

Weekly Newsletter
Spring 2022 - 3
Friday 28th January 2022

www.penponds.cornwall.sch.uk
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 @penponds_School



School Council: Rights Ambassadors

You may have heard your children talking about their rights. We have been learning about the children's rights as detailed in the United Nations Convention on the Rights of the Child (UNCRC). All children have the right to receive these rights and should be respectful that other children receive their rights too. We have looked at many of the rights suitable to discuss with children over the spring term.

Last week, in our Friday assembly, children suggested which rights they wanted to be put forward to be considered for us to focus on in school and become the Penponds School Rights. Our School Council: Rights Ambassadors, then went through the list and fine tuned it to choose the final five rights.

The children have chosen Article 12 – The Right to a Voice, be heard and be listened to; Article 15 – The Right to join clubs and be with friends; Article 28 – The Right to an Education; Article 29 – The Right to be the Best we can be; Article 31 – The Right to Relax and Play.

Now we have our chosen rights, the children will create a school charter, their sort of agreement and sign up, to working towards ensuring they receive their rights, but also are respectful in their behaviour and choices that others can receive their rights too. The school council have decided that they would like this charter to take the form of a rainbow on a display board in school. Every person in school adult and child, will make a handprint, with their signature/name on. Each year group will be assigned a colour to create their handprint in and the school council will complete the display next week.

If you would like to find out more about the UNCRC there is lots of information about it [here](#)

Healthy Eating Workshop

It is so nice to have positive feedback about our children from visitors in school. On Tuesday, Trencrom class took part in a healthy eating workshop to consolidate their learning in class. Please read the email that we received:

Good afternoon,

It was a pleasure today to visit and carry out a workshop with the Children, please find below a quick summary of today's session;

Fit Food (snack bars) workshop- I spoke to the children about healthy snack options and the importance of carbohydrates for slow release energy and how we need fibre in our bodies to aid digestion. We also spoke about healthier swaps with bread and cereals and how breakfast is the most important meal of the day, the children were very engaging. We then split into groups and created our own healthy snack bars, the children choose what shape to make and the name of the snack. The children all tried something new and enjoyed eating their snacks!

Dates for your diary:

Swimming Lessons

Trencrom Class Y3/4

Monday 10th January – 4th April inclusive



Extra-Curricular Clubs

Starting Monday 17th January
run by school staff. **All clubs finish at 4pm.**

Mondays – Outdoor Learning
– all year groups with Miss King

Mondays – Aerobics – all year groups with Mrs Watts

Wednesdays – Chess and Board Games – Years 3, 4, 5 and 6 with Mr Hooper

Wednesdays – Makaton Signing – all year groups – all year groups

Thursdays – Dance – Reception and Years 1 and 2 – Miss McLennon

Thursdays – Choir – Years 3, 4, 5 and 6 with Mrs Bailey

Sports 4 Tots

Tuesday 11th January – Tuesday 15th February
booked direct with Nick Eagles

Karen Thompson – Chartwells



Inset Days:

Friday 8th April 2022
Monday 25th July 2022
Tuesday 26th July 2022

Last Day before half-term
18th February

Half-Term week
21-25th February

Last Day of Spring Term
7th April

Easter Holidays
9th-24th April inclusive

First Day of Summer Term
Monday 25th April

Attendance week ending
28th January 2022

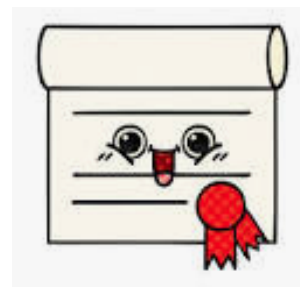
Carn Brea: 99%

Godolphin: 95%

Trencrom: 95%

Tregonning: 95%

Class Teacher Awards



Carn Brea
Max, Ethan, Robyn G

Godolphin
Caja, Emily G, Willow

Trencrom
Maisy, Esmee, Isobel



Tregonning

English: Ellie, Freya D, Issie, Lily

Maths: Gwyddion, Jasper, Bella

Star: Jayden, Elijah

Head Teacher Awards



Reception - Zaci

Y1 - Ben

Y2 - Florence

Y3 - Ia

Y4 - Alfie

Y5 - Brody

Y6 - Jasper

Quote:

Everything you've ever wanted is one step outside your comfort zone.



