

Weekly Newsletter
Spring 2022 - 2
Friday 21st January 2022

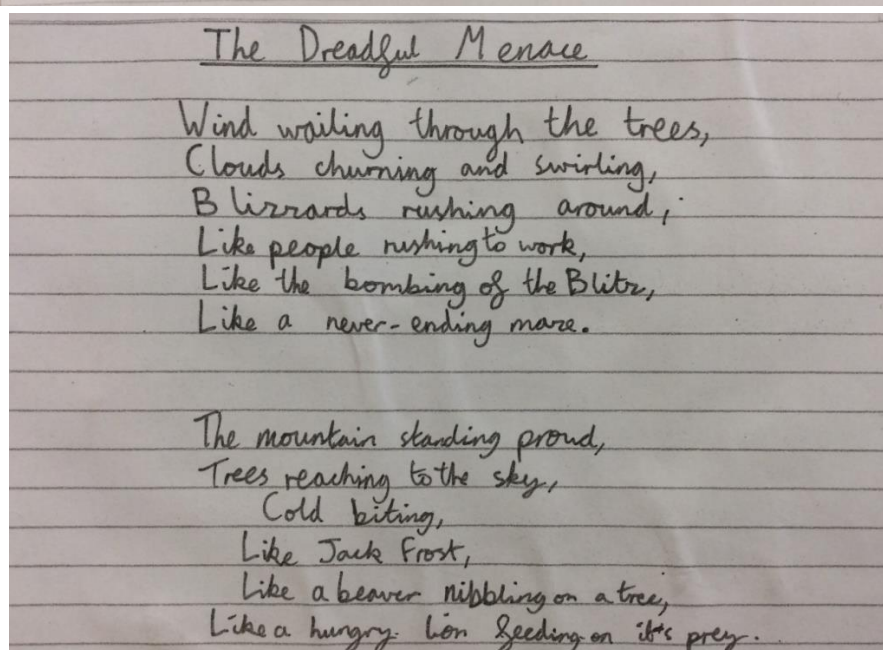
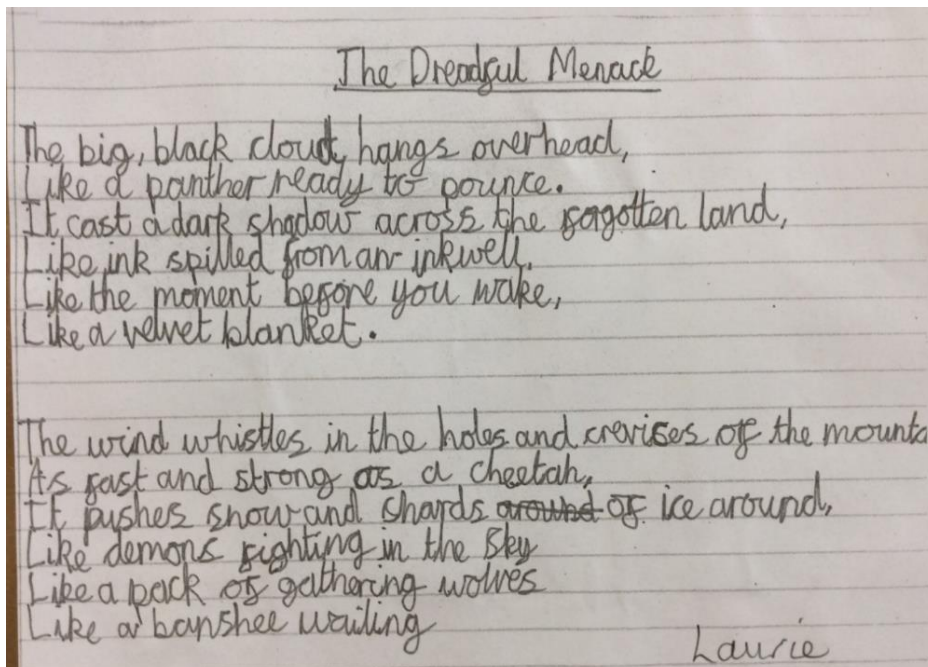
www.penponds.cornwall.sch.uk
01209 713 929
secretary@penponds.cornwall.sch.uk

