



Weekly Newsletter  
 Summer 5 Friday 24th May 2019  
[www.penponds.cornwall.sch.uk](http://www.penponds.cornwall.sch.uk)  
 01209 713929  
[secretary@penponds.cornwall.sch.uk](mailto:secretary@penponds.cornwall.sch.uk)  
[@Penponds\\_School](#)



## This week's focus: New Headteacher Appointment



Dear Parents/ Carers

I am delighted to announce that following interviews yesterday the Directors have appointed Mrs Julie Lamb as Headteacher at Penponds School. Julie has been a Headteacher in our trust for many years and I know she has the passion, knowledge and skills to build on all of the excellent work that has been carried out by Adam Richards.

Adam and Julie will now be working closely together to ensure a smooth transition for all of the staff, children and families.

Julie will be on the school gate from 8.30 am on 6<sup>th</sup> June and at the end of the day on the 14<sup>th</sup> June so come along and introduce yourselves!

*I am delighted to have been appointed as the Headteacher of Penponds school and am very much looking forward to meeting you all in the near future. I have been employed at Troon School for the last sixteen years and I have been the substantive Headteacher there since January 2011. Before coming to Troon I worked in two, very different inner London schools for ten years. During that time I was also a link tutor for Roehampton Institute supporting student teachers as they completed their teacher training. These varied opportunities have given me a wide range of skills and experience to bring to this role and to the wider Multi Academy Trust.*



*I was born in Penzance – initially attending Alverton Primary School and then later on - Humphry Davy School. I have a great love and respect of all things Cornish and am passionate about improving outcomes for local communities. Having had a wonderful childhood myself, I strive to provide the same for all the children in my care. I aim to deliver an inspiring learning experience which prepares children to be confident for the next steps in their education as well as for life-long learning. I feel a school should be a happy, vibrant place which promotes aspirational learning and encourages all children and staff to achieve their goals.*

*I am committed to building on the many successes that have gone before as well as driving improvement forward for Penponds and for the Rainbow MAT. I am thrilled to be joining the Penponds team and know that by working together in partnership we will be "Aiming high and achieving our best."*

Mrs Julie Lamb

Samantha Jones

CEO and Executive Headteacher

## Dates for your diary:

.....  
**Monday 27th May –**  
**Friday 31st May –** Half-term holiday  
 .....

**3rd-5th June –** Camp at Eden Project - Trencom Class

**Friday 7<sup>th</sup> June -** School Photographs - Class groups, Sports Groups, Year 6  
 .....

**10th-14th June –** Y1 phonics screening check

**Tuesday 18th June –** Minack Theatre Trip – Carn Brea and Godolphin classes  
 .....

**Friday 28th June –** Sports Day  
 .....

**2nd-4th July –** RMAT London Trip – Tregonning Class  
 .....

**Friday 12th July –** Penponds Family Festival  
 .....

**Monday 15th July –** KS2 Dress rehearsal for Summer Show

**16th and 17th July –** KS2 Summer Show 6.30-7.30pm

**15th-19th July –** Work Experience Students in school

**15th and 16th July –** Transition Days for Year 6 at CSIA



## Elite Commando Day

First of all, we were split into three groups. Our group's first activity was roasting marshmallows. Most of us enjoyed it, but the man instructing us asked Jasmine come up and give us an example, and he was surprised that she didn't eat it as she is vegetarian. Alice also didn't like them, she took one small bite and the whole thing was in the hedge. Then she and someone else had to sing a song for another marshmallow.



The second activity involved a lot of hugs! The group was split up into two smaller groups for this activity. We had to get across 'lava' by moving around tyres without touching the ground. We started off with six tyres and the next round five, then four. To get onto a tyre with three other people was quite a squeeze, so we had to hug each other many times. Our groups lost every time, but we didn't mind as we worked together and had fun.



