
| Thursday | 19th November | | | | | | | |
| Friday | 20th November | | | | | | | |
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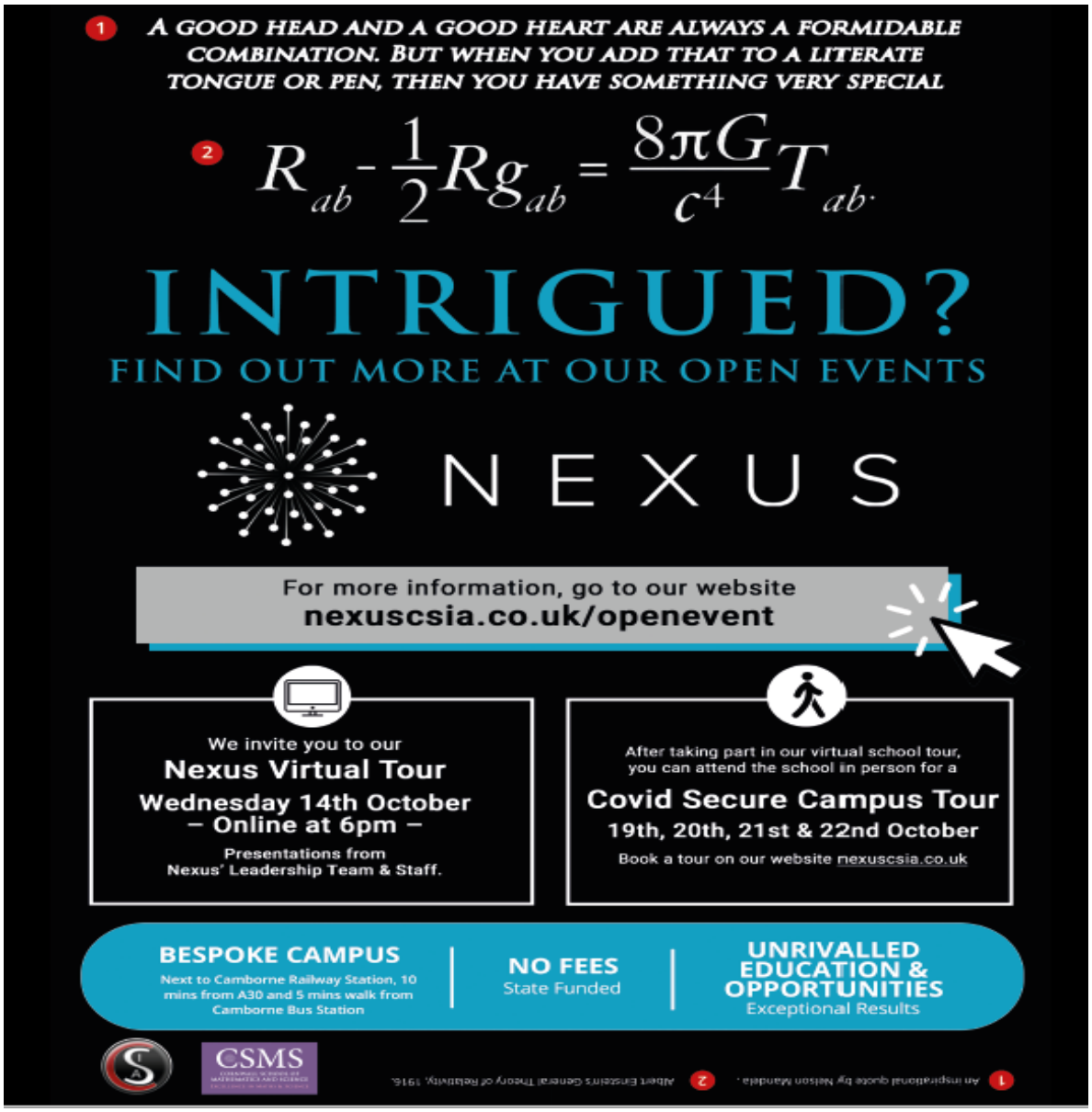
| Monday | 23rd November | | | | | | | |
| Tuesday | 24th November | | | | | | | |
| Wednesday | 25th November | | | | | | | |
| Thursday | 26th November | | | | | | | |
| Friday | 27th November | | | | | | | |
| | | | | | | | | |
| Monday | 30th November | | | | | | | |
| Tuesday | 1st December | | | | | | | |
| Wednesday | 2nd December | | | | | | | |
| Thursday | 3rd December | | | | | | | |
| Friday | 4th December | | | | | | | |
| | | | | | | | | |
| Monday | 7th December | | | | | | | |
| Tuesday | 8th December | | | | | | | |
| Wednesday | 9th December | | | | | | | |
| Thursday | 10th December | | | | | | | |
| Friday | 11th December | | | | | | | |
| | | | | | | | | |
| Monday | 14th December | | | | | | | |
| Tuesday | 15th December | | | | | | | |
| Wednesday | 16th December | | | | | | | |
| Thursday | 17th December | | | | | | | |
| Friday | 18th December | | | | | | | |