 @penponds_School



Tregonning Class

Tregonning have been focussed on literacy and art in the first week. The children have written some wonderful poetry. Two examples are shown, one by Laurie; the other by Bella. Our art studies have taken us from abstract soundscapes (linked to the work of Georgia O' Keeffe) to detailed sketching, similar in style to Maria Sibylla. We hope to share some of the art work when the unit is completed.



Dates for your diary:

Swimming Lessons Trencrom Class Y3/4

Monday 10th January – 4th
April inclusive



Extra-Curricular Clubs

Starting Monday 17th January
run by school staff. All clubs
finish at 4pm.

Mondays – Outdoor Learning
– all year groups with Miss King

Mondays – Aerobics – all year groups with Mrs Watts

Wednesdays – Chess and Board Games – Years 3, 4, 5 and 6 with Mr Hooper

Wednesdays – Makaton Signing – all year groups – all year groups

Thursdays – Dance – Reception and Years 1 and 2 – Miss McLennon

Thursdays – Choir – Years 3, 4, 5 and 6 with Mrs Bailey

Sports 4 Tots

Tuesday 11th January –
Tuesday 15th February
booked direct with Nick Eagles

Charity Donations

Last term Penponds School raised £65.18 for Save the Children Christmas Jumper Day appeal and £66.16 for Children in Need, "Together We Can". Thank you for your donations everyone.



Inset Days:

Friday 8th April 2022
Monday 25th July 2022
Tuesday 26th July 2022

Attendance week ending 14th January 2022

Carn Brea: 98%

Godolphin: 97%

Trencrom: 95%

Tregonning: 89%

Trophy – Carn Brea

Attendance week ending 21st January 2022

Carn Brea: 97%

Godolphin: 88%

Trencrom: 96%

Tregonning: 80%

Trophy – Carn Brea

Class Teacher Awards



Week ending 14th January

Carn Brea
Barney, Evie, Paige

Godolphin
Aggie, Holly, Archie

Trencrom
Joshua, Esmee, Orla

Tregonning
Eadie, Griff, Bella

Tour of Britain – Land Art

Today we had a certificate presented to us by the mayor and some members of the council for the land art that we created for the Tour of Britain back in September. We achieved highly commended out of all the pieces of work across the country.



To see what we did please scan the QR code or the website below:

QR Code



Book Link

<https://online.fliphtml5.com/xuvox/ygrr/>

Week ending 21st January

Carn Brea

Hazel, Zaci, Max

Godolphin

Bert, Millie, Harper

Trencrom

Austin, Ethan, Annabelle

Tregonning

Harry M, Emily, Charlotte

Head Teacher Awards



Carn Brea

Orla

Godolphin

Evan, Arlo

Trencrom

Isobel, Annabelle

Tregonning

Olivia, Evie

Prefect Awards

Bella, Gwyddion

CSIA Sports Alliance Cross-Country Event

This morning some of our Year 3,4,5 and 6 children took part in a Cross-Country Sports Alliance Qualifier event. All competitors ran extremely well and were a credit to the school with their excellent attitude and behavior. Well done to all the runner but especially to Mia and Lily who won their races.



Covid Guidance

KS1 and KS2 children need to arrive at **8.45a.m** and go to their classroom door entrance.

Reception children need to arrive at **8.50a.m** and go to their classroom door entrance.

Staff will be at the door ready to welcome them in.

At the end of the day please collect your child from their classroom entrance apart from Y5/6 (Tregonning class) who will be walked around to the front of the school by the bike shed and will be dismissed from there.

