



Newsletter 12
Autumn 2022
Friday 9th December 2022

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 @penponds_School



Christmas with the Aliens performance

Godolphin and Carn Brea classes have had a fantastic week entertaining staff, governors, parents and families with their Christmas with the Aliens performances. A huge well done to all the children and staff!



Dates for your diary:

Reminder – No Extra-Curricular Clubs running from 12th-16th December

**Experience Christmas at Penponds Church
Wednesday 12th December**

**Reminder - Christmas Jumper Day Appeal
Wednesday 14th December**
Bring in a jumper to wear over uniform. Suggested £1 per child donation, cash or Parentpay. Any money raised will go to Save the Children Appeal

**Reminder - Christmas Lunch in the Hall
Wednesday 14th December**

**Special Visitor in School
Thursday 15th December**

**Reminder - Christmas Party Day
Friday 16th December**
No school uniform today. Children to wear party clothes.

**Rock Steady Concert in the Hall
Friday 16th December**
Parents of children who have taken Rock Steady lessons this term invited only.

Last Day of Autumn Term



Friday 16th December

First Day of Spring Term
Wednesday 4th January

Sports4Tots
Will resume on Tuesday
10th January

DDMIX and Skateboard Clubs
Will resume on Friday 13th January

Extra-Curricular Clubs
To start week beginning
Monday 16th January –
parents to use booking
system to pre-book

Junior Life Skills Event at
Tolvaddon Fire Station for
Year 5
Wednesday 22nd February
2023

School Choir Visit to
Memory Café
Wednesday 1st March

Special Visitor in from
Sports for Schools
Wednesday 15th March

Red Nose Day
Friday 17th March

Inset Days:
Monday 5th September
2022
Tuesday 3rd January 2023
Monday 17th April 2023
Monday 24th July 2023
Tuesday 25th July 2023

Extra Bank Holiday for
King's Coronation
Monday 8th May 2023

North Pole Challenge

Penponds School have been clocking up the miles toward the Trust-wide mission to achieve 4,237 miles from the MAT Central Office to the North Pole. Today the children and staff walked or ran around the field in their Christmas hats in the sunshine and blue sky. In the course of the week we have achieved 309 miles!





Attendance this week:

Carn Brea: 86%

Godolphin: 95%

Trencrom: 91%

Tregonning: 88%

Class Awards



Carn Brea:

Whole Class

Godolphin:

Whole Class

Trencrom:

Henry, Zara, Lily

Tregonning:

Erin, Jasper, Indie-Rae

Quote



Maybe Christmas doesn't come from a store. Maybe Christmas, perhaps, means a little bit more.

The Grinch



Poem

What is there about
Winter?



Lover of blue water,
 Paddling the edges of the lake,
 Floating in the softness of
 Spring greens,
 Delighting in the early
 woodland violet;
 Grower of flowers, nestling
 them
 In vases filled with ferns;
 Putting pen to page in
 praise
 Of Autumn's tapestries of
 woven gold –
 Why do you stand now on
 this snowy path
 Gazing at bare twigs and
 brittle grass?
 What is it about the
 sombre silence,
 The all-enwrapping pale
 cold
 That frames these simple
 lines
 And satisfies some inner
 sense?
 Is there something more
 than beauty,
 More profound...more
 everlasting
 In these frugal memories
 of plenty
 Grouped among the
 mounds of fallen snow?
 What is it you so love
 about this season?
 In this vast, quiet
 whiteness, somehow,
 Also Eden?



Posters:

- Christmas Cricket Camps
- Breakfast and After School Club Booking Sheet for Spring Term
- Citizens Advice Newsletter/Information
- Carn Brea Judo Club
- National Online Safety - What parents need to know about HiPal

CHRISTMAS

Cricket Camps



Cornwall
Cricket

Soft Ball

MONDAY 19TH DEC, TUESDAY 20TH DEC

10-3PM

SCHOOL YEARS 1-4

£15 PER CHILD



Hard Ball

WEDNESDAY 21ST DEC, THURSDAY 22ND DEC

10-3PM

SCHOOL YEARS 5-8

£20 PER CHILD

LOCATION - CORNWALL CRICKET CENTRE

TO BOOK YOUR SPOT

<https://cornwallcricket.co.uk/junior-cricket/holiday-camps.html>

Any booking queries contact

ADMIN@CORNWALLCRICKET.CO.UK



Breakfast Club and After School Club Booking Sheet – Spring Term 2023

Child/Children's Name/s:

Emergency Parent/Carer Name & Telephone Number:

Payment made:

Please tick the sessions to book for your children and pay in advance via Parentpay/Childcare Vouchers

DAY	DATE	BREAKFAST CLUB		AFTER SCHOOL CLUB			Payments
Costs and Timings		8am start £3.50 siblings £2.00		3.20-4pm	4-4.30pm	4.30-5pm	£2 per half-hour Session, siblings £1.50
Wednesday	4 th January						
Thursday	5 th January						
Friday	6 th January						
Monday	9 th January						
Tuesday	10 th January						
Wednesday	11 th January						
Thursday	12 th January						
Friday	13 th January						
Monday	16 th January						
Tuesday	17 th January						
Wednesday	18 th January						
Thursday	19 th January						
Friday	20 th January						
Monday	23 rd January						
Tuesday	24 th January						
Wednesday	25 th January						
Thursday	26 th January						
Friday	27 th January						
Monday	30 th January						
Tuesday	31 st January						
Wednesday	1 st February						
Thursday	2 nd February						
Friday	3 rd February						
Monday	6 th February						
Tuesday	7 th February						
Wednesday	8 th February						
Thursday	9 th February						
Friday	10 February						

The newsletter can also be found on our website at <https://citizensadvicecornwall.org.uk/citizens-winter-edition/>

[Citizens – Winter Edition | Citizens Advice Cornwall](#)

Citizens-Winter-2022Download The latest edition of Citizens, the newsletter from Citizens Advice Cornwall, is now available, packed with useful information on support with energy bills and where you can turn to for help.

citizensadvicecornwall.org.uk



CARN BREA JUDO CLUB

Members of the British Judo Council

Affiliated to the British Judo Association



Venue: Main hall at Roskear Primary & Nursery School TR14 8DJ

**NEW BEGINNER CLASSES
START TUESDAY 3rd January 2023
6-7PM**

FIRST TWO CLASSES FREE

ALL instructors are highly qualified, insured
national and international medalists

It is FUN; Learn new SKILLS; MAKE NEW FRIENDS

Do a CONTACT SPORT SAFELY

**TO BOOK YOUR PLACE contact us through
Facebook messenger**

WE LOOK FORWARD TO MEETING YOU

What Parents & Carers Need to Know about

HiPAL

AGE RESTRICTION
12+

(with reduced functionality for under-12s)

WHAT ARE THE RISKS?

CONNECTING WITH STRANGERS

HiPal's under-12 accounts don't allow direct connections with strangers (although children seeking more friends can share their 'Friend Code' on other platforms), but for older users, chatting with strangers seems to be the app's main appeal. The 'Public Square' shows nine online users (hitting 'refresh' replaces these with another nine), and clicking on someone's profile starts a conversation.

SEXING AND SUGGESTIVE PICS

Almost immediately after our expert downloaded the app, strangers began to message privately – asking for provocative images or sharing explicit photos of themselves. Likewise, in the 'Explore' feed, many of the pictures and videos are innocent, but some are far more salacious. There is always the risk of other users secretly saving a revealing photo and re-sharing it elsewhere.

NEED FOR VALIDATION

Some users – particularly girls – post photos on apps of this type hoping for positive reactions and comments to boost their self-esteem. Suggestive images tend to attract more flattering feedback, encouraging the user to post more frequently and with more explicit content. Conversely, receiving unkind comments about their picture can impact a young user's confidence and sense of self-worth.

HiPal is a trending social media app which turns phones into walkie-talkies, allowing people to have voice conversations with friends or strangers. There are two account options: one for users aged under 12 and one for those aged 12 or above. The former has fewer features and limits interaction with strangers, enabling use of the walkie-talkie feature or photo sharing with friends and family only. The 12+ accounts offer more options, including adding strangers as friends, sharing photos and videos publicly, sending private messages and holding voice chats with strangers as well as friends.

NO AGE GATES OR MODERATION

Although users are given an initial choice of the under- or over-12 profile, there is no verification method to confirm someone's age. It is quite clear that the 'older' option offers a more complete experience on the app, but there seems to be no content moderation in place. Likewise, there is a reporting button for users to make a complaint but these reports do not appear to be followed up.

INTRUSIVE FEATURES

HiPal's walkie-talkie gimmick is no different from a normal phone call and seems rarely used; although it allows conversations to still be heard while a phone is locked, which could have awkward results. HiPal also offers 'boom' messages: unmissable large-text notifications which are highly distracting and briefly take over the phone – users can't access other apps until the message fades.

LARGE GROUP CHATS

The app offers group chats with up to 100 people – both friends and unknown users. This not only means excessive 'boom' messages taking over your child's device, but near-constant notification alerts and – most worryingly – the potential for walkie-talkie chatting and sharing photos with strangers outside parental supervision and apparently with no moderation from the platform itself.

Advice for Parents & Carers

EMPHASISE CAUTION

Remind your child of the dangers of connecting with strangers online. Some may be using the app innocently; others may have more sinister intentions. Encourage your child to consider what information they disclose in private messages and emphasise that they should inform a trusted adult if someone on the internet ever attempts to persuade them to meet in person.

TALK ABOUT SEXING

It can be an awkward conversation (which young people are often reluctant to have), but it's vital to talk openly and non-judgementally about sexting. Discuss the legal implications of sharing explicit images, as well as the emotional impact. Make it clear your child should never feel pressured into sexting – and that they should tell a trusted adult if they receive any unwanted explicit images.

BUILD RESILIENCE

With HiPal's lack of moderation, it's imperative that children are prepared for comments they might receive after uploading an image. You can build their resilience and equip them to manage these situations by having them show you any comments they've received. Together, discuss how the nice ones made them feel – and what they could do if someone posted a comment that upset them.

AVOID OVER-SHARING

Young people should think carefully about what they share in their profile, bio and posts. Talk to your child about not disclosing personal details such as phone numbers, other social media accounts or images which could reveal where they live or go to school. It's essential for children to recognise that strangers can assemble a detailed profile of someone based on things they can find online.

CONSIDER MENTAL WELLBEING

Many users on HiPal publicly share photos that are intended to be alluring in the hope of gaining more likes, friends and positive feedback – boosting their self-esteem and making them feel more self-assured. When young people regularly engage with social media platforms, it's important that parents and carers keep in mind the potential impact such platforms can have on mental wellbeing.

Meet Our Expert

Dr Jane Rushford is a senior safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



National
Online
Safety

#WakeUpWednesday



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