



Newsletter 8
Autumn 2022
Friday 11th November 2022

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 @penponds_School



Penponds School Choir

We are incredibly proud of our Penponds School Choir. This week they represented our school at The Camborne Music Festival – and we came back with a trophy!

The children were excellent advocates for the school and it was lovely to see our very own Chair of Governors, Mrs Alvine Holmes there too.

The children sang two contrasting pieces - Please Don't Buy Me A... by Mark and Helen Johnson, a song about unwanted Christmas presents, sung with gusto and full of funny actions and a very poignant and reflective piece, Remember by Emily Bardon, a timely song about Armistice Day. The choir performed this piece today as well during our Remembrance service which included a respectful two-minutes silence. If you scan the QR code, you will be able to see and hear this performance of Remember.



Dates for your diary:

After School Clubs:

Sports 4 Tots

Tuesdays after school –
book with Nick Eagles
Sports4Tots.org.uk

Nature Explorers

Wednesdays after school –
book with Sue Greenaway
treefolkforestschool@gmail.com

Rock Steady Music

Fridays - Lessons In school
time – book with Tom
rocksteadymusicschool.com

Skateboarding Club

Fridays after school –
Book with Frankie Lanni
frankie@coachfrankskateschool.co.uk

DDMIX Club

Fridays after school –
book with Martha Huntley
diversedancemix.martha@gmail.com

Extra-Curricular Clubs

School-led clubs – last
week of clubs 5-9th
December (no clubs
running in last week of
term)



Youth Royal British Legion Remembrance Service – Camborne Parish Church – Friday 11th November

This year our school councillors from Tregonning Class represented Penponds School at the Youth Royal British Legion Remembrance Service at Camborne Parish Church



Swimming Lessons

Trencrom Class

**Monday 31st October –
Monday 5th December**

Odd Socks Day

Monday 14th November



To celebrate and raise awareness for anti-bullying week we will be wearing odd socks to school on Monday 14th November with our school uniform. There is no monetary donation. Be as wacky as you like!

Height and Weight

Measuring with School Nurse – Reception and Year 6 children only

Tuesday 15th November

Parent Consultations:

**Monday 14th November
Carn Brea Class**

**Tuesday 15th and
Wednesday 16th November
Godolphin, Trencrom and
Tregonning Classes**

**Please book using the
online booking system**



Visitor – Carn Brea Class

Carn Brea children enjoyed meeting PC Wood this week. He came to tell us all about his role. We enjoyed trying on his uniform and asking him lots of questions like, does your coat glow in the dark? Are there any police animals? And do you have a police monster truck? He kindly answered them all and we even got stickers and a finger printing kit. Just before PC



Cancelled Extra-Curricular Clubs due to Parent Consultation Evenings
Tuesday 15th November - Chess/Games Club and Lego Club

Wednesday 16th November
Art Club and Football Club

Year 6 and Reception Children – Height and Weight Measuring
Tuesday 15th November

Choir visit to Memory Café
Wednesday 16th November

Children in Need Day
Friday 18th November



To celebrate Children in Need Day children can wear spotty or striped clothes – no school uniform. Voluntary donation of £1 on Parentpay please.

Year 1 Hearing Screening
Wednesday 23rd November

Tregonning Class visit to Bodmin Keep
Wednesday 23rd November

Carn Brea Class visit to Tolvaddon Fire Station
Friday 25th November

Choir visit to Tregenna Care Home
Thursday 24th November

Wood left we told him all about the Evil pea and how we thought he had been taking things and freezing our superheroes. So he left us with an evidence bag to collect the evidence we find and told us he would keep an eye out! Thanks PC Wood!



Camborne Lantern Parade

Friday 25th November

School Photographer in for Portrait/Sibling Photos

Wednesday 30th November

Little Acorns Christmas Event in the Hall

Thursday 1st December

Christmas Carol Concert at Wesley Church, Camborne

Friday 2nd December -

School Christmas Lunch in the Hall

Wednesday 14th December

Rock Steady Concert in the Hall

Friday 16th December

Last Day of Autumn Term

Friday 16th December

First Day of Spring Term

Wednesday 4th January

Inset Days:

Monday 5th September 2022

Tuesday 3rd January 2023

Monday 17th April 2023

Monday 24th July 2023

Tuesday 25th July 2023



Ernie – Carn Brea Class

Please welcome back Ernie, Carn Brea's class pet. The children have enjoyed learning about caring for him and watching him explore our classroom. He is a real character and often tips himself over trying to climb. Feel free to come say hi to him after school if the older children remember him.