Reception and KS1 will finish at **3.15p.m**. KS2 children finish at **3.20p.m**.

Please collect your child promptly.

Due to the increased number of confirmed Covid cases in Cornwall at present, we would politely ask that parents continue to wear masks at drop off and collection when the school will be very busy and if entering the building for an appointment.

If your child develops a new continuous cough and/or high temperature and/or a loss of, or change in, normal sense of taste or smell (anosmia) please do not send them into school and arrange for them to have a PCR test as soon as possible.

There is more information about the return to school from Cornwall Council through the following link.

[Back to school - Cornwall Council](#)

Quote:

Creativity takes courage



Henry Matisse

Poem:

I am an Artist



I am a creator of ideas,
swimming in a sparkling
sea of imagination

A magician of sorts, turning
thoughts of wonderment
into pieces of originality

Each creation showcases
my own personal journey

My worries, dreams and
ambitions,
everything I love and
everything I fear

All that I was yesterday and
all that I'll be tomorrow
is neatly contained in my
glorious creations

When you glance over my
work, you are catching
a glimpse of my soul,
for a part of me is in each
piece I create

Thank you for your continued support.

Public Health Update: Schools and Early Years Settings

The number of COVID-19 infections in Cornwall continues to increase, with more than half of the total number being recorded in Cornish Schools. Because of this, Public Health Cornwall, is asking parents, carers, teachers and school staff to follow some new guidance.

We request:

- You book a PCR test if you are a household or close contact of a confirmed COVID-19 case
- We are asking for household contacts of a case who attend an educational setting to take a daily rapid LFD test for 7 days

This additional testing recommendation applies to children in secondary schools and additionally primary schools if parents/carers feel comfortable in doing so.

The daily testing recommendation for Cornwall is not mandatory but designed to identify children and young people who develop COVID-19 a few days after their sibling or other household member and therefore reduce the risk of COVID-19 spreading in schools.

If they do not have COVID-19 symptoms and are testing negative they can continue to attend their setting. If they test positive on an LFD test or develop new symptoms, they should self-isolate and take a PCR test.

We also request that all parents, carers and older siblings of school aged children test twice weekly, using a lateral flow test, in line with the continued government guidance.

Guidance from the UK Health Security Agency (HAS)

For staff member cases

Where a staff member is identified as having been in close contact with the person who tested positive, they should be advised to take a PCR test. Close contacts may wish to undertake daily LFD testing whilst awaiting their result. They should also be advised to self-isolate unless one of the following applies:

- They are fully vaccinated
- They are below the age of 18 years and 6 months
- They have taken part in or are currently part of an approved COVID-19 vaccine trial
- They can evidence that they are unable to be vaccinated for medical reasons
-

To ensure eligible individuals identified as a close contact can access [Test and Trace Support payments](#) you may consider providing staff details to the NHS Self Isolation Hub when:

- staff member who was in close contact with the person testing positive has indicated they are not exempt from self-isolation, but the person testing positive was unable to provide that person's details to NHS Test and Trace.
- it is particularly difficult for the person testing positive to identify or provide details of some members of staff they were in contact with,

I march to my own beat,
and wildly dance to my
own rhythm

Passion runs through my
veins,
as emotions are fuel for my
craft

Certain pieces I protect and
keep to myself
while others I'll share with
the world

I am a creative beacon
shining my light brightly
for all the universe to see

I am all these things and
more rolled into one
amazingly, talented,
unique artist!



for example temporary workers such as supply staff, peripatetic teachers, contractors or ancillary staff.

The self-isolation hub can be contacted by calling 0203 7436715.