“BlackbirdPie magazine goes virtual!
You can view it on a computer, tablet or mobile phone.
The virtual magazine is filled with great things to do, videos, links and interactive stuff. There are lovely places to visit, wonderful walks and museums and galleries to visit (with safety measures in place).
This is our first attempt at an online magazine so please let us know if there are any glitches.
The format has chapter headings and then you can flow down into each section for more information.
Please subscribe so we can send you a link to the next issue.
Happy reading, keep safe and well and have a great autumn.
Simon, Vanessa, & the Blackbird”

Blackbird Pie magazine – the ‘What’s On’ for families in Cornwall
BlackbirdPie 2020 Autumn
https://blackbirdreads.turtl.co/story/blackbirdpie-autumn-2020/
Due to the current Covid 19 pandemic we feel it is unwise to distribute paper magazines so we have gone ‘virtual’ and produced a Blackbird Pie magazine that you can view online on a computer, tablet or mobile. The aim is to provide news, information and activities which enrich families’ lives.



www.gwealantops.org

# Dads and Kids Breakfast Club

**Dad's and Kids Breakfast Club is a Saturday morning group for fathers, grand-dads or male carers with children of all ages, both boys and girls.**

The sessions give dads and their children the opportunity to spend time with each other, mix with other dads and kids, and have fun! This is an all weathers outdoor group but we do have shelter if needed. Children are natural explorers and are likely to get messy given the chance so it's best that they dress (and you) with both this and the weather in mind. Sensible shoes for outdoors are essential!

**SESSIONS ARE ON THE FOLLOWING DATES 10:30 AM - 12 NOON**

**September 26th | October 24th | November 21st | December 12th**

**COME ALONG FOR PLAY AND BACON BUTTIES!**

Covid-19 safety measures in place so limited numbers. Please let John know if you are coming or want more information at manager@gwealantops.org Parking is available.

**At Gwealan Tops Adventure Playground, School Lane, Redruth, TR15 2ER**

www.gwealantops.org

GWEALAN TOPS ADVENTURE PLAYGROUND

School Lane, Redruth TR15 2ER
www.gwealantops.org

## OUTDOOR SPACE AVAILABLE TO HIRE

**Unique, outdoor meeting/learning spaces now available to hire.**

**We can also offer workshops, play space and school visits**

Contact us to talk through your requirements - email manager@gwealantops.org or call 01209 697 717

# What's on

## The Big Read Fest.

AT GWEALAN TOPS ADVENTURE PLAYGROUND

We had big plans for a 'Reading' festival to be hosted at Gwealan Tops Adventure Playground in May 2020. Unfortunately, we had to initially postpone and then cancel the event. We were, however, able to host a 'Virtual Readfest' on May 16 2020 (visit the Facebook Page to see events from the day) and have now rescheduled the event for Saturday 15th May 2021.

Having received a grant from The Arts Council to run the festival, we look forward to working alongside local authors and performers to bring you an extremely exciting event!

With live performances and storytelling throughout the day, a chance to 'meet the author', a reading corner with a Book Swap, a range of workshops suitable for all ages, plus lots of fun activities, this is sure to be an exciting day to extend and develop the imaginations of children and young people across Cornwall.

The Festival will take place onsite at Gwealan Tops Adventure Playground, which will have a team of experienced staff working on-site throughout the day. With a range of craft and activity stalls, as well as food and drinks vendors, there will be plenty to keep the whole family entertained! Watch this space for further details!

Gwealan Tops Registered Charity Number

LOTTERY FUNDED | Supported using public funding by ARTS COUNCIL ENGLAND

2020 Annual Playwork Awards WINNER Frontline Playwork Award

Gwealan Tops Adventure Playground, School Lane, Redruth, TR15 2ER

Email: manager@gwealantops.org Phone: 01209 697 717 Registered Charity No: 1177542

NATIONAL LOTTERY FUNDED

# TURN UP & PLAY
# MINI SOCCER CENTRE

**EVERY SATURDAY**
**9AM-10.30AM**
**FALMOUTH SCHOOL**
**CARN BREA LEISURE CENTRE**
**£4 PER SESSION**

FOR BOYS AND GIRLS OF ALL ABILITIES
AGED 5 - 14 YEARS

**GIRLS WILDCATS RUNNING AT FALMOUTH SCHOOL.**

**TO BOOK VISIT:**
**argylecommunitytrust.co.uk**

ARGYLE COMMUNITY TRUST