

Weekly Newsletter Summer 6 Friday 7th June 2019 www.penponds.cornwall.sch.uk 01209 713929 secretary@penponds.cornwall.sch.uk @Penponds_School



This week's focus: Trencrom Class Camp





On Monday 3rd June most of Trencrom Class, Year 3 and 4 went on school camp at the Eden Project. When we got there we put our bags away and went to a small café in the YHA. At the café the manager who looked after the pods we were staying in, talked to us about safety.

After that, we went to the school area to drop off our lunches so that we didn't have to carry them around everywhere and hold onto them whilst were doing the first workshop which was all to do with fire.

Dates for your diary:

10th-14th June – Y1 phonics screening check 11th June – Vision Screening for Reception children

Tuesday 18th June – Minack Theatre Trip – Carn Brea and Godolphin classes Tuesday 18th June – Surf

Day for Tregonning Class

Friday 28th June – Sports Day – starts at 1.30pm

2nd-4th July – RMAT London Trip – Tregonning Class

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Thursday 11th July Y5 Science Workshop at CSIA – bus at 8.45am Friday 12th July – Penponds Family Festival - starts at 3.30pm

Monday 15th July – KS2 Dress rehearsal for Summer Show 16th and 17th July – KS2 Summer Show 6.30-7.30pm 15th-19th July – Work Experience Students in

school **15th and 16th July** – Transition Days for Year 6 at CSIA **Wednesday 17th July** – Reports to parents We walked up to the first workshop and started by getting into groups of 5 and 6. Once we were in those groups we got balls of clay and what we had to do with the clay was mould into any shape we liked but it had to have a little dent in the clay.



Wednesday 24th July – Leavers' Assembly at 9.15am

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Last day for children

Thursday 25th July – INSET Day/Staff Training No children in school

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First day back for children:

Thursday 5th September 2019

INSET DAYS 2019/2010

Wed 4th September 2019 Mon 6th January 2020 Fri 12th June 2020 Mon 15th June 2020 Thu 23rd July 2020

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After that we peeled some bulrushes and stuck them in half way into the dip of the clay. Then we dripped in some cooking oil and used a match to light it.







After that we made the most amazing bread and to finish the

activity we had a little play time. Then we took the land train back to the pods. Once we were all comfy we all had some cake and then went to bed. On Tuesday we completed three challenges all over the Eden Project! After our evening meal we went back into the tropical biome and learnt all about the rain forest and how all the different plants and animals work with each other in the habitat. We were very lucky to see the Corpse Flower, the Titan Arum, had just flowered after 10 years of waiting. We all managed to have a good look at the huge flower as it only lasts 2 days. It really stank of rotting meat and sometimes you got a big whiff of it!

That evening we all went straight to bed as we were tired out but managed to have a ride back up to the YHA in the land train.

Attendance and Awards for this week:

Attendance:

Carn Brea: 93.57% Godolphin: Y1 – 98.04% Y2 – 97.53% Trencrom – 98.73% Tregonning - 90.17%

Attendance Trophy Trencrom Class

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Celebration Assembly Awards:

Lunchtime Award: Emily C, Ava, Harrison, Trystan

Carn Brea: Zara, Annabella, Orla

Godolphin: **Y1** Joshua, Kaira, William **Y2** Laurie, Erin, Leon

Trencrom Daniel, Tristan, Emily

Tregonning Ben, Alfie, Jayden

Maths Alfie K, Alex C, Brindley, Elijah J-D, Elffin

Headteacher Griffin, Zabe, Jessica, Ben H, Gwyddion, Vincent, Austin

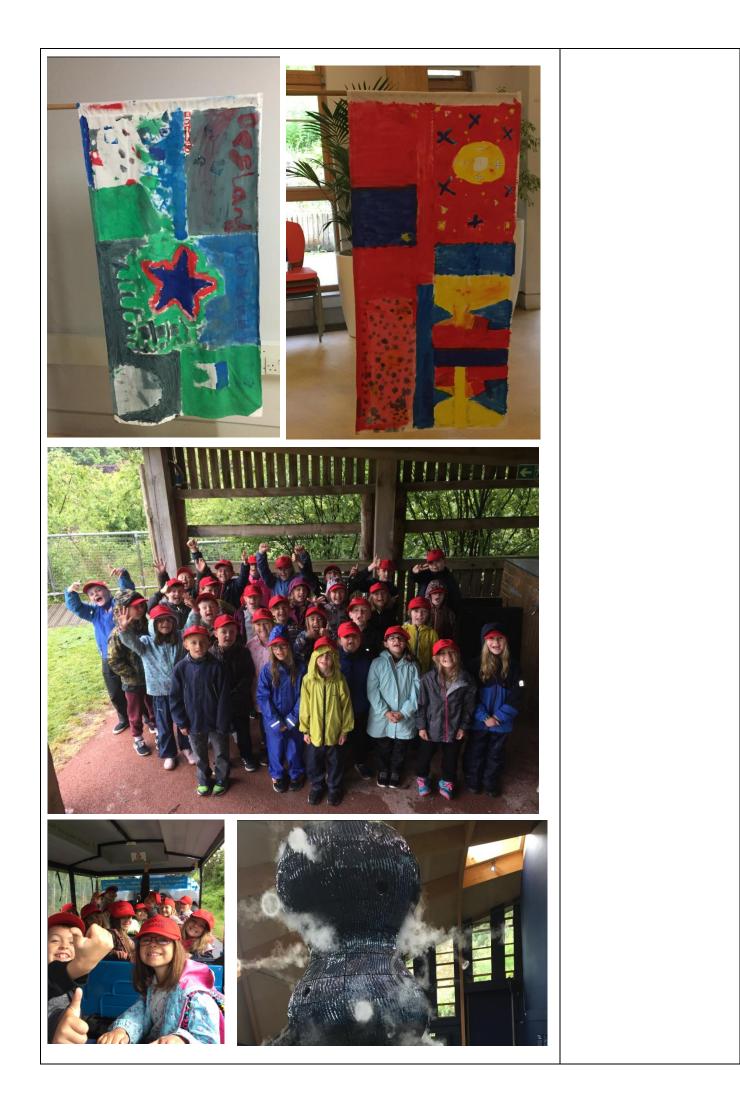


The next day we explored the science part of the Eden project and got some time in the shop after breakfast. Thank you to Mrs Treen, Mrs Dunstan, Mrs Pascoe and Mr Richards for helping us have a great time on camp.



Quote of the week:

Go out, go out I beg of you and taste the beauty of the wild. Behold the miracle of the earth with all the wonder of a child. **By Edna Jacques**

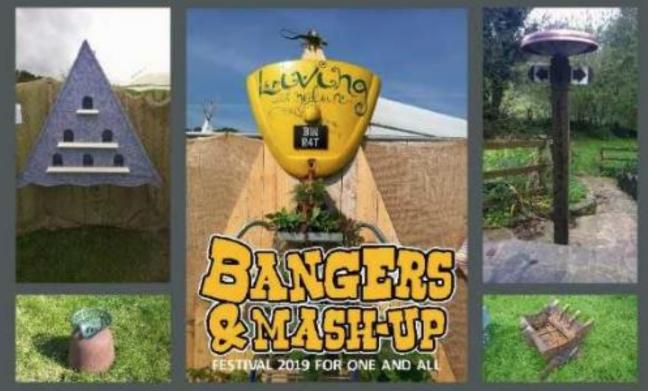


Surf Club On Thursday 6th June children from Years 3, 4, 5 and 6 went surfing at Gwithian beach. The waves were really good and it was quite warm. The surf club had bought us all new surf boards so we could have a better surf. Once were down at the beach and made a circle we did a warm up. Once we did that we went in the water and some children decided to go out back and catch some great waves. In the end we all had lots of fun. By Jake





DO YOU MAKE THINGS OUT OF WOOD WELD THINGS DRAWING PAINT PICTURES MAKE STUFF SCULPTURE



We want people to display their stuff at our exhibition and festival. We want to show the great things you have made. Whether you just welded something up, reused something or turned it into something else. We want to see it and show it before and during the festival.

200 will get a FREE TICKET to the festival. FREE ART EXHIBITION - JULY 17th & 18th FESTIVAL - JULY 19th to 21st

This festival will be at United Downs Raceway FOR MORE INFORMATION VISIT: www.bangersandmashup.org



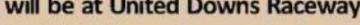
EVER THOUGHT OF YOURSELF AS AN ARTIST WANTED AN EXHIB CALLING CORNISH ARTI SHOW OFF WHAT YOU WE ARE LOOKING FOR MOSTLY OUTDOOR AND INDOOR ART FOR A MAROUEE

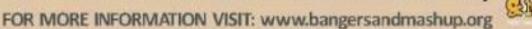
We want people to display their stuff at our exhibition and festival. We want to show the great things you have made. Whether you just welded something up, reused something or turned it into something else. We want to see it and show it before and during the festival.

Limited 200 FREE FESTIVAL TICKETS available for contributing artists

FREE ART EXHIBITION - JULY 17th & 18th FESTIVAL - JULY 19th to 21st

This festival will be at United Downs Raceway





15 Mile



The Wahine Project UK is a sister project to the Wahine Project California for ALL GIRLS of all abilities aged 8-16!