Poem:

Mr Nobody



I know a funny little man,
As quiet as a mouse,

The Very Hungry Caterpillar

Carn Brea's focus story in literacy has been 'The Very Hungry Caterpillar'. We have spent lots of time creating story maps and re-telling the story. We have linked this to our learning in the afternoons and we have been thinking all about the life cycle of a butterfly. We have danced to a song, learnt a rhyme and created a life cycle display in our classroom to help us to remember each stage! We are looking forward to getting caterpillars in the summer term to watch the life cycle taking place.



Covid Guidance

KS1 and KS2 children need to arrive at **8.45a.m** and go to their classroom door entrance.

Reception children need to arrive at **8.50a.m** and go to their classroom door entrance.

Staff will be at the door ready to welcome them in.

At the end of the day please collect your child from their classroom entrance apart from Y5/6 (Tregonning class) who will be walked around to the front of the school by the bike shed and will be dismissed from there.

Reception and KS1 will finish at **3.15p.m**. KS2 children finish at **3.20p.m**.

Please collect your child promptly.

Due to the increased number of confirmed Covid cases in Cornwall at present, we would politely ask that parents continue to wear masks at drop off and collection when the school will be very busy and if entering the building for an appointment.

If your child develops a new continuous cough and/or high temperature and/or a loss of, or change in, normal sense of taste or smell (anosmia) please do not send them into school and arrange for them to have a PCR test as soon as possible.

There is more information about the return to school from Cornwall Council through the following link.

[Back to school - Cornwall Council](#)

Thank you for your continued support.

Who does the mischief that is done

In everybody's house!

There's no one ever sees his face,

And yet we all agree

That every plate we break was cracked

By Mr. Nobody.

'Tis he who always tears out books,

Who leaves the door ajar,

He pulls the buttons from our shirts,

And scatters pins afar;

That squeaking door will

always squeak,

For please, don't you see,

We leave the oiling to be done

By Mr. Nobody.

He puts damp wood upon the fire,

That kettles cannot boil;

His are the feet that bring in mud,

And all the carpets soil.

The papers always are mislaid,

Who had them last but he?

There's no one tosses them about

But Mr. Nobody.

The finger marks upon the door

By none of us are made;

We never leave the blinds unclosed,

To let the curtains fade.

The ink we never spill; the boots

That lying round you see

Are not our boots, - they all belong

To Mr Nobody.

Public Health Update: Schools and Early Years Settings

The number of COVID-19 infections in Cornwall continues to increase, with more than half of the total number being recorded in Cornish Schools. Because of this, Public Health Cornwall, is asking parents, carers, teachers and school staff to follow some new guidance.

We request:

- You book a PCR test if you are a household or close contact of a confirmed COVID-19 case
- We are asking for household contacts of a case who attend an educational setting to take a daily rapid LFD test for 7 days

This additional testing recommendation applies to children in secondary schools and additionally primary schools if parents/carers feel comfortable in doing so.

The daily testing recommendation for Cornwall is not mandatory but designed to identify children and young people who develop COVID-19 a few days after their sibling or other household member and therefore reduce the risk of COVID-19 spreading in schools.

If they do not have COVID-19 symptoms and are testing negative they can continue to attend their setting. If they test positive on an LFD test or develop new symptoms, they should self-isolate and take a PCR test.

We also request that all parents, carers and older siblings of school aged children test twice weekly, using a lateral flow test, in line with the continued government guidance.

