



Higher Penponds

Camborne

TR14 0QN

Headteacher: Mr Adam Richards

01209 713929

secretary@penponds.cornwall.sch.uk

 @Penponds\_School

Tuesday 5<sup>th</sup> June 2018

Dear Parent/Carers

**Tregonning class Porthpean Residential trip, Monday 16<sup>th</sup> to Friday 20<sup>th</sup> July.**

I am writing to provide the final arrangements of the year 5/6 residential trip to Porthpean leaving school at **0930 on Monday 16<sup>th</sup> July and returning on Friday 20<sup>nd</sup> July at approximately 1430.**

Please be at school as normal on Monday 16<sup>th</sup> July – bags can be brought straight into the hall. We need to depart by 0930 to arrive at Porthpean before lunch. We should arrive back in school at approximately **1330 on Friday 20<sup>th</sup> July**. When we leave Porthpean I will phone school with an accurate return time.

Please take these items on the coach in a small rucksack:

1. A substantial packed lunch – this must last all day until 5pm. A lunch box will be very handy.
2. A large, full drinks bottle which doesn't leak!
3. Sun cream. No sprays please.
4. Camera – not essential and taken at own risk.
5. Waterproof coat.
6. Sun hat

Please pack these items in a holdall or **medium** suitcase:

1. Pyjamas with suitable evening shoes (crocs or slippers – no flip flops)
2. Towel x2. One for the beach, one for washing.
3. Wash bag with toiletries
4. Suitable spare clothes for the week, including old trainers or wetsuit boots that can be worn for water sport activities. (No Flip Flops, Crocs or Reefs) **A general rule of thumb – plenty of old clothing.**
5. Wellies/old trainers for land based activities.
6. Waterproof trousers
7. Notebook and pencil.
8. Unbreakable mug for bedtime drink
9. Torch with spare batteries
10. Sleeping bag and Pillow
11. Woolly hat
12. 2 black bin bags for dirty and wet clothes – labelled with children's names.
13. Swim wear – children can bring wetsuits if they have them
14. A warm jumper or hoody.




The children are welcome to take MP3 players, ipods, books etc but these items are entirely at their own risk. No mobile phones please. **It will help tremendously if all of these items are labelled with your child's name.**

I have attached the various consent forms for the trip – please complete and return to the office as soon as possible. During the visit I will use the school's Twitter account to keep you all updated whilst we are on camp: @Penponds\_School.

Mrs Lawlor, Mrs Stone and myself will accompany the children. Finally, if you have any questions at all don't hesitate to get in touch.

Thank you for your support

Yours Sincerely



Adam Richards  
Headteacher

Penponds school adventure residential trip to Porthpean  
Monday 16th July to Friday 20<sup>th</sup> July 2018

Monday 16<sup>th</sup> July – Day 1

0900	Load coach.
0915	Leave Penponds school.
1100	Arrive Porthpean OEC.
1100	Sort tents etc/safety briefing.
1200	Lunch.
1330	Cycling/Problem Solving.
1700	Evening meal.
1830	Sports Night.
2130	Bedtime.

Tuesday 17<sup>th</sup> July – Day 2

0730	Breakfast
0900	Climbing and abseiling
1200	Lunch
1330	Archery.
1700	Evening meal
1830	Circus workshop
2130	Bedtime.

### Wednesday 18<sup>th</sup> July - Day 3

0800	Breakfast.
0900	Beach day (kayaking/windsurfing, SUP,sailing ).
1200	Lunch at the beach.
1300	Beach day continued.
1630 approx	Arrive back at camp.
1700	Evening meal
1830	Marks Ark wildlife show
2130	Bedtime

### Thursday 19<sup>th</sup> July - Day 4

0800	Breakfast.
0900	Fowey River day – Canadian Canoe down the river.
1200	Lunch on the river.
1300	River day continued.
1630 approx	Arrive back at camp.
1700	Evening meal
1830	School disco
2130	Bedtime

### Friday 20<sup>th</sup> July - Day 5

0800	Breakfast.
0900	High ropes course.
1200	Lunch at the beach.
1230	Pack up tents
1300	Leave Porthpean
1345 approx	Arrive back school.
1530	End of term

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Please complete this form and return it to the office as soon as possible.  
Year 5/6 Porthpean Adventure Centre residential trip – 16/7/18 to 20/7/18

**CONSENT and MEDICAL FORM**

Name of child \_\_\_\_\_

**I give my consent for my child to attend the Porthpean adventure centre residential trip 16<sup>th</sup> to 20<sup>th</sup> July 2018 .**

Signed \_\_\_\_\_

Parent Name \_\_\_\_\_

Date \_\_\_\_\_

Child's medical condition (Please tick one box)

<input type="checkbox"/>	My child takes no medication
<input type="checkbox"/>	My child takes the following medication: (please indicate what medication your child takes and what time it is administered)

Does your child have any Specific Dietary requirements? YES/NO

If yes, please specify:

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Is your child allergic to anything? YES/NO

If yes, please specify:

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Please state any other information that you might think may be useful (i.e. bedwetting, sleep walking, travel sickness etc)

PTO

I give permission for an adult to administer Calpol if my child requires it without the need for a phonecall. Parents will be informed on returning to school. I understand that it will only be given if the adults feel it is needed.

Signed \_\_\_\_\_

Dated \_\_\_\_\_

**Emergency Phone contacts:**

Please can you list 2 telephone numbers that you can be contacted on:

Name \_\_\_\_\_ Phone Number \_\_\_\_\_

Name \_\_\_\_\_ Phone Number \_\_\_\_\_