Kind regards

Public Health

Posters

- Thank you message from Coastline Housing
- CSIA Super Saturday Workshops for Year 5
- Camborne Town Trail Time Trial
- Early Help Parenting Advice – Penwith district
- Early Help Parenting Advice – Kerrier district
- Early Help Newsletter – Spring 2022 – Support and Guidance for Parents and Carers
- Penponds Church Kids Club
- National Online Safety – What Parents and Carers need to know about - Replika

'Thank you my card, it was lovely I really appreciated the children remembered us older people at Christmas ' Love from Joy



Dear Penponds School Children and Staff,

Happy 2022 .Thank you so very much for making these fantastic snowy and joyful Snowmen Christmas Cards. They were loved and brought smiles to the faces of many of our Customers this festive season. Acts of kindness like this really are appreciated. We delivered over 200 cards to Customers whom may have felt lonely and isolated at Christmas.

WELL DONE to all card artists

From the Community Investment Team at Coastline Housing Association

Coastline
housing





SUPER SATURDAY WORKSHOPS

9.30am-12noon for Year 5 students



**29
January**

English
The Other
Side of the
Canvas



**12
February**

French
A Taste of
France
(Un goût de
la France)



**5
March**

Sport
Camborne
Sporting
Stars



**19
March**

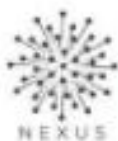
DT Food
Easter
Treats



**2
April**

English
Wonderful
Willy Wonka
Workshop

To sign up to any, or all of the sessions, please visit
www.cambornescience.co.uk/super-saturdays



CSIA, Cranberry Road, Camborne TR14 7PP

@cambornescienceacademy

CAMBORNE TOWN TRAIL TIME TRIAL



1ST JANUARY – 31ST MARCH 2022

**Walk, run, jump or roll your way around the 1 mile
Town Heritage Trail in Camborne Town!**

- 12 Heritage Locations
- Trophies
- FREE Water Bottles
- Wheelchair Friendly
- Family Friendly
- Certificates
- Buggy Friendly
- FREE Event

Sign up via **www.strava.com** and search 'Camborne Town Trail'. Compete against family and friends - every participant receives a certificate and water bottle.

For more information about this event and Heritage Trail locations please visit **www.cambornetown.com/whatson** and checkout our social media channels on Facebook, Instagram and Twitter - @CamborneTown

Brought to you by BID Camborne with thanks to the Welcome Back Fund



European Union
European Regional
Development Fund



Early Help – Penwith

Parenting Advice

Do you need some support and advice to understand your child's needs and behaviours?

Advice on positive parenting and how to keep your child safe?

To understand the importance of routines for your family?



To get in touch with your questions please send an email to Penwith.FamilyHubs@cornwall.gov.uk or call 01736 759058 and leave a message mentioning Parenting Worker Advice Line with your contact details and the best time for us to contact you. You will receive a reply within two working days.



Early Help – Kerrier

Parenting Advice

Do you need some support and advice to understand your child's needs and behaviours?

Advice on positive parenting and how to keep your child safe?

To understand the importance of routines for your family?



To get in touch with your questions please send an email to Kerrier.FamilyHubs@cornwall.gov.uk or call 01209 310000 and leave a message mentioning Parenting Worker Advice Line with your contact details and the best time for us to contact you. You will receive a reply within two working days.

Early Help Newsletter – Spring 2022

Free information, support and guidance for Parents and Carers

Parenting Support Courses

We are continuing to support parents and carers and offer interactive parenting courses both online and face to face groups to ensure we are offering a full service to parents / carers in the safest way. Service requests will continue to be received through the Early Help Hub.

www.cornwall.gov.uk/earlyhelpclub

The courses available will be:

- Being Passionate About Parenting - Early Years 1 - 3 years (3 x 1½ hours)
- Being Passionate About Parenting - 4 - 11 years (3 x 1½ hours)
- Being Passionate About Being Calm - 4 - 11 years (1 x 2 hours)
- Being Passionate About Parenting with basic introduction and an awareness to ADHD- 5 - 11 years (3 x 1½ hours)
- Being Passionate About Parenting with a basic introduction and awareness about the "Spectrum" 5 - 11 years (4 x 1½ hours)
- Being Passionate About Parenting – The Teenage Brain 12 - 17 years (3 x 1½ hours)
- Take 3 – Supporting Teenagers 12 - 17 years (5 x 2 hours)

Future Highlight

- Introduction to Teenagers with ADHD Traits
- Introduction to Teenagers with Autistic Traits
- Introduction to Teenagers with Sensory Challenges

All 2 ½ hour sessions. These are optional add-on sessions following completion of Take 3 (if relevant).