## Wednesday 17th July –

Reports to parents

## Wednesday 24th July –

last day for children

## Thursday 25th July –

INSET Day/Staff Training

No children in school

**First day back for children:**

**Thursday 5th September 2019**

## INSET DAYS 2019/2020

Wed 4th September 2019

Mon 6th January 2020

Fri 12th June 2020

Mon 15th June 2020

Thu 23rd July 2020

**Attendance and Awards for this week:**

## Attendance:

Carn Brea: 92.98%

Godolphin:

Y1 – 92.16%

Y2 – 98.77%

Trencrom – 95.87%

Tregonning - 88.89%

## Attendance Trophy

Year 2 – Godolphin Class



Finally it was the assault course! We had to get into partners, and race each other across the inflatable fun! By Lemmy, Alice and Rosie



#### **Flambards Trip – Carn Brea**

On Wednesday, Carn Brea class went to Flambards. We have been learning about fairgrounds as part of our topic, 'The Greatest Show' and we were so excited to go on the rides for real! The children were fantastic, most of them went on nearly all the rides. So many brave children, facing fears and enjoying



#### **Awards:**

##### **Lunchtime Award:**

Freya B, Mack, Gwyddion, Fleur

##### **Carn Brea:**

Ia, Sebastian, Jessica

##### **Godolphin:**

##### **Y1**

Joshua, Summer, William

##### **Y2**

Harry, Freya D, Brody

##### **Trencrom**

Daniel, Elijah, Hollie

##### **Tregonning**

Alfie, James, Morley,

##### **Maths**

Ruby, Austin, Issie,  
Oliver S, Mia

##### **Headteacher**

Alfie G-W, Morley, Lily M,  
Zabian, Hermione, Maisy  
C, Olivia

##### **Elite Commando**

Lloyd, Lilly, Trystan, Amy,  
Jasmine, Alex, Lemmy,  
Gina, Alice, Ruby, Fleur,  
William, Thomas, Alfie,  
Ben, Megan, Jayden,  
Jake, James, TJ, Ryan,  
Rosie, Ellena, Maddie,  
Morley

##### **Quote of the week:**

"Hope holds you fast like an anchor so you don't give way." **Phillip Pullman, The Golden Compass**

themselves. The children measured themselves before each ride to check they were tall enough to ride, then in the queue we looked closely at how each ride worked. The children know about gravity and forces and we saw that most rides use gravity. We then spoke about how chains pulled the trains and logs up the tall hills. It was a hot day full of adventures so the ride home was very quiet as we had lots of tired children. What a great day.







### Carn Brea Class Open Afternoon

On Thursday Carn Brea class had an open afternoon. The parents and grandparents were invited in and the children treated them to a performance of their class story. We then showed them how we innovate our stories and then performed the innovated story as well. The children then gave tours of our learning environment, shared their books and learning journey and made chocolate fairground apples. The parents also had a chance to see all the photos and videos that were taken of our trip to Flambards. What a lovely afternoon, the children love having you all in, so thank you to those that came.







### **Community Governor vacancy**

One of our long serving governors, Mr Derek Head, is stepping down at the end of this term. Derek has been serving the school community of Penponds for a number of years and has brought much challenge and support to the staff to ensure the children of Penponds fulfill their potential. His expertise in behaviour for learning, assessments and particularly maths have helped us make rapid improvements and I'd like to thank him personally for the time and effort he has put into our school.

As Derek is stepping down we have a vacancy for a Community Governor starting in September 2019. Governors are all volunteers and make up the biggest volunteer sector in England. They attend 6 meetings a year, visit the school to observe standards and meet with staff to discuss impact of various teaching strategies. Governors challenge and support school leaders and take a strategic view of how the school is improving the life chances for children. It is a very rewarding role and training, networking and forums are available for governors to develop their skills and knowledge. Most governors also bring an area of expertise to the school's governing body, often closely linked to their own profession or employment. This position is a community governor vacancy - not a parent governor role. If you think you would like to volunteer for this important position (or know someone who may be interested) and

are able to commit time to the school then please email me direct at: [head@penponds.cornwall.sch.uk](mailto:head@penponds.cornwall.sch.uk) to discuss it further. **Mr Richards**  
<https://www.nga.org.uk/Governance-Recruitment/Be-a-school-governor-or-trustee.aspx>