Register now for your opportunity to get to know the ocean, learn to surf and improve your surfing, become more proficient in ocean activities, get healthy inside and out, do your part to protect the ocean, make new friends and have fun at the beach!

Hosted at Sunset Surf, Gwithian

Join us qualified ISA surf instructors, RNLI lifeguards, guest artists, marine scientists, environmentalists, yoga/pilates instructors

THE WAHINE PURPOSE

Project uk

- Allow diversity of girls access to ocean sports who would otherwise not have the opportunity.
- Focus on ocean safety and ocean recreation.
- Provide education on how to maintain a healthy lifestyle through exercise and good nutrition.
- Promote positive self-esteem through participation of sports
- Develop seese of social responsibility and environmental stewardship.

www.thewahineproject.org

Starting every Saturday from 4th May until September 2019.

10am-1pm Under 12's + 1.30pm- 4.30pm Over 12's

All equipment provided. Suggested donation of £15

To register or for more information contact Anne-Marie on 07462 697701

Follow us on facebook.com/thewahineprojectuk

THANKSTO ...

GIRL



Sun 23 Jun 11am – 3pm Rosewarne, Camborne, TR14 0AB

Dog Show Woodwork Demos Craft & Food Stalls Animal Handling Area Digger Challenge Workshop Tours Children's Crafts Plant Sale Tractor Rides Pond Dipping Face Painting Hog Roast Mini Traction Engine Rides Beekeeping Tours



At National Online Safety we believe in empowering parents, carers and trusted adults with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one topic of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

SOCIAL MEDIA & :255

What trusted adults need to know

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Social Media is often scrutinised as having a negative impact on children's mental health. Whilst currently there is not enough evidence or research to say whether this is true or not, there are certain 'modern pressures' connected with social media which trusted adults need to be aware of. Children and young people are constantly connected and whilst this comes with some herefits it is do correct with a feeling that you are some benefits, it also comes with a feeling that you are constantly visible. This guide is designed to encourage truated adults to think about their children's mental health and their social media activities, providing them with some useful tips on improving and supporting mental health among young people.

Five potential signs & symptoms of mental health difficulties

- Have you noticed a change in your child's personality? They may not be acting or feeling like themselves. 1.
- Any recent uncharacteristic anxiety, anger, or moodiness? 2.
- ls your child experiencing social withdrawal and isolation? 3.
- is there a sudden lack of self-care or risky behaviours? 4.
- Does your child have a sense of hopelessness or feel overwhelmed? 5.

National NOS Online Safetv #WakeUpWednesday

Meet our expert

I This guide has been written by Anna Bateman. Anna is passionate about placing prevention at the heart of every school, integrating mental wellbeing within the curriculum, school culture and systems. She is also a member of the advisory group for the Department of Education, advising them on their mental health green paper.

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1. EDUCATE YOURSELF

Educate yourself about social media sites your child is using so you can really understand what they are experiencing and how this may be making them feel.

2. DISCUSS REAL-LIFE CONNECTIONS

Talk about the importance of face-to-face time with friends and family, and what enjoyment this can bring. Encourage your child to focus on their relationships with people who make them feel good about themselves.

3. SUGGEST REGULAR BREAKS FROM SOCIAL MEDIA

Encourage your child to take regular breaks from checking their social media platforms. You could suggest that they turn off their app notifications during certain times of the day so they can focus on other things.

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4. ENCOURAGE OTHER HOBBIES OR INTERESTS

Spending time away from their phone and devices will offer them an opportunity to discover other interests and activities they may enjoy. This could be sports, playing a musical instrument or creative interests such as arts and crafts.

5. OFFER YOUR SUPPORT

Inappropriate and harmful content can be accessed on the internet which may impact your child's mental health. Explain to your child that not everything online is real and ensure they know that you are there to support and advise them about any worries or anxieties they may have

HELPFUL APPS:

 Hub of Hope
 Mindshift Smiling Mind

OTHER SERVICES:

- Childline (0800 1111)
 Bullying UK (0808 8002222)
 Young Minds (0808 802 5544)

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www.nationalonlinesafety.com Twitter - @natonlinesafety Users of this puide do so at their own discretion. No liability is entered into. Current as of the date of release: 15.05.2019

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Facebook - /NationalOnlineSafety

Stretch and Relax New Yoga Class

At: <u>Trevenson</u> Church Hall, Pool On: Tuesdays 4.30-5.30pm

A class for all abilities. Join and unwind! Fully qualified, experienced, friendly teacher



Contact: Tel: 0788 4025925 Email: <u>innersunrelaxation@gmail.com</u> f: Inner Sun Yoga and Relaxation Cornwall