Attendance this week:

Carn Brea: 100%

Godolphin: 91%

Trencrom: 96%

Tregonning: 95%

Class Awards



Carn Brea: Charlie, Woody, Riley

Godolphin: Hazel, Loccy, Olsen

Trencrom: Mia, Maddie, Bert

Tregonning:

Brody, Ellie, Mia

Headteacher Awards



Carn Brea: Rupert

Godolphin: Barney, Byron

Trencrom: Archie

Tregonning: Laurie

Nature Explorers – After School Club

At forest school we made our own campfire roasting sticks using hazel sticks to toast marshmallows! Everyone did a great job and they were amazing at roasting! Whittling with peelers is a fun, safe way to introduce the theme of woodworking skills. Children can develop their physical health and well being as they build their capacities of hand eye coordination, spatial awareness, fine and gross motor skills and their ability to manage risk. Bread sticks are also great for chocolate sparklers or magic wands!



Quote:

When someone you love becomes a memory, the memory becomes a treasure.



Poems:



For the Fallen (Extract)

They shall grow not old, as
we that are left grow old:

Age shall not weary them,
nor the years condemn.

At the going down of the
sun and in the morning

We will remember them.

Robert Laurence Binyon

(1869-1943)



In Flanders Fields



In
Flanders
fields the
poppies
blow

Between the crosses, row
on row,

That mark our place: and in
the sky
The larks, still bravely
singing, fly
Scarce heard amid the
guns below.

We are Dead. Short days
ago
We lived, felt dawn, saw
sunset glow,
Loved, and were loved, and
now we lie
In Flanders fields.

Take up our quarrel with
the foe:
To you from failing hands
we throw
The torch; be yours to hold
it high.
If ye break faith with us
who die
We shall not sleep,
Though poppies grow
In Flanders fields.

Lieutenant-Colonel
John McCrae
(1872 – 1918)





Parent Consultations 14th, 15th, 16th November

Parents Consultations will be held on:

Carn Brea Class: Monday 14th November –
1300-1730



Godolphin, Trencrom and Tregonning Classes
Tuesday 15th and Wednesday 16th November – 1500-1800

These will be face to face in the Hall and can be booked online using the following link:

<https://cal.smoothbook.co/5da5ce6f84e31e7aa72ad4c2>

Just copy and paste the link to your web browser. If you haven't registered before you will need to Register/Create Password before you can book a timeslot.

If you wish to look at your child's work in the classroom beforehand please arrive a bit earlier than your appointment time to do this. Just make sure you are in the hall ready for your allocated time as we will still be using the 10 minute timer to ensure consultations do not overrun. Miss Berry (SENCO) will be available on all consultation days if you wish to talk to her.

Please note the following extra-curricular clubs are cancelled

Trial Lesson Offer - Rocksteady

Any child who would like a trial lesson in school with Tom, Rock Steady who hasn't had a lesson before please email Tom with your child's name, Year Group and what instrument they would like to try.



tom.macdonaldclapp@rocksteadymusicschool.com

Posters:

- Camborne Lantern Parade and Lights Switch On
- Free Teatime Family Meals – Gwealan Tops
- Free Drop-In Sessions – Gwealan Tops Adventure Playground
- How to combat online bullying – National Online Safety

Camborne's **LANTERN** **PARADE**

PART OF THE CHRISTMAS LIGHTS
SWITCH ON

Friday 25th November

17:45

The Lantern Parade will depart from
Rectory Road at 17:45, and will move
along Church Street, Fore Street,
Trelowarren Street, along Union Street,
across Cross Street to Commercial
Street, where the parade will end on the
mini roundabout by Tyacks

Free Teatime Family Meals

You will find a warm welcome with hot, tasty food and great company!

- Everyone is welcome
- Meals are totally free
- You don't need a referral or a voucher

Wednesdays
16th, 23rd, 30th November & 7th December
5pm – 6pm

Where?

Gwealan Tops, School Lane, Redruth
TR15 2ER

What is the food like?

We prepare fresh, home-cooked meals. There is always a vegetarian, vegan or gluten free option on offer too. The menu is announced on our Facebook page.

What do I need to bring?

You and your family – All ages are welcome!
We have a warm, safe space with friendly volunteers and a hot meal.