### Football Tournament Year 3

Today, the last day before the half-term break eleven children, Tristan, Jowan, Jayden, Gwyddion, Vincent, Mylo, Daniel, Jasper, Lily, Harrison and Oliver went to CSIA to play in a football tournament. All the children played fantastically, between them scoring five goals. They played with amazing sportsmanship between each other and with the other teams. They all received a medal for being overall winners. We are very proud of them all.  
By Michelle Pascoe











# Argyle Soccer Roadshows WHITSUN HOLIDAYS 2019



@PAFCCommunityTr



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Book our courses online  
[www.argylecommunitytrust.co.uk](http://www.argylecommunitytrust.co.uk)



**Additional sports and  
activities available**

**Reduced rates available by booking online for all courses over £10**

**Please call 01752 562561 ext 4 for sibling discount if you have  
3 or more children, online price not applicable.\***

\*Online discounts not applicable for phone bookings

**Prices from £5 - £30**  
**Registration opens at 9.40am**

**All courses for boys and girls of all abilities aged 5 - 15 years**

**New membership reward cards available**

**Courses run from 10am to 3pm with the exception of Tiny Tots 10am to 12pm**



## Soccer Roadshows

Our Soccer Roadshows are age and football specific with the emphasis on fun, enjoyment and development. Sessions include skills, technique, competitions and small sided games.

## Girls Only Roadshow Special

Our Girls Soccer Roadshows Specials are age and football specific with the emphasis on fun, enjoyment and development. Sessions include skills, technique, competitions and small sided games.

## Disability Football & Shortbreaks

**Disability Roadshow:** A fun-filled day packed with football games in an inclusive and comfortable environment. The day is tailored for children with a physical impairment, learning disability or mental health condition. **Shortbreaks:** Half day of football and multi sport activities for children ages 7-14 with either Autism or ADHD. Limited to 14 spaces per day!

## Tiny Tots

Tiny Tots football sessions are aimed at three – six year olds, who are experiencing their first taste of a structured coaching session. The sessions are staffed at a ratio of 4 coaches to 16 children. The emphasis is to improve listening and concentration skills whilst working on balance and co-ordination. The children can develop in a safe and fun environment over the duration of the sessions.

## Activities Day

Come and join us for a fun-filled day where you will have the opportunity to participate in a number of activities including football, golf, pool, table-tennis, computer gaming, art and crafts and lots more.

## Match Day Special

Come and experience a day packed with all kinds of matches, from 2 a side competitions up to 7 v 7 games. The day is designed to improve each individual player's game understanding and awareness.

## PL Future Star Day

Premier League Future Stars day is a fun based multi-sports activities from Football, Handball, dodgeball from learning the sports to engaging within competitions. Focused around the Core PL Stars Values of: Be Connected, Be Ambitious, Be Fair, Be Inspiring – Can you be the next future star!

## Whitsun Special

Finish off the Whitsun holidays in style with an action-packed day filled with sessions, competitions and matches from the Argyle Community Trust coaches. Every participant will walk away with a prize, sweets and a certificate.

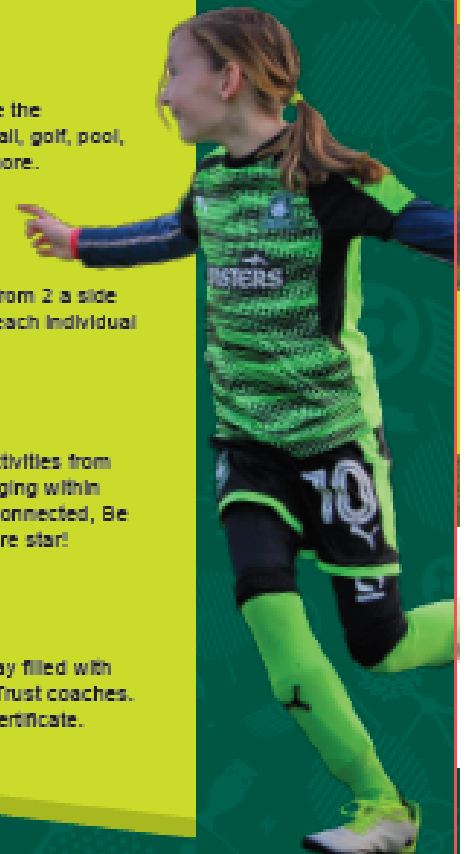
### Courses in and around:

**Plymouth | North Devon & Cornwall | East Cornwall | Cornwall**

**All courses for boys and girls of all abilities aged 5 - 15 years**

**New membership reward cards available**

**Courses run from 10am to 3pm with the exception of Tiny Tots 10am to 12pm**





# What parents need to know about VPNs

Although a great privacy tool in the right hands, VPNs can be dangerous for children and let them bypass restrictions you have on web browsing.

## What is a VPN?

A Virtual Private Network (VPN) is a privacy tool used to hide internet activity from prying eyes. Without a VPN, internet traffic is sent directly from your computer or smartphone, letting anyone in-between you and a website or service that you're accessing (such as a wireless hotspot owner or your ISP) see what you're doing. With a VPN, a secure tunnel is created between your computer or phone and what's known as the endpoint. The endpoint is merely the part of the internet where your connection comes out and can be in the same country as you or located anywhere else in the world.

Using a VPN has two main effects. First, as the tunnel is fully encrypted, nobody between you and the final endpoint can see what you're up to. Secondly, as all of your traffic looks as though it's coming from the endpoint, you can further avoid being tracked and monitored, hiding your real location from everyone.

VPNs have many legitimate uses. For example, running a VPN when on a wireless hotspot or hotel network that you don't trust, gives you additional security. There's also improved privacy by using a VPN, preventing ad networks and the like from tracking you and working out where you live. VPNs are also often used to bypass protections, say watching UK streaming TV when abroad by pretending that you're still in the UK. The way a VPN works means that children can also use VPNs to hide what they're doing and get around any restrictions that you might have in place.



**National Online Safety**

Publish date: 20/03/19

## MEET OUR EXPERT

This guide has been written by David Ludlow. David has been a technology journalist for more than 20 years, covering everything from internet security to the latest computing trends and the smart home. A father of two (a nine-year-old and a six-year-old), he's had to control and manage how his children access online services and use apps.



## What are the risks?

There are three main issues with VPN usage by children, potentially affecting their privacy (and yours), and opening them up to seeing inappropriate content.

### 1) Viewing age-inappropriate content

Parental control tools work by looking at the sites that a child is trying to visit, and then blocking according to a list of what's not allowed. With a VPN, the secure tunnel that's created means that web traffic can't be viewed, so parental controls stop working. Once on the open internet, a child using a VPN can look at anything they like unrestricted. This isn't just at home. Children that are allowed to take devices into school for work purposes can also use VPNs to bypass any filters that have been set up on the school network, too. VPNs can both be in software and via what's known as a proxy website. With a proxy website, a child visits this, then enters in a blocked website address that they want to view. The blocked website is then downloaded and viewed through the proxy, sidestepping any parental protection.

### 2) Malware infections

Installing any unknown application is fraught with danger, and the same applies to many free VPN applications. In an investigation, it was found that 38% of free Android VPNs contained malware, with 75% also designed to track activity. By installing suspect software, a child may be opening themselves up to being spied on and their private details being stolen. If you use a shared device with a child, an infection can also affect you. Malware can spread, and there's then a higher risk to other devices on your network. There's a chance that a dodgy VPN will use your computer and internet bandwidth, too. Back in 2015, the free Hola VPN extension was found to be secretly selling its users' bandwidth via another service and, in some cases, users' internet connections were being used for illegal activity.

### 3) Free VPNs can spy on people

The best commercial VPNs are built around privacy and have strict rules about hiding activity, not spying on users and not logging data. These tools are built for adults who wish to protect their anonymity. Children often go for free VPNs and proxy websites, which have a less strict code of ethics. Many free VPNs have been found to spy on activity, store private information and even sell this data on. When using a VPN like this, dodgy adverts and pop-ups can be inserted into web traffic, beyond the harmful things that your child may already be viewing.