Just for Dads

You can also find information tailored just for you on the Family Information Service –

<https://www.supportincornwall.org.uk/fordads>

Behaviours that Challenge Sessions

If you would like to be able to talk in confidence and meet other parents experiencing similar challenges come along. Your child does not need to have a diagnosis or a statement for you to attend this group.

- January 10th 1-3pm- Guest Speaker- SENDIASS
- February 14th 1-3pm – Being Passionate About Being Calm 5-11 years
- March 14th 1-3pm- Guest Speaker- SENDIASS

To book your place contact:

Julie.Attwell@cornwall.gov.uk

facebook

For further updates and information on what's happening in your area visit us on Facebook:

www.facebook.com/TogetherForFamilies

Need help?

Contact the Early Help Hub on 01872 322277 for support, advice and guidance.

If you have immediate concerns or are worried about a child or young person's safety, please telephone the Multi Agency Referral Unit (MARU) on 0300 123 1116





Parents and carers wellbeing workshops providing support to help you navigate the journey of raising a child in a fast-changing world and to guide you to available services and support and to promote helpful conversation.

For further information please visit:

www.headstartkernow.org.uk

www.facebook.com/TFFCornwall



Parents can struggle at one time or another. You are not alone.

Home-Start's volunteers work alongside families to give compassionate and confidential support. They help people to regain the confidence to be the parents they want to be.

Take a look at the website:

<http://homestartkernow.org.uk>

Useful Links

<https://www.cornwall.gov.uk/health-and-social-care/childrens-services/early-help/useful-websites-for-early-help/>

Provides useful links to other areas of support.

Family Information Services

For useful parenting information, updates on parenting programmes including face to face delivery and **Parenting Podcasts** please access the Family Information Service website –

www.supportincornwall.org.uk

[Solihull Approach | inourplace | Understanding your child](#)

Access to resources about becoming a parent or being a parent from children aged 6 months to 19 years including children with additional needs and children's health and wellbeing.

Free Access Code: TAMAR

www.autism.org.uk

For families and individuals on the autism spectrum. Providing support, guidance and advice, as well as campaigning for improved rights, services and opportunities.

www.adhdfoundation.org.uk

Attention Deficit Hyperactivity Disorder Foundation actively promotes a strength-based approach to living successfully with ADHD and other 'neurodiverse minds', such as, dyslexia, dyspraxia, autism spectrum, dyscalculia and Tourette's syndrome.

www.addiss.co.uk

The National Attention Deficit Disorder Information and Support Service. Providing people-friendly information and resources.

www.pdasociety.org.uk

Pathological Demand Avoidance Society offer Information, support and training for PDA.

[PDA Together | Facebook](#)

For parents and individuals to support and inform each other within the world of PDA.

www.capt.org.uk

The Child Accident Prevention Trust, working to reduce the number of children and young people killed, disabled or seriously injured in accidents.