Please let us know if you want to come when you are collecting your children or email to manager@gwealantops.org



LOTTERY FUNDED

www.gwealantops.org





GWEALAN TOPS

ADVENTURE PLAYGROUND

School Lane, TR15 2ER

Term time free drop in adventure
play sessions for 7-16 year olds on
Tuesdays to Fridays 3.15-5.30pm and
Saturday 12-4pm
See www.gwealantops.org
for more info

NEW! Free Teatime Family Meals on
Wednesdays at 5pm
16th November to 7th December
Contact manager@gwealantops.org
to book

Youth Club - Free for 13s & overs
Just drop in Fridays, 5.30-7pm

Cubs in the Wild for parents/carers &
under 5s on Tuesdays at 9.30am Contact
donna@gwealantops.org
to book

Dance Club on Thursdays, 4.15-5.15pm,
contact kerry@gwealantops.org
to book

Christmas Holiday Playscheme
Mon 19th-Thurs 22nd December 12-4pm
More details to follow



NATIONAL
LOTTERY FUNDED

WWW.GWEALANTOPS.ORG



What Parents & Carers Need to Know about HOW TO COMBAT ONLINE BULLYING

Defined as "ongoing hurtful behaviour towards someone online", cyber-bullying makes its victims feel upset, uncomfortable and unsafe. In the digital world, it has numerous forms – such as hurtful comments on a person's posts or profile; deliberately leaving them out of group chats; sharing embarrassing images or videos of someone; or spreading gossip about them. Cyber-bullying can severely impact a young person's mental health ... so, in support of Anti-Bullying Week, we've provided a list of tips to help trusted adults know what to look for and how to respond to it.

1. GET CONNECTED

Playing online games together with your child or connecting with them on social media (providing they're old enough) is not only fun but also an excellent way of establishing some common ground to discuss things you've both seen or done online – as well as keeping an eye on who your child is communicating with in the digital world.

2. KEEP TALKING

Regular chats with young people about their online lives are good practice in general, but they can also be an excellent refresher to help prevent cyber-bullying situations. Topics you might want to revisit include why it's important to only connect online with people we know and trust, and why passwords should always remain secret (even from our best friends).

3. STAY VIGILANT

Observe your child while they're using technology and just after they've used it. Are they acting normally, or out of character? Possible signs of a problem may include seeming quiet or withdrawn, jumpy or anxious, angry or repeatedly checking their phone. When you feel it's the right time, you may want to check in with them to see if everything is OK.

4. MAKE YOURSELF AVAILABLE

If an online bullying incident does occur, it may take a while before your child is ready to open up about what happened. Just gently remind them that they can always come to you with any problems – and that they won't be in trouble. You might also suggest a trusted family member they could turn to, in case they feel too embarrassed to tell you directly.

5. BE PREPARED TO LISTEN

When conversations about online bullying do take place, they're likely to be difficult, emotional and upsetting for both you and your child. Actively listen to your child while they're bringing you up to speed, and try not to show any judgement or criticism – even if they haven't dealt with the situation in exactly the way you would have hoped.

FURTHER SUPPORT AND ADVICE

If you or your child need additional help with an online bullying issue, here are some specialist organisations that you could reach out to.

Childline: talk to a trained counsellor on 0800 1111 or online at www.childline.org.uk/get-support/

National Bullying Helpline: counsellors are available on 0845 225 5787 or by visiting www.nationalbullyinghelpline.co.uk/cyberbullying.html

The NSPCC: the children's charity has a guide to the signs of bullying at www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/ and can be reached on 0808 800 5000

6. EMPOWER YOUR CHILD

Depending on their age, your child might not want a parent 'fighting their battles for them'. In that case, talk through their options with them (blocking the perpetrator, deleting the app and so on). By allowing your child to choose the path they take, you're putting them in control but are also demonstrating that you're there to support them along the way.

7. REPORT BULLIES ONLINE

Cyber-bullying often takes place through a particular app, social media platform or online game. If this is happening to your child, encourage them to report the offender to the app or game in question – ideally with screenshots to support their complaint. Most games and apps have reporting tools specifically to stamp out abusive behaviour and protect users.

8. ENCOURAGE EMPATHY

Protecting themselves online is the priority, of course, but young people should also feel empowered to help if they witness other people falling victim to cyberbullying. Even if they don't feel confident enough to call someone out on their abusive behaviour online, they can still confidentially report that person to the app or game where the bullying occurred.

9. SEEK EXPERT ADVICE

Victims of online bullying frequently experience feelings of isolation and anxiety, a loss of self-esteem and potentially even thoughts of self-harm or suicide. If you think that an incident of cyber-bullying has affected your child's mental wellbeing, then seek psychological support for them. There are some useful contact details in the central panel below.

10. INVOLVE THE AUTHORITIES

If the nature of any online bullying makes you suspect that your child is genuinely in imminent physical danger – or if there are any signs whatsoever of explicit images being shared as part of the bullying – then you should gather any relevant screenshots as evidence and report the incidents to your local police force.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



**National
Online
Safety®**

#WakeUpWednesday