## What parents can do

Although the risks might seem entirely different, the protection from VPNs is the same for all of the threats.

### Filter VPN sites

Check the parental controls software that you're using to see if there's a filter to block VPN/Proxy traffic. If this is selected, it will prevent most known VPNs from working, along with proxy websites.

### Block VPN applications

Stopping and removing any VPN applications running on a child's device is a must. If you have parental control software that can restrict application use, make sure that you investigate any application that your child wants to install and block all VPNs. If you've recently enabled any applications, go back and check what they're used for and remove any VPNs that you find. If you don't have software to check what's running on a child's devices, then you should manually check. Searching for an application with VPN in the name is a good idea. Look out for tell-tale signs, too: computers and phones will usually display a different connection symbol when a VPN is connected. You can also use a child's computer to try and view a restricted website to ensure that filtering is still in place.

### Monitor your child's online activity

In order to prevent your children from falling prey to inappropriate content, it's important to monitor your child's internet usage and have open and honest discussions with them about their online activities.

Sources:  
[www.safeschools.com/blog/free-vpn-holds-risk-of-becoming](http://www.safeschools.com/blog/free-vpn-holds-risk-of-becoming)  
<http://www.bbc.com/news/technology-35201501>  
<http://www.bbc.com/news/technology-35201501>  
<http://www.bbc.com/news/technology-35201501>



# MUSIC AND MAYHEM

JUNE 23RD, 2019

1PM TO 6PM

THE FALMOUTH HOTEL,  
FALMOUTH

*A musical, game filled,  
family garden party*

*raising money for Music Therapy*

*in Cornwall*

Featuring music from

Teyr, Davey & Dyer, Kyle Coleman,  
Black-Eyed Nancy, Jordon Jane and Carrick Breeze.

'SECOND  
WIND'

DONATE YOUR  
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INSTRUMENTS  
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BOOKS

Dance with  
InspirAsian

Make your  
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Instrument  
making

Garden  
Games

Entry via donation to our Crowdfunder

<https://www.crowdfunder.co.uk/cornwallmusictherapy>

or £5 per person on the day

(under 10s and registered carers are free)

Activities may be subject to change



**The Wahine Project UK is a sister project to the Wahine Project California for ALL GIRLS of all abilities aged 8-16!**

Register now for your opportunity to get to know the ocean, learn to surf and improve your surfing, become more proficient in ocean activities, get healthy inside and out, do your part to protect the ocean, make new friends and have fun at the beach!

**Hosted at Sunset Surf, Gwithian**

Join us qualified ISA surf instructors, RNLI lifeguards, guest artists, marine scientists, environmentalists, yoga/pilates instructors

#### THE WAHINE PURPOSE

- Allow diversity of girls access to ocean sports who would otherwise not have the opportunity.
- Focus on ocean safety and ocean recreation.
- Provide education on how to maintain a healthy lifestyle through exercise and good nutrition.
- Promote positive self-esteem through participation of sports.
- Develop sense of social responsibility and environmental stewardship.


[www.thewahineproject.org](http://www.thewahineproject.org)

**Starting every Saturday from 4th May until September 2019.**

10am-1pm Under 12's • 1.30pm- 4.30pm Over 12's

**All equipment provided. Suggested donation of £15**

To register or for more information contact Anne-Marie on 07462 697701

 Follow us on [facebook.com/thewahineprojectuk](https://facebook.com/thewahineprojectuk)

THANKS TO:





# Stretch and Relax

## New Yoga Class

At: Trevenson Church Hall, Pool

On: Tuesdays 4.30-5.30pm

A class for all abilities. Join and unwind!  
Fully qualified, experienced, friendly teacher



Contact:

Tel: 0788 4025925

Email: [innersunrelaxation@gmail.com](mailto:innersunrelaxation@gmail.com)

f: Inner Sun Yoga and Relaxation Cornwall