If you would like this information in another format, please contact:

Cornwall Council, County Hall, Treyew Road, Truro TR1 3AY

Email: equality@cornwall.gov.uk Telephone: **0300 1234 100**

kids club

@Penponds Church (the Secret Church)



£1
per
session

EVERY THURSDAY (term time)

sessions
run
3:30 - 4:45

FOR primary aged children
15 places available

For more information:
becky@cambornecluster.org.uk
07903 496869

What Parents & Carers Need to Know about

REPLIKA

AGE RATING
UK & EUROPE: RATED 'MATURE'
17+

Replika is an artificial intelligence (AI) chatbot companion that its developers claim users can form an actual emotional connection with. Once users have created an account and chosen a 3D avatar, they select the type of relationship they want with the chatbot: friend, mentor or romantic partner. Using a neural network to hold an ongoing one-on-one conversation, Replika gradually becomes more like the user as it gathers data from their responses. It isn't the only AI chatbot app available, but Replika pushes the boundaries of the concept to offer a highly realistic conversational experience.

WHAT ARE THE RISKS?

INAPPROPRIATE CONTENT

As its age rating suggests, Replika includes content that isn't suitable for children, such as flirtatious messaging and sexual role-play. While the developer has recently updated the app to ensure this can only be accessed by adults who select 'romantic relationship', there are numerous accounts online of sexual content being seen by younger users of the app.

18
CENSORED

NO SELF-AWARENESS

Replika is designed to seem very human, but it's important to remember that it's a still an AI-powered chatbot that has no self-awareness. This means (as numerous users have highlighted online) that the chatbot sometimes fails to filter out inappropriate content: one user reports, for example, that Replika shared upsetting videos of vicious dogs.

NOT MEDICALLY CERTIFIED

Replika claims to be able to improve users' emotional wellbeing by easing feelings of anxiety and loneliness. However, its disclaimer states "we are not a healthcare or medical device provider ... nor should our services be considered medical care, mental health services or other professional help services." There is no guarantee that Replika can help with mental health issues – it could, in fact, have the opposite effect.

POTENTIAL ADDICTION

Like many apps, Replika is addictive by nature. It encourages the user to provide more information so it can learn about them and become better at conversation. Not only does this mean your child could end up spending a long time on an app where they might share sensitive information, but also that they could find themselves forming an emotional attachment to the human-like chatbot.

IN-APP PURCHASES

Replika is free to download, but its developers do offer in-app purchases. Users can pay to upgrade to a 'Pro' version of the app, which unlocks extra content such as additional activities, conversation topics and the ability to hold voice calls with their AI 'companion'. Users can also spend real-world money on the 'gems' used to buy new outfits or different personality traits for their avatar.

Advice for Parents & Carers

SET UP PARENTAL CONTROLS

Replika doesn't feature its own in-game parental controls, but most mobile devices come with these controls built in. On iOS devices, for instance, you can set content and privacy restrictions – so if you don't want your child to be using 17+ rated apps like Replika, you can adjust the settings to prevent these from being downloaded.

TALK ABOUT THE DANGERS

If your child is determined to use Replika and you're happy for them to download it, then it's vital you talk to them first about the possible dangers of this type of app. For example, it's key that they understand not to give out any information which is personal or could be used to identify them – and it would be prudent to warn them about the potential of being exposed to mature content on the app.

WATCH FOR WARNING SIGNS

If you're concerned that your child is spending too much time on Replika and might be forming an unhealthy emotional connection with their chatbot, it's important to look out for the warning signs. They may be giving increasing priority to the app ahead of more important everyday activities (such as doing homework or eating meals) or could be showing signs of irritability and a lack of concentration.

SEEK PROFESSIONAL HELP

If your child is suggesting that they should use Replika for mental health reasons – because they're lonely or having feelings of anxiety, for example – it would be sensible to recommend other options to them. Replika's developers freely admit that they are not a certified mental health service, so if your child needs help it would unquestionably be best to consult a qualified professional instead.

Meet Our Expert

Carly Page is an experienced technology journalist with a track record of more than 10 years in the industry. Previously the editor of tech tabloid *The Inquirer*, Carly is now a freelance technology journalist, editor and consultant.



National Online Safety

#WakeUpWednesday



www.nationalonlinesafety.com



@natonlinesafety



/NationalOnlineSafety



@nationalonlinesafety