Guidance from the UK Health Security Agency (HAS)

For staff member cases

Where a staff member is identified as having been in close contact with the person who tested positive, they should be advised to take a PCR test. Close contacts may wish to undertake daily LFD testing whilst awaiting their result. They should also be advised to self-isolate unless one of the following applies:

- They are fully vaccinated
- They are below the age of 18 years and 6 months
- They have taken part in or are currently part of an approved COVID-19 vaccine trial
- They can evidence that they are unable to be vaccinated for medical reasons
-

To ensure eligible individuals identified as a close contact can access [Test and Trace Support payments](#) you may consider providing staff details to the NHS Self Isolation Hub when:

- staff member who was in close contact with the person testing positive has indicated they are not exempt from self-isolation, but the person testing positive was unable to provide that person's details to NHS Test and Trace.
- it is particularly difficult for the person testing positive to identify or provide details of some members of staff they were in contact with, for example temporary workers such as supply staff, peripatetic teachers, contractors or ancillary staff.

The self-isolation hub can be contacted by calling 0203 7436715.

Kind regards
Public Health

Posters

- CSIA Super Saturday Workshops for Year 5
- Camborne Town Trail Time Trial
- Early Help Parenting Advice – Penwith district
- Early Help Parenting Advice – Kerrier district
- Early Help Newsletter – Spring 2022 – Support and Guidance for Parents and Carers
- Penponds Church Kids Club



SUPER SATURDAY WORKSHOPS

9.30am-12noon for Year 5 students



**29
January**

English
The Other
Side of the
Canvas



**12
February**

French
A Taste of
France
(Un goût de
la France)



**5
March**

Sport
Camborne
Sporting
Stars



**19
March**

DT Food
Easter
Treats



**2
April**

English
Wonderful
Willy Wonka
Workshop

To sign up to any, or all of the sessions, please visit
www.cambornescience.co.uk/super-saturdays



CSIA, Cranberry Road, Camborne TR14 7PP

@cambornescienceacademy

CAMBORNE TOWN TRAIL TIME TRIAL



1ST JANUARY – 31ST MARCH 2022

Walk, run, jump or roll your way around the 1 mile
Town Heritage Trail in Camborne Town!

- 12 Heritage Locations
- Trophies
- FREE Water Bottles
- Wheelchair Friendly
- Family Friendly
- Certificates
- Buggy Friendly
- FREE Event

Sign up via **www.strava.com** and search 'Camborne Town Trail'. Compete against family and friends - every participant receives a certificate and water bottle.

For more information about this event and Heritage Trail locations please visit **www.cambornetown.com/whatson** and checkout our social media channels on Facebook, Instagram and Twitter - @CamborneTown

Brought to you by BID Camborne with thanks to the Welcome Back Fund



European Union
European Regional
Development Fund



Early Help – Penwith

Parenting Advice

Do you need some support and advice to understand your child's needs and behaviours?

Advice on positive parenting and how to keep your child safe?

To understand the importance of routines for your family?



To get in touch with your questions please send an email to Penwith.FamilyHubs@cornwall.gov.uk or call 01736 759058 and leave a message mentioning Parenting Worker Advice Line with your contact details and the best time for us to contact you. You will receive a reply within two working days.



Early Help – Kerrier

Parenting Advice

Do you need some support and advice to understand your child's needs and behaviours?

Advice on positive parenting and how to keep your child safe?

To understand the importance of routines for your family?



To get in touch with your questions please send an email to Kerrier.FamilyHubs@cornwall.gov.uk or call 01209 310000 and leave a message mentioning Parenting Worker Advice Line with your contact details and the best time for us to contact you. You will receive a reply within two working days.

Early Help Newsletter – Spring 2022

Free information, support and guidance for Parents and Carers

Parenting Support Courses

We are continuing to support parents and carers and offer interactive parenting courses both online and face to face groups to ensure we are offering a full service to parents / carers in the safest way. Service requests will continue to be received through the Early Help Hub.

www.cornwall.gov.uk/earlyhelphub

The courses available will be:

- Being Passionate About Parenting - Early Years 1 - 3 years (3 x 1½ hours)
- Being Passionate About Parenting - 4 - 11 years (3 x 1½ hours)
- Being Passionate About Being Calm - 4 - 11 years (1 x 2 hours)
- Being Passionate About Parenting with basic introduction and an awareness to ADHD- 5 - 11 years (3 x 1½ hours)
- Being Passionate About Parenting with a basic introduction and awareness about the "Spectrum" 5 - 11 years (4 x 1½ hours)
- Being Passionate About Parenting – The Teenage Brain 12 - 17 years (3 x 1½ hours)
- Take 3 – Supporting Teenagers 12 - 17 years (5 x 2 hours)

Future Highlight

- Introduction to Teenagers with ADHD Traits
- Introduction to Teenagers with Autistic Traits
- Introduction to Teenagers with Sensory Challenges

All 2 ½ hour sessions. These are optional add-on sessions following completion of Take 3 (if relevant).

Just for Dads

You can also find information tailored just for you on the Family Information Service –

<https://www.supportincornwall.org.uk/fordads>

Behaviours that Challenge Sessions

If you would like to be able to talk in confidence and meet other parents experiencing similar challenges come along. Your child does not need to have a diagnosis or a statement for you to attend this group.

- January 10th 1-3pm- Guest Speaker- SENDIASS
- February 14th 1-3pm – Being Passionate About Being Calm 5-11 years
- March 14th 1-3pm- Guest Speaker- SENDIASS

To book your place contact:

Julie.Attwell@cornwall.gov.uk

facebook

For further updates and information on what's happening in your area visit us on Facebook:

www.facebook.com/TogetherForFamilies

Need help?

Contact the Early Help Hub on 01872 322277 for support, advice and guidance.

If you have immediate concerns or are worried about a child or young person's safety, please telephone the Multi Agency Referral Unit (MARU) on 0300 123 1116





Parents and carers wellbeing workshops providing support to help you navigate the journey of raising a child in a fast-changing world and to guide you to available services and support and to promote helpful conversation.

For further information please visit:

www.headstartkernow.org.uk

www.facebook.com/TFFCornwall



Parents can struggle at one time or another. You are not alone.

Home-Start's volunteers work alongside families to give compassionate and confidential support. They help people to regain the confidence to be the parents they want to be.

Take a look at the website:

<http://homestartkernow.org.uk>

Useful Links

<https://www.cornwall.gov.uk/health-and-social-care/childrens-services/early-help/useful-websites-for-early-help/>

Provides useful links to other areas of support.

Family Information Services

For useful parenting information, updates on parenting programmes including face to face delivery and **Parenting Podcasts** please access the Family Information Service website –

www.supportincornwall.org.uk

[Solihull Approach | inourplace | Understanding your child](#)

Access to resources about becoming a parent or being a parent from children aged 6 months to 19 years including children with additional needs and children's health and wellbeing.

Free Access Code: TAMAR

www.autism.org.uk

For families and individuals on the autism spectrum. Providing support, guidance and advice, as well as campaigning for improved rights, services and opportunities.

www.adhdfoundation.org.uk

Attention Deficit Hyperactivity Disorder Foundation actively promotes a strength-based approach to living successfully with ADHD and other 'neurodiverse minds', such as, dyslexia, dyspraxia, autism spectrum, dyscalculia and Tourette's syndrome.

www.addiss.co.uk

The National Attention Deficit Disorder Information and Support Service. Providing people-friendly information and resources.

www.pdasociety.org.uk

Pathological Demand Avoidance Society offer Information, support and training for PDA.

[PDA Together | Facebook](#)

For parents and individuals to support and inform each other within the world of PDA.

www.capt.org.uk

The Child Accident Prevention Trust, working to reduce the number of children and young people killed, disabled or seriously injured in accidents.



If you would like this information in another format, please contact:

Cornwall Council, County Hall, Treyew Road, Truro TR1 3AY

Email: equality@cornwall.gov.uk Telephone: **0300 1234 100**

kids club

@Penponds Church (the Secret Church)



£1
per
session

EVERY THURSDAY (term time)

sessions
run
3:30 - 4:45

FOR primary aged children
15 places available

For more information:
becky@cambornecluster.org.uk
